



# Manurewa High School

*Piki atu ki te rangi*

August 2016

## Teena koutou katoa!

Te Marama o Te Reo Maaori; Maaori Language month concludes this week. This annual event promotes and raises awareness of the language and encourages the use of it. Students and staff have completed activities over the month to learn and practise their Maaori language skills whilst gaining whanau points and wait in anticipation for the results for the overall whanau group winner.

The highlight of this month was our Senior Maaori Achievement Dinner with special guests Ryan Monga and ex-students Brooke and Stacia O'Neill. See full article overleaf.

During Matariki celebrations in July, a group of our students were invited to perform at Vodafone Head office in the city. A further invitation saw the students perform at a powhiri for new staff induction with the company. I was fortunate to take this group in and watch their performance. They represented the school well displaying our school values at all times. This on-going relationship began through connections with past students.

The school is fortunate to have commissioned master carver and Kaumatua Ted Ngataki and his nephew Uenuku Hawira to craft the carvings for the new whareniui.



Uenuku explained that the first carving is a Tekoteko piece; a carved head to be attached to the gable of the whareniui. This piece has been adapted from the Tainui legend of Tawhaki; an ancestor who acquired kete (baskets) of knowledge and brought them from the heavens for all people. Tawhaki was said to ascend to the heavens up an *aka matua*, or parent vine, depicted in the carving as two plaits that derive from the head and tie into the rest of the carvings throughout the whareniui. Totara wood has been sourced for all of the carvings. Having the project on-site is generating learning opportunity for students and staff as they visit while carving is occurring, gaining knowledge of the process and tradition from the carver, Uenuku. I will keep the community updated on the progress of the pieces as they emerge over the anticipated 4-5 months of the project.

The annual open evening took place on 9 August. Along with invited families of Year 8 students and those new to our school next year, all current students and whanau were encouraged to attend. This evening was a chance to show off our amazing school and how through our innovative and engaging curriculum we prepare students for the future. The 2020 Workplace Skills video was shared at this evening as a guide to what future employers are seeking in an employee. <https://t.co/bfAZVDX8hG>

Term 3 is a very important term for the future of so many students. Upcoming assessments and senior examination week (1–8 September) require organisation, full attendance and good study skills – go to [www.studyit.org.nz](http://www.studyit.org.nz) for help and support. Make sure you log on to the ARA programme to view our 2017 course options. Students will finalise their option choices at the Student Achievement Conferences on Wednesday 21 September (see details overleaf). Please support and encourage your child to make positive option choices which link to their future pathway. In the meantime if you need any further advice please contact our Careers Advisors, Sue Leslie [ls@manurewa.school.nz](mailto:ls@manurewa.school.nz) or Neil Craik [cra@manurewa.school.nz](mailto:cra@manurewa.school.nz)

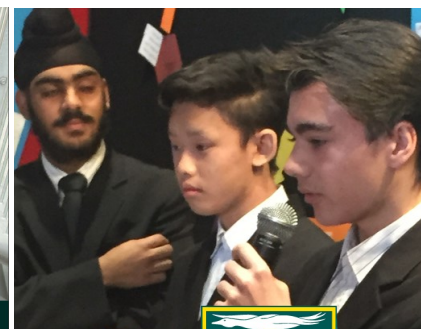
Recent media reporting has seen some of our students profiled in positive stories of achievement.

PJ Tele'a and Finau Fulivai featured in a story that aired on TV3 Story recently as finalist in the Smokefree Rockquest and Smokefree Pacific Beats competitions. View the story here <http://www.newshub.co.nz/tvshows/story/south-auckland-students-prepares-to-defend-music-title-2016080819#axzz4GhwjabTF>

Another student gracing the airwaves is Iavana Seuala. Iavana delivered a powerful speech with a great message when recently invited to speak at the Manukau TEDTalks. I highly recommend you watch the video – very inspirational! <http://youtu.be/90fJ7yLovi4>

There are many more stories of success overleaf, I hope you enjoy reading these.

**Peter Jones**  
Principal



**Respect | Excellence | Whanaungatanga | Akoranga**

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## Student Absentees

Parents/Caregivers should call **0800 102 132** as soon as possible on the day of absence .

They should leave student id number, students name , parent/caregivers name and contact number and the reason for absence.

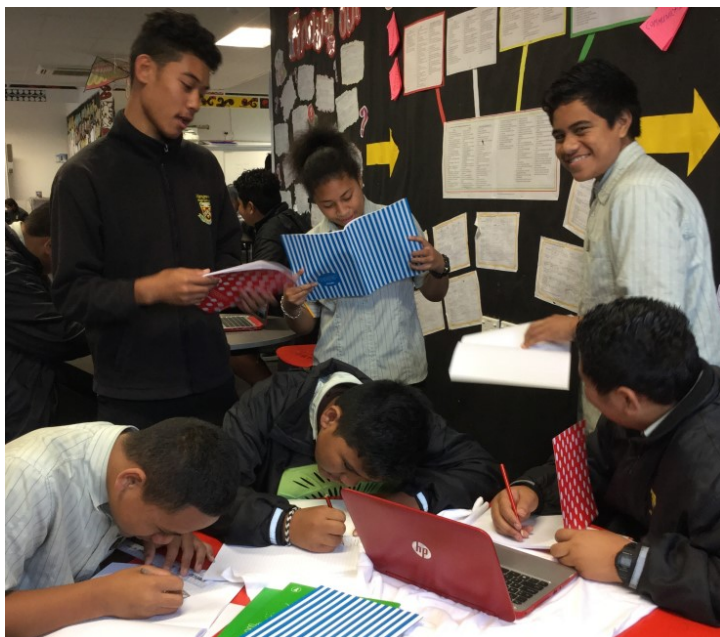
### Epic Day by Francis Peterson



On Friday 5 August, a few students including myself went to AUT South Campus for the 'EPIC Day' which was very exciting. There were several other high schools on the campus, with all of them being in year 10 classes. We had people come in and talk to us about "primary industries" and how New Zealand is one of the top exporters of dairy, wool and timber products. We also had a number of people come in and tell us about their jobs relating to these large industries, such as Food Scientists, Fishery, Police Officers, Managers and many others. We, as students got the opportunity to interact with a variety of different people with different backgrounds and occupations, giving us a brief insight of marketing, managing and food productivity. I think this programme has given the students involved a deeper insight into the export and import of New Zealand's products that we as a country have to offer.

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Thanks to **Frank Stationery** for its very popular donation of 4000 exercise books. The company, which creates beautiful journals and exercise books, supports communities by donating notebooks to children in need in schools. For every book it sells, it gives a school book to a child in need in New Zealand.



### Museum Trip 2016



Year 10 Kotuku students recently had the privilege to attend an inquiry trip to the Auckland War Memorial Museum to find out and understand the concepts of cultural diversity. The experience was a helping hand towards our questions, concerns and issues about cultural diversity. This trip has taught the importance of the Maori culture as well as the other countries that are spread within the Pacific Ocean. The highlight of the trip mentioned by most students was the Maori cultural performance—it was a very fun performance. It has also taught us about the history behind the indigenous Maori culture and its people from the songs (waiata) to the haka (a Maori war dance) and the conch shell that was used for a calling. Overall the trip was a great experience to discover more about cultural diversity and we all enjoyed it very much.



A **free** dental service is available at school for students up until they turn 18.

This fantastic service is provided by Raukura Hauora O Tainui, which sets up its mobile clinic at school every year for the whole of Term 3. The service is also very convenient being based on site, so students don't have to lose any school time.

If students would like to make an appointment, they can visit the mobile clinic which is located by the Technology Block. Please note that this does not interfere with any other dental services a student may already access.

## Student Achievements

**The Music Learning Area** have been enjoying a string of success at competition level lately.

We congratulate the following students on their achievements:

- Placing in the top 3 nationally in the solo / duo section, Sonatane Kaufusi has won a place in the national finals! Sonatane's winning playlist <https://www.youtube.com/watch?v=p6a0s5F9G60>
- Eliza Avauli, Makayla Eli, Uluaialofa Lualua of the band Niutrio are nominated for the Smoke Free Rock Quest People's choice award. Text niutrio to 8466 — closes 2pm Monday 22 August 2016.
- Christmas Ale, Christina Lilomaiava, Wyona Murray, Joseph Oti-George, Moses Taala and Phillip Tele'a of band Nesian Vibes have won a place in the finals of the Smokefree Pacifica Beats bands category <https://www.youtube.com/watch?v=n26yywzt1wg&feature=youtu.be>
- Henry Ape and Nicola Nimo have won a place in the Smokefree Pacifica Beats solo/duo category.
- Finau Fulivai has won a place in the finals of Stand Up Stand Out Solo Instrumental heats on Friday 26 August at the Vodafone Events Centre, and will defend the title he won in 2015 <https://www.youtube.com/watch?v=gjTHZ3L333c>
- Sipaia Fuli in Year 12 won the solo/duo section of the Matariki Rhythms national final, earning her a recording of her single at Roundhead Studios.
- Trinity Makutu and Kravitz Te Wake took out second place of the solo/duo event at the Matariki Rhythms national final.
- Deez Coconutz, made up of Year 10's Finau Fulivai, Robert Sua, Timothy Toafia and Terrell Kiro earned the MAINZ best musician scholarship at the Matariki Rhythms national final which will put them through some MAINZ holiday programs.
- Melodies, made up of brothers Jeffery and Jessie Siliva and their cousin Jayden Harper Devoe took out the best lyric award at the Matariki Rhythms national final.

### Sink or Swim successes by teacher i/c Nicole Stevens

The 'Sink or Swim Experiment' was a pilot activity put on by Manukau Beautification Trust which developed collaboration between a secondary school and a local company. Our partner was Aeroqual. The experiment began with a planning day. Students then worked on their projects and presented their work at an expo at Vodafone Events Centre in August. Both our groups won the top awards and afterwards got to enjoy a rafting experience at Wero.

*Pictured: past student Daniel Burgess works with the Sink or Swim group — Tanveer Singh, Nevyn Burns, Nathan Lay and Benjamin Tse.*



This team entered the extractor fan experiment where we were answering an experimental problem based on our mould study from 2015. The group used a Design Thinking process to come up with a solution to wet bathrooms, where excess moisture leads to mould formation. Their concept was an extractor fan with humidity sensors and timers which could allow fans to run and turn off when no longer needed. The boys built the casing and designed the fan blades and frame for 3D printing. Past student Dan Burgess, who is a Product Development Engineer at Methven, spent a morning with the students helping them to perfect the design. The next step is to enter the prototype into the Transpower Awards.

*Pictured: Year 10 AOL inquiry class - students Ashleen Naidu, Wachiraya Pradab, Latoya Malaga and Queencyl Rabang*



Our partner school, Rongomai Primary STEM class, wanted to compete against us in a befuddled experiment in which we measured the carbon dioxide in a room and used various methods to decrease the levels. The solutions tests were: *A living wall*—this was the least effective, but a bonus was the positive effect on mood; *Algae scrubbers*; *Soda lime scrubbers*—this was the most effective though it was also the most expensive. The Year 10 team won this competition, with the highest levels of carbon dioxide reduction.

<http://i.stuff.co.nz/manawatu-standard/business/82830554/Young-Manurewa-High-School-scientists-solution-to-cold-damp>

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### NZQA fees must be paid before 1 September 2016

Students must pay their fees to have the results recorded on their Record of Achievement and to receive certificates.

Financial assistance is available for domestic students to help with the payment of fees.

**Basic Fees for 2016 (incl GST)** Domestic student entry for all NCEA subjects—\$76.70.

The school has no control over fees, we only collect them for NZQA. If you miss this date you will have to pay a late fee of \$50 on top of the standard fee—please do not delay.

If you have a Community Services Card or think that you may be eligible for a discounted fee, bring card or evidence of your salary when making the payment to the school Business Centre—this qualifies for a discounted rate.

For information about NZQA fees see [www.nzqa.govt.nz/about-us/our-role/legislation/fees/nzqa-fees](http://www.nzqa.govt.nz/about-us/our-role/legislation/fees/nzqa-fees) or contact Mrs Andrea Bossenger at Manurewa High School on 2690690.

## Student Achievements

### ROCKERZ – also a Celebration of Multiculturalism

During the last week of Term 1 every year, we collectively celebrate our school's multiculturalism. There are whanau cultural assemblies, besides the sharing of international food, dances, songs and costumes. The enjoyable occasion also gathers enough money for contribution to charities supported by the school.

Similarly, at the beginning of the second term each year, our school is ably represented in the secondary schools' Rockerz dance competition that vigorously promotes celebration of Auckland's impressive multi-culturalism. I had the honour of being invited to speak at this year's celebration in Greenlane, amidst enthusiastic applause from the capacity audience in the vast Logan Campbell Theatre.

I then joined colleagues Jodi Hollings and Swati Patel to watch our school's multi-ethnic group robustly strut their stuff on stage. They were fantastic; their performance was superb and they did us proud. Our many current and past students present in the audience were overjoyed. It was no mean feat coming 3rd out of 16 very competitive schools. One of our boys also won the laudable best dancer award.

Congratulations to Jyoti Naidu for her exemplary dance tutoring. Much appreciation to Gurpreet Kaur for her admirable organising.

Mr Raghunath Singh

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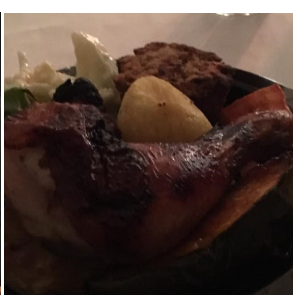
### HE PŪ WHAKANUI I NGĀA AAKONGA MĀAORI - TUAĀKANA : Senior Maori Achievement Dinner

On Wednesday 10 August our annual Senior Māori Achievement Dinner was held in our school hall. The purpose of this celebration is to acknowledge the accomplishments of our senior Māori students so far this year. The evening is open to all senior Māori students and their Whānau and includes a meal prepared by our Hospitality and Catering students, awards ceremony for each senior year level, student acts and special guests. As well as the students themselves in attendance, there were many Whānau members, several teachers, members of our Senior Leadership Team, Mr Jones—Principal, Steve Smith—chairperson of the Board of Trustees and Matua Chris Wiremu - Mau Raakau tutor here at Manurewa High School.

This year we were lucky enough to have MHS alumni Brooke and Stacia O'Neill, world-renowned dancers and current recording artists, and Ryan Monga, founder, composer and bassist of beloved Kiwi band Ardijah attend and give their valuable advice to our aakonga. The 'twins' participated in a very informative and inspiring question and answer session, where they emphasised the importance of a good work ethic and belief in self when striving for your goals. They also presented our Year 12 students with their certificates. Matua Ryan Monga then delivered a speech which talked about his experiences as a Rarotongan/Tahitian boy growing up and living in the poorer areas of Taamaki-makaurau. He also talked about the need to set goals and not letting others distract you from bringing your dreams to fruition.

During the night, the crowd was entertained by several talented students including Adonis Snow-Pere, Lyric Hemara, Wairahi Thomson, Tiana Bishop and Erita Thomson. There were also two highly enjoyable performances by students from our Dance Department. This included a Tititorea performance by Level 3 students, and a 'Boy E' performance from Level 1 students.

Overall the event was very successful, with attendees expressing their enjoyment of the food, the entertainment and the atmosphere of the evening. This success was partly due to the smooth running of festivities by Year 12 aakonga MCs Trinity Makutu and Caleb Foster. There were many other teachers and support staff who contributed to the success of the evening, but requiring a special mention are Daisy Chandra, Sara Blackburn and students for the wonderful kai, our special guests for taking the time out of their busy schedules to attend, and finally the organisation and commitment of Miss Nichola McCall who is the driving force behind this kaupapa. According to the proverb, 'Ehara taku toa i te toa takitahi, he toa takitini' - your success is not mine alone, but that of many.



### Whāia te iti Kahurangi Scholarship

Congratulations to Grace Gago on being awarded the annual Whāia te iti Kahurangi Scholarship.



Grace is the recipient of the cost of study over a four year period along with mentoring during that time.

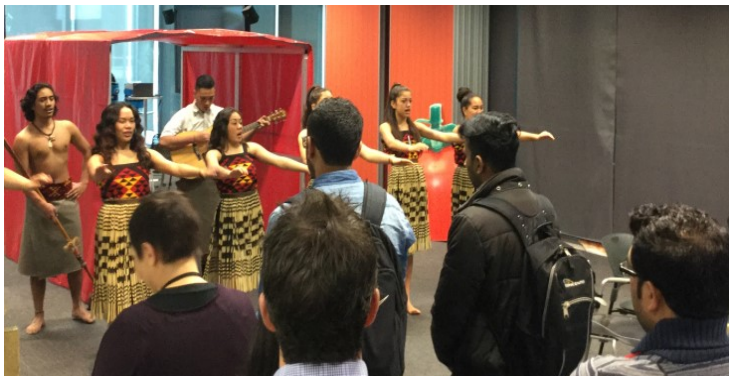
Grace was one of three nominated candidates to interview with the scholarship donors last week. All candidates presented extremely well prompting positive feedback from the donors to the Principal: "Thank you for your time

today and presenting us with three incredibly worthy candidates. They are a credit to you and all of your teaching staff. We were left with a very difficult decision!

### National Culinary Regional Competition results

Manurewa High School won New Zealand Secondary Schools Excellence Award, 6 Gold, 6 Silver, 6 Bronze and three students achieved highest marks in their category: Emmanuel Tekori—Table Setting, Moana Rama-Manga—Soup and Cody Waka—Omelette.

## Vodafone and MHS



Since performing at Vodafone for its Matariki celebrations, our Kapa Haka group (*pictured above*) has been invited to be the go-to provider of the regular whakatau for new staff. Recently they had their first performance at Vodafone's head office in the city.



Vodafone's manager of learning and development, Hayden Simson (*pictured above left*) is a past student of our school. He and another of our alumni who works for Vodafone, Ryan King (*pictured above right*), have championed a connection with our school, particularly with our Māori students. This will see the students perform the whakatau for new staff on a fortnightly basis and include a shared training session afterwards.

They learnt from Vodafone's manager of diversity and inclusion, Kirstin Te Wao, about the purpose of her role – "that whenever you are in a room, you are completely comfortable with who you are". In sharing stories about their pathways, they were also encouraged to aim high and work hard to achieve their dreams for themselves, their whaanau and their community.

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### Promoting the study of law

Past student Anne Todd, a senior associate at Inder Lynch Lawyers, came back to school recently to talk with a group of students who are interested in studying law at university.

This followed on from a law lecture by Gordon Stewart, who is Head of School of Law at Victoria University, and also a past student of Manurewa High School.



Anne explained all of the different careers that a law degree is useful for, including:

- Foreign Affairs and Trade
- Advocacy, such as working in the unions
- Becoming an academic
- Writing legislation
- In-house counsel in a company of local government
- Working in politics and public policy

There were also many options to choose from working as a lawyer, including family, criminal, commercial, and environmental. Anne has specialised in family law. Her career has taken her to the United Nations, where she spoke to a committee about New Zealand's de facto property legislation.


As a next step, Anne has offered to help the students connect with lawyers working in different types of practices.



We are very proud of our alumni Olympians **Huriana Manuel** (*pictured below left*) who won a silver medal in the Sevens, and **Kelsey Bevan** (*pictured below right*), rowing in the Eights crew which came fourth. It's also been

cool to hear all of the media mentions that teacher Charles Haggie has had as a rowing coach with early connections to gold medallist Eric Murray.





## MANUREWA HEALTH EXPO 2k16

Come along and join Manurewa High School for their annual health expo between 10.15am–5pm  
Wednesday 24 August and 10.15am–2.15pm  
Thursday 25 August. Meet local exhibitors offering health and well-being advice and take part in the many physical activities on offer.

In association with the Health Science Academy, Diabetes NZ Auckland Branch will be onsite with their diabetes van offering free diabetes checks.

## Careers

### Tertiary Applications and Scholarship Funding

Students have been advised to apply for tertiary courses as soon as possible if they intend to apply for scholarship funding for 2017. To help with applications students have received instruction from representatives from Otago, AUT, Auckland, MIT and Unitec. Please read the university scholarship due dates as no late applications will be considered— AUT (1 September 2016); University of Auckland (23 August 2016); Otago (15 August 2016); Waikato (31 August 2016); Victoria University (15 September 2016); Massey University (August/September 2016—Various); Canterbury University 15 August/October—Various); Lincoln University (31 August 2016). Other tertiary providers' scholarship information is available online or from the Careers department.

### TTCF Scholarship

Manurewa High School is making an application to The Trusts Community foundation for the following Scholarships. Interested students need to apply through the Careers Department.



- 2 x Academic Scholarships valued at \$6000 each towards course fees, textbooks and stationery for the first year at university.
- 1 x Non-Degree Scholarship valued at \$5000 towards course fees, textbooks and stationery for the first year of a diploma or registered technical institute course.
- 2 x Youth Development Scholarships for places on the spirit of Adventure for year 12 students.

### Open Days

- AUT Saturday 27 August 9—5pm register online [www.aut.ac.nz/live](http://www.aut.ac.nz/live)
- University of Auckland Saturday 9—9.30am Register online [www.coursesandcareersday.ac.nz](http://www.coursesandcareersday.ac.nz)

### Careers Trips

- PILOT Y12 16 June for our prospective Pacific Island leaders of the future.
- KATTI Y12 23 June for our prospective Maori leaders of the future.
- STEAM 28 June for Y13 Maori and Pasifika students looking at studying at Auckland University in Science, Technology, Architecture and Medical and Health Sciences.
- Auckland University DREAM Camp for 3 days over the Term 2 holidays for Y12 Pasifika students to equip them with tools to prepare for Y13.
- Experience Day for senior students interested in Social Work and Sport, Health and Physical Education. Run by Auckland University at their Epsom Campus on 3 August.
- Experience Day for senior students interested in Primary Teaching, run by Auckland University at their MIT branch at Otara.
- KATTI Y11 9 August for our prospective Pacific Island leaders of the future.
- PILOT Y11 18 August for our prospective Maori leaders of the future.

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### Where are they now?

Gateway and STAR programmes helped these ex-students from Manurewa High School find a successful Career in the Travel and Tourism Industry.



Pictured: Leleiga Taefu and Halapou Halafo'ou

Frances Hana Tiatia	Disney Internship 2016
Halapou Halafo'ou	Disney World
Amy Griffiths	Disney Internship 2016
Kaushik Kumar	Go Rentals
Shane Singh	Aero Care Auckland
Kalani Seumanu	Disney World
Riapeti Pou	Disney World—Florida
Simon Turangatau	Adina Apartment Hotel
Ida Stowers	Disney World
Samson Tamanika	LS Retail Travel
Ashley Tipene	Qantas
Marissa Hirst	Disney Internship 2016
Leleiga Taefu	Disney World
Xavierra Maoate	NZ School of Tourism
Miracle Tuitupou	Mt Cook Airlines

### Manurewa High School—Board of Trustees



**Standing left to right:** Julie Lockie (Secretary), Richard Thornton, Bruno Watkins (Staff Rep), Mitlesh Prasad, Fale Lesa, Pete Jones (Principal), John Chen (Student Rep)

**Seated left to right:** Stuart King, Joanna Long, Steve Smith (Chairperson), Lexy Derby-Ngawaka, John Hynds

The Manurewa High School Board of Trustees has co-opted a couple of new board members—we welcome two of our parents, Lexy Derby-Ngawaka and Joanna Long.

## Basketball

Open Boys Basketball team won Counties Manukau Open Boys Championship beating St Kents 54—50. The team is currently competing at the Greater Auckland Championships where they have progressed to the semi finals.

**The team:** Sidrick Salting, Folomalo Toelupe, Cameron Schiplock, Alan Alani-Taiao, Siaoisi Siafa, Sakiasi Tavita, Pafe Momoisea, Andrew Peni Lilo, Dom George Wallace, JV Buenaventura, Sonatane Kaufusi and Tyler Oversluizen. **Coach—Leslie Neal and Manager—Mr Viliamu.**

U17 Boys Basketball team were runners-up to Tangaroa College in Counties Manukau U17 Boys B grade championship, after being unbeaten all season .

**The team:** Izaiah Aretere, Owen Field, Wayne Guttenbeil, Eucharist Ieremia, Sonatane Kaufusi, Timote Manumua, Santos Newton Raj, Seewahly Prom, Sebastian Sekene, Iavana Seuala and Christina Tuhega. **Coach—Joseph Kumar and Manager—Mr Kemp.**

## Rugby League

Rugby League 1<sup>st</sup> XIII won the CRL Pennant Cup defeating Southern Cross Campus 10—8. The team is now in preparation for the New Zealand Secondary Schools Nationals 29 August to 2 September at Bruce Pulman Park.

**The team:** Anthony Diaz, Ualesi Fuilala, Kiani Marshall, Muti Matalave, Niko Moala, Narcir Mughal, Sam Ngata, Ioane Nooroa, Josiah Ru, Samuel Schwalger, Amalani Selu, Korinito Seuala, Tyrone Siua, Viliami Siua, Andrew Taumateine, Poasa Tavita Anae, Jonty Timoti and Josephert Tolofua. **Coach—Mr Oliveti and Manager—Mrs Sime.**

## Netball

Premier Netball won Counties Manukau Premier Competition for the first time in over 8 years! A huge achievement from a young team. They now prepare for the Upper North Islands Tournament 29 August—2 September at Bruce Pulman Park.

**The team:** Miriama Aunei, Caci Chong Nee, Carnation Fahamokioa, Hevan Leigh George Wallace, Jessie Kaifoto, Maria Loloa, Paris Low, Paris Tana Tepania, Shania Milner and Allannah Tutakitoo. **Coach—Tanya Low.**

## Rugby Union

Rugby 1st XV boys were runners up in the Rainbows End Championship vs St Johns Hamilton, final score 22—5. The boys now move into co ed top 4 play-offs vs Bay of Plenty qualifier.

**The team:** Cameron Alanotama, Lui Asafa, Uati Aso, Tuli Fakatulolo, Peni Finau, Peter Godinet, RJ Ioane, Tevita Kofeloa, AJ Lagalga Slade, Taufa Latu, Jermaine Malaga, Pele Motuga, Tala Potifara, Maila Pulotu, Shaq Ruri, David and Tua'a Slade, Hateni and Malakai Tohi, Fatai Tuitavuki, Tupou Tupou Uhi, Mavae Tupou, Amerika Uili and Junior Utumapu. **Coaches—Mr Sialeipata and Mr Wagner and Managers—Mrs Morgan and Ms Blackburn.**

## Student Achievement Conferences

Manurewa High School are holding our Student Achievement Conferences for Term 3 on **Wednesday 21 September.**

The primary purpose of these conferences is to confirm courses/ pathways for 2017 and to set goals around completion of assessments and exams as we count down to an important part of the school year.

You will be able to view and book your appointment time via the ARA system. Please follow the link to: <https://manurewa.schoolpoint.co.nz/> and log on for further instructions.

Parents / caregivers who don't have email / internet access will receive an allocated appointment time via a letter mailed to their address.

Any questions / issues please contact Ms M Laulu, Deputy Principal [lu@manurewa.school.nz](mailto:lu@manurewa.school.nz) or 092690690 extn 298.

## Term 2 Reports

Term 2 reports were emailed on **Saturday 6 August** to all parents/ caregivers who have valid email addresses. Parents/caregivers who don't have an email address should have received a copy of Term 2 report in the mail sent by **Wednesday 10 August.**

Please discuss the report with your child in preparation for the Term 3 Student Achievement Conference being held on Wednesday 21 September.

If you have not received a copy of your child's Term 2 report by either email or in the mail, please contact Ms M Laulu, Deputy Principal [lu@manurewa.school.nz](mailto:lu@manurewa.school.nz) or 092690690 extn 298.

## eManurewa

Welcome parents to the regular series of information bites around eLearning. Manurewa High School is redefining how we as a school are communicating with you the parents about the achievement and progress of your students. Recently the school report was sent out to over 1200 email addresses, as our school progresses then more information will be sent electronically.

Here at Manurewa High School we recommend using [www.live.com](http://www.live.com), this is developed and run by Microsoft. This aligns with the use of Microsoft at school and it offers all the tools available to your child. Once you have set this up, please send an email to [mhs@manurewa.school.nz](mailto:mhs@manurewa.school.nz) for this to be added to your details in our student database.

Also, there is 'Parent Portal' available which can be accessed by the school website [www.manurewa.school.nz](http://www.manurewa.school.nz) and using your child's ID as the log in and your unique password given out during Student Achievement Conferences. 'Parent Portal' provides information about attendance, academic achievement, daily notices and possible career opportunities. If you have forgotten your password or would like further information on 'Parent Portal' then please email [mhs@manurewa.school.nz](mailto:mhs@manurewa.school.nz).

If you have any questions, please do not hesitate to contact me.

**Craig Render**

eLearning Co-ordinator : [rd@manurewa.school.nz](mailto:rd@manurewa.school.nz) : 09 269 0690 ext 242

## We Need Your Support

<b>R</b>	<b>RESPECT</b>	Students should be well presented and wear the correct uniform with pride. If you struggle to purchase warmer uniform items required during these cooler months, the school and/or other services may be able to assist. Please contact your Whanau Leader or Student Support Services.
<b>E</b>	<b>EXCELLENCE</b>	Regular attendance at school is a key factor supporting student achievement. Please assist us to ensure, whenever possible, your children attend school every day.
<b>W</b>	<b>WHANAUNGATANGA</b>	Spectator/Side Line Behaviour—Please support all our teams, individuals, opponents, referees and officials in a positive manner. Abuse and negative connotations will not be tolerated. Demonstrate your support in the true spirit of sport and competition whilst upholding our School values.
<b>A</b>	<b>AKORANGA</b>	Encourage and support your child to study/research during the term break. The two weeks presents an ideal opportunity to catch up on uncompleted work and prepare for next term.

# UPCOMING EVENTS

## August

22 August	<b>Board of Trustees Meeting</b>
22—26 August	Health & Wellbeing Week
24—25 August	Health Expo
28—31 August	Winter Tournament Week
29—31 August	Disruption Free Zone

## September

1—3 September	Winter Tournament Week
7 September	2017 Out of Zone Enrolment closes 4pm
1—8 September	Examinations & Assessment Week (Disruption Free Zone)
9 September	<b>TEACHER ONLY DAY</b>
12—16 September	Clean Up Week
13 September	Kids Can Mufti Day
14 September	Out of Zone Enrolment Ballot
19 September	Year 10 Trade Fair, Hall BYOD Parents Evening <b>Board of Trustees Meeting</b>
21 September	<b>Student Achievement Conferences— 2017 Option selection</b>
23 September	END OF TERM 3

## October

10 October	TERM 4 BEGINS
13 October	Health Sciences Academy Prizegiving
14 October	Student Leadership Hui 4
18 October	Sports Prizegiving, 6pm
20 October	Arts Prizegiving, 6pm
10—31 October	Disruption Free Zone

## November

1—3 November	Disruption Free Zone
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# Guidance—Student Services

## School Health Centre

The Health Centre is staffed by three full time registered nurses—Tracey, Leanne and Paula. Open 8.30am—3.30pm Monday—Friday. The nurses are an integral part of the Student Support Services and provide a confidential and culturally safe service to all students.

## Fight Rheumatic Fever

*Kia ora, Talofa lava, Kia orana, Malo e lelei, Fakaalofa lahi atu, Bula vinaka, Namaste, Malo ni, Fakatalofa atu*  
Manurewa High School Health Centre runs a *free* sore throat Clinic. If a student has a sore throat, they are advised to come and be checked for ‘strep throat’, which untreated can lead to rheumatic fever and rheumatic heart disease. If your Tamariki have a sore throat, encourage them to see the School Nurse for a throat swab—all swabs and medication are *free*. Medication will only be given to your child if you have agreed to it. The nurse will also tell your Doctor if your child is given antibiotics to take. If you DO NOT want your Tamariki to have a throat swab taken at school, please phone the School Nurse on 269 0690 Ext 205.

## Manurewa High School Guidance

Being a teenager can be pretty tough. Being a parent to one can also be difficult. We are here to support students and their families when the going gets tough. If you are concerned about your young person or they show a sudden change in mood, eating or sleeping, please give call on 09 2690690 extension 295 and speak with Hiltrud Egle.

### For help in a crisis:

In an emergency, call 111

- Contact a doctor or your local District Health Board Mental Health Crisis Team, Whirinaki 09 265 4000
- Call Lifeline, 0800 543 354
- Call Youthline, 0800 376 633
- Call Depression Helpline, 0800 111 757
- Call Tautoko, 0508 828 865
- Call Netsafe (text/cyber bullying), 0508 638 723
- [www.thelowdown.co.nz](http://www.thelowdown.co.nz) or via text 5626

# Manurewa High School Values



## Respect

Be proud of who you are and our school  
Be responsible for your own behaviour  
Be sure to look after each other/ourselves/our environment



## Excellence

Be the best you can be  
Be aware of what you can be  
Be proactive and ask for help



## Whanaungatanga

Be proud of your whakapapa and share with others  
Be willing to get to know and celebrate others  
Be willing to work with others



## Akoranga

Be positive when learning  
Be adventurous and take risks in your learning  
Be sure to work at school and at home

# Wear our Uniform with Pride

The official supplier of the regulation school uniform is

## NZ Uniforms

**28E Lambie Drive Manukau 2104**

09 950 6747 or 0800 698 643

[manukau@nzuniforms.com](mailto:manukau@nzuniforms.com)

[www.nzuniforms.com](http://www.nzuniforms.com)

Open : weekdays 9am—5pm : Saturday 9am—1pm

