Kia ora parents and caregivers

As ever, Term 1 at Manurewa High School has been extremely busy with many highlights and some real challenges. Despite all the rain it has been great to finish on a high with International Week, celebrating the many different cultures and nationalities which make up our amazing school.

Some of the standouts over the term have been;
- The dedication of our staff to support our students in and out of the classroom to Piki atu ki te rangi and be successful in their learning and live our values
- Maker Markets held at the start of the year and Friday 7 April, along with the Ignition competition launch. Thank you to everyone in the community who supported these events
- Polyfest (we had almost 400 students, 9 different cultural groups; Cook Island, Filipino, Indian, Kapa Haka, Korean, Middle Eastern, Niuean, Samoan and Tongan who practised on average for over 100 hours). See Polyfest results overleaf
- Through our Construction, Engineering and Hospitably Trades Academies we have over 50 students on work experience every week gaining valuable experience towards their future pathways
- Six ex Manurewa High School students who are currently enrolled at AUT were involved in the opening ceremony of the MH building at AUT Manukau. They sang in the AUT choir and it was special catching up with them at the end of the event
- The Boys Volleyball beating Orewa College in the final to become National Champions 2017!
- John Chen awarded New Zealand Youth Award. See story overleaf

If there is a key message I would like all students and whanau to reflect on over the term break it would be to live our values of respect, excellence, whanaungatanga and akoranga, out in the community as well as in school. My challenge would be to always seek positive ways to resolve situations and support our school systems designed to help students build and restore positive relationships. With our community reinforcing all of the above and working with us this will enable all our focus, expertise and positive energy to be directed towards student learning and achievement.

As we remember Anzac Day during the term break I want to leave you with two powerful quotes we have used in our International Week assemblies; “Our prime purpose in this life is to help others. And if you can’t help them, at least don’t hurt them” Dalai Lama

“Empathy is about standing in someone else’s shoes, feeling with his or her heart, seeing with his or her eyes. Not only is empathy hard to outsource and automate, but it makes the world a better place” Anon

I hope you all had an enjoyable Easter with whanau.

Peter Jones
PRINCIPAL

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### Value Characteristics

<table>
<thead>
<tr>
<th>Value</th>
<th>Characteristics</th>
</tr>
</thead>
<tbody>
<tr>
<td>RESPECT</td>
<td>• Yourself&lt;br&gt;• Others&lt;br&gt;• Environment</td>
</tr>
<tr>
<td>EXCELLENCE</td>
<td>• Be the best you can be (aim high)&lt;br&gt;• Be a positive leader&lt;br&gt;• Set yourself SMART goals</td>
</tr>
<tr>
<td>WHANAUNGAUTANGA</td>
<td>• Be proud of your culture&lt;br&gt;• Work with each other&lt;br&gt;• Look after each other</td>
</tr>
<tr>
<td>AKORANGA</td>
<td>• Manage my own learning&lt;br&gt;• Manage my own behaviour&lt;br&gt;• Learn to be independent</td>
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Student Achievement Conferences

We look forward to seeing you for your appointment on Thursday 11 May or Friday 12 May 2017 for the purpose of sharing progress and planning ahead.

Our school Café will be open during the conferences.
The golden rule of social media – protect your identity

Advise your child or children to avoid using their real name as their username in social media, at least until they’re old enough to manage their own identity safely.

Make sure you and they both know not to share locations when sharing pictures. Many smartphone Apps will try to do this automatically.

Teach them not to accept followers they don’t know. Social networking (for younger children, especially) should be about connecting with friends – not amassing followers.

Check and re-check that everyone knows how to find and use the privacy controls provided with each site or App.

3 great guidelines for enjoying Social Media:

- Kindness: Teach kids to be kind online. Remind them to think about how the other person might feel.
- Sharing: Kids should also be aware that photos they send of themselves can be forwarded and saved.
- Content: For kids who are media savvy and have their own blog or even YouTube channel, remember that online seldom means private.

Check out this great video: [https://www.youtube.com/watch?v=wHEJdtSkXcg](https://www.youtube.com/watch?v=wHEJdtSkXcg)

Craig Render: eLearning Co-ordinator: Manurewa High School: @craigrenderPE: 0223505545

Ko o o ringa ki te raakau a te Paakehāa
02GEO 2K17 - Fieldtrip to Tongariro National Park.

On Tuesday the 21st of March, two of our Yr 12 Geography classes went to Tongariro National Park fieldtrip for four days, to carry out our research assessment. We got the privilege to experience the 19.4km walk called the Tongariro Crossing. Although we did not accomplish the full extent of the walk due to poor weather, we did about six hours walk of a distance covering over 12km, where we captured the beautiful landscape of the area. We also got to learn so much on our journey exploring and comparing the differences in east and west side of the Volcanic environment. We thoroughly enjoyed our trip and we will always have the memories that we shared together.

By Quest Teiho 12KND

New Zealand Youth Award

Congratulations to John Chen who was awarded a New Zealand Youth Award on Tuesday 11 April at the 2017 awards ceremony held at Parliament. The Bio in the awards programme reads;

John Chen (15)

John is a high-achieving Year 11 student at Manurewa High School, and has a long list of contributions to his community. He was the student representative of the Board of Trustees in 2016, and outside of school, has served on the Manurewa Youth Council (MYC) since 2016. While on MYC, he has initiated a community project to brainstorm issues facing youth and possible solutions. This year, John has also helped to organise a Young Leaders breakfast, and has been part of projects like mural painting at the Manurewa Marae and building shelters for the homeless.

John was the third youngest recipient of an award this year.

Well done John, we are proud of your achievement!

Special Event - Inspirational Director Tusi Tamasese

An opportunity that could not be missed saw 11 of our students travel to the Mangere Arts Centre on the 24th March for an inspirational event with Tusi Tamasese, director of The Orator and his new film, One Thousand Ropes on. We were one of three secondary schools in attendance. The session started with the introduction of Tusi Tamasese welcoming our students. Shortly after, the audience was treated to a screening of the film The Orator followed by an intimate question and answer session. Students asked questions to which Tusi Tamasese answered by inspiring our students to ‘tell your story’ through writing.

‘You have to do your 10,000 words’ referring to writing until you master your craft of writing.

There will be another event later on in the year, which we are all looking forward to.

Student Achievement Conferences

It is compulsory for students to attend school on Thursday 11 May & Friday 12 May 2017 for their allocated interview time. Attendance will be recorded and full school uniform must be worn. Our school Café will be open during the conferences.

Student Absentees

Parents/Caregivers should call 0800 102 132 as soon as possible on the day of absence. They should leave student id number, students name, parent/caregivers name and contact number and the reason for absence.
Student Achievements & Activities

Everyday Heroes

Our Samoan Polyfest group were invited to perform at the Counties Manukau Police event, Everyday Heroes, held on Saturday the 1st of April at Botany Town Centre.

Organiser Sergeant Neil Tapley provided the following feedback...

"I just wanted to thank you, Manurewa High and the group for coming to our Everyday Heroes event on Saturday. The group was amazing and having the school perform made the event so much better. Despite all the distractions, they pulled a large crowd and I thought they were amazing. I hope they had some fun interacting with the officers and other attractions at the event, it was great seeing them looking around."

YEAR 10 INQUIRY

As part of the Year 10 Inquiry Future Focus Topic in term 1, some of the classes got involved with the Southern Initiative and entered a competition to design a logo for UpSouth. UpSouth is a platform where youth can become involved in tackling local issues and earn some regular money for their input.

J’mé-Li Tuhega in 10PPZ won $500 from the Southern Initiative call up competition on UpSouth website.

This is the logo that J’mé-Li designed.

Thank you to Ayla Hoeta for coming to help promote this activity in our Year 10 Inquiry classes and presenting J’mé-Li with her prize.

National Secondary Volleyball Champs

The 49th National Secondary Volleyball Champs were held recently in Palmerston North. Congratulations to Manurewa High School boys for winning the National Senior Boys title for the first time ever! After losing in the final last year to Westlake Boys, they redeemed themselves this year! They beat Tauranga Boys in the quarters Takapuna in the semi’s and then beat Orewa college 3 sets to nil in the final. Outstanding achievement!


Utsunomiya Junior High School Visit

Last term, we were once again hosts to students from Utsunomiya in Japan. They were here for a very short visit in March but managed to experience a wide variety of activities within the school and in our wider community. During the weekend, they had a tour of Auckland City attractions including the War Memorial Museum, Bastion Point and the Sky Tower. The most popular activity was lunch at Fortuna! Homestay families also did an amazing job of showing their visitors around our local area, taking the students to the Botanic Gardens and even an afternoon session at Jump Trampoline Park. Shopping for souvenirs was also enjoyed, with the favourite items being honey and chocolate. After an amazing powhiri at school, Utsunomiya students were buddied up with students from Japanese classes and they experienced a day in the life of a Manurewa High School student. Specialist classes in English Language Learning and Food Technology (baking Anzac cookies) were also enjoyed. As Utsunomiya is a sister city to Auckland, a courtesy visit to the Auckland Council in the Town Hall rounded of the trip. We are looking forward to two more short tours from Utsunomiya in July and August this year. If any student would like to be a homestay host for the visits please contact Mrs Lyn Mulcahy, Director of International Students, at mh@manurewa.school.nz.

Student Absentees

Parents/Caregivers should call 0800 102 132 as soon as possible on the day of absence.

They should leave student id number, students name, parent/caregivers name and contact number and the reason for absence.
Sports Results

Waka Ama Nationals

What a huge event this year with 109 Schools and 1850 paddlers all fighting it out for top honours, although the weather was abysmal the racing was top quality and exactly what you would expect from a National Tournament laden with World Champs and Club Champs. It was hard to take your eye off any race. We had 6 crews racing in 3 different disciplines, 37 students in total ranging from year 9 to year 13.

Our teams experienced every emotion that sport can dish out. We came away with a silver medal in the W12 U19 mixed Champ Final but we weren't able to add to Champ medals throughout the week, even though our top teams all progressed to the finals and often there was only a second separation, such is life in sport and full credit to the teams, they were humble in victory and gracious in defeat.

What's exciting is that our U19 development teams were mainly made up of year 9s and year 10s – let's see what they can achieve throughout 2017 and the years to come.

Full results:
U19 Premier Mixed Champ Final 250m Silver
U16 Premier Girls Champ Final 250m 7th
U19 Premier Boys Champ Final 250m 6th
U19 Premier Girls Champ Final 500m 5th
U19 Development Girls Plate Final 500m 6th, 250m 8th
U19 Development Boys 1 Plate Final 500m 7th
U19 Development Boys 2 Bowl Final 250m Gold
U19 Development Mixed Plate Final 250m Bronze.

Champ Silver Medal Team was:
Sean Maireroa, Pafe Momoisea, TJ Talalelei, Paschal Koteka, Timothy Dreadon, Osai Langi, Reneeah Ngawaka, Jonelle Gray,

Athletics Auckland Champs

24 students participated in the Athletics Auckland Champs in March, some making the finals—results are below:

Intermediate Boys 100m Kemara Kemara - 3rd
Intermediate Boys 200m Kemara Kemara - 4th
Intermediate Boys Relay - 6th Peter Uelese, Kaya Rata, Emanuel Paupau & Kemara Kemara
Junior Girls Javelin Faapupula Tolovae Peivi - 1st
Junior Boys Javelin Justin Malaga - 4th
Intermediate Boys Javelin Jessie Siliva - 1st Satuuu Titie - 4th Jeffery Siliva - 6th
Senior Boys Javelin Jermaine Malaga - 2nd
Junior Boys Discus Lacyian Leaso - 3rd
Junior Boys Shot Put Lacyian Leaso - 1st
Junior Boys Long Jump Regan Atamu - 7th
Intermediate Boys Long Jump Emanuel Paupau - 3rd
Intermediate Boys Triple Jump Satuuu Titie - 6th
Intermediate Boys High Jump Nun Sok - 6th
Open Girls Hammer (all age groups throw together) Salevalasi Vatau - 2nd Maria Naime - 5th Matalena Talatofi - 8th
Open Boys Hammer (all age groups throw together) Sonatane Kaufusi - 4th William Lafaele Savali - 6th

NISS Athletics

Following the Auckland champs a team of 10 students from Manurewa High School were selected to represent Counties Manukau and compete in the North Island Secondary School Athletics Competition in Ingelwood, Taranaki from 7th – 10th April. The weather was outstanding and our students represented themselves and Manurewa High School very well showing our values throughout the weekend. Top 8 results from the weekend are below:

Intermediate Boys Hammer William Lafaele Savali - 1st
Senior Girls Hammer Salevalasi Vatau - 2nd
Intermediate Girls Hammer Maria Naime - 3rd
Junior Girls Hammer Faapupula Tolovae Peivi - 2nd and Junior Girls Javelin 3rd
Senior Boys Javelin Jermaine Malaga - 3rd
Junior Boys Discus Lacyian Leaso - 4th and Junior Boys Hammer 6th
Intermediate Boys Javelin Jessie Siliva - 7th
Intermediate Boys 100m Kemara Kemara - 3rd
Junior Boys 4 x 100m Relay Regan Atamu - 3rd
Intermediate Boys 4 x 100m Relay Kemara Kemara & Nun Sok - 4th
Junior Boys Hammer Faapupul Tolovae Peivi - 2nd and Junior Girls Javelin 3rd
Senior Boys Javelin Jermaine Malaga - 3rd
Junior Boys Discus Lacyian Leaso - 4th and Junior Boys Hammer 6th
Intermediate Boys Javelin Jessie Siliva - 7th
Intermediate Boys 100m Kemara Kemara - 3rd
Junior Boys 4 x 100m Relay Regan Atamu - 3rd
Intermediate Boys 4 x 100m Relay Kemara Kemara & Nun Sok - 4th

A big thank you to Deon Wagner, Sara Blackburn and Katie Spraggon for accompanying the team.
**Hiranga ki te tonga - Special Olympics Athletics at Massey Park, Papakura**

On Tuesday, 28 March, 16 students and 3 staff headed to Massey Park in Papakura to participate in the annual Special Olympics Athletics event. The weather cooperated throughout the day. Students participated in different categories based on their ability level. There were a variety of events the students could participate in; running – 50 to 800m distances, walking, mini javelin, softball throw, shot put, long jump and standing long jump.

Our athletes did very well gaining the following places in the track events;

- 100m run – 3 x 1st place finishers, 3 x 2nd place finishers, 1 x 3rd place finisher
- 200m run – 2 x 4th place finishers
- 400m run – 1 x 2nd place finisher
- 50m Walk – 1 x 1st place finisher, 1 x 4th place finisher

We have not received the results from the field events but hope these will arrive soon. The students had a great day and were very tired on the bus ride back home.

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**Homai Head Girl/ Head Boy**

On Thursday 9th of March our Head Girl Sau Fatuleai and Deputy Head Girl Katie Lowry attend an assembly at Homai School. The purpose of the assembly was to announce the Head Boy and Girl of Homai School for 2017 and for our students to present the honour. Sau and Katie also took the opportunity to convey what their role entails as leaders at Manurewa High School and to share what leadership means to them. It was a great way to strengthen the bond between both schools. Interesting fact: Sau was a past pupil of Homai School of which she was also the Head Girl.

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**International Week**

The annual International Week ran over the last week of Term 1 with activities such as assemblies including an ANZAC message, International sports, costume day, food day and musical extravaganza. Special thanks to Mr Raghunath Singh for organising the programme. Staff and students always appreciate this week in celebration of the many cultures at Manurewa High School and a special way to finish the term.
Careers News

On 4 April seven of our Year 12 students attended Get Ahead – an experience day highlighting careers in the Primary Sector linked to Science, Technology, Practical Farming, Innovation and Engineering. Representatives from each sector provided 9 practical rotations covering everything from rural banking, crop production, biosecurity, farm management and farm mechanisms to marketing and NZ agriculture and horticulture exports. Students learnt about the diversity of the agriculture industry and enjoyed the competitive group activities and the opportunity to mix with students from other secondary schools in East and South Auckland.

Pictured are: Irae Aki, Me Tina Tipelu, Adele Magele, Marcus Tuigamala, and Amelia Pasikala, Chris Seve and Chris Alaimalo.

Year 13 KATTTI Programme 30th March

The Kei a Tatou te Ihi (KATTI) Kōmiti have been running student development programmes for Māori secondary school students for over 15 years. Your child/rangatahi has been selected by their school to participate in the Year 13 programme, which will run for one day (during school hours). The Year 13 programme concentrates on Māori secondary school students making the transition into further education and seeking opportunities within a culturally inclusive environment. Workshops include: information on tertiary study; selecting accommodation; accessing support services & gaining financial support. We celebrate Māori students success and serve hangi as a feast of recognition. Two students went to Te Wananga o Aotearoa, Mangere Campus. The day was a great success and students were really pleased with the day.

Year 13 PILOT 5th April

The programme is made up of one full day for the students (9.00am – 2.30pm) followed by an information evening for both students and family members (6.15pm – 8.30pm). Students are required to attend and participate fully in both the day and evening sessions. The purpose of the PILOT programme, is to inspire, engage and develop Pacific leaders and help them to make informed decisions about their education and career. Took 9 students to AUT South Campus. Students really hyped up afterwards and thoroughly enjoyed it.

GATEWAY

Many Manurewa High School students have been out on Gateway placements in Term1 at the following companies: Safeworks Scaffolding, Upright Access, ANZ Bank Manurewa, Bracu Restaurant, Melba Café, Downer, Number One Shoes, Kreem Café, Manurewa Cosmopolitan Club, Coffee Club Supa Centre, Happy Days Family restaurant and The Warehouse. Stella Spadotto-Kapua, Shyah Tautahi Bishop, Lagi Taufagi, Camella Son, and Lucy Seve have completed The Red Shirts in Schools Programme at The Warehouse in Manukau.

Aaron Bradley

Carmel Nickel, Ann-Taulilo Motuga, Sau Fatuleai, Lauryn Siua, Henry Ape, Jermaine Malaga, Torina Samuelu, Talalelei Talalelei and Eucharist Ieremia
Scaffolders help our students on to career ladder

Housing New Zealand subcontractor SW Scaffolding is helping four Manurewa High School students take their first step on the career ladder.

The Wiri-based firm, which provides scaffolding for Housing New Zealand via Edwards & Hardy and Spencer Henshaw Ltd, has started a work placement pilot for the students who are all in their final year of school. Peletina Motuga, Josepbert (JT) Tolofua, Sean Maireroa, Te Hiiringa (Te) Mareikura-Tane and Tua’a Slade have been involved in the initiative; two of the five school days each week the boys go to work with the company for the duration of the school year, the remainder of their week is at school to continue their studies.

The first four weeks of their placements are spent in the yard where their progress is monitored before they join one of the crews. Once they’re familiar with the pace of work and what’s required, they work with a training provider to help them gain unit standards and skill them up for the industry.

The arrangement arose after the school’s Workplace Learning Co-ordinator, Neil Lawton, approached the company. Neil says the initiative offers the boys a great opportunity.

“These guys will probably go straight from school into full time employment. How good is that? The employers have been really positive and I work with a great bunch of kids. It’s great seeing them getting on.”

ON THE JOB: (L-R) Peletina Motuga, Josepbert (JT) Tolofua, Sean Maireroa and Te Hiiringa (Te) Mareikura-Tane. Absent – Tua’a Slade
## School Health Centre

The Health Centre is staffed by three full time registered nurses—Tracey, Leanne and Paula. Open 8.30am—3.30pm Monday—Friday. The nurses are an integral part of the Student Support Services and provide a confidential and culturally safe service to all students.

### Manurewa High School Guidance

Being a teenager can be pretty tough. Being a parent to one can also be difficult. We are here to support students and their families when the going gets tough. If you are concerned about your young person or they show a sudden change in mood, eating or sleeping, please give call on 09 2690690 extension 295 and speak with Hiltrud Egle.

#### For help in a crisis:

- Contact a doctor or your local District Health Board Mental Health Crisis Team, Whirinaki 09 265 4000
- Call Lifeline, 0800 543 354
- Call Youthline, 0800 376 633
- Call Depression Helpline, 0800 111 757
- Call Tautoko, 0508 828 865
- Call Netsafe (text/cyber bullying), 0508 638 723
- www.thelowdown.co.nz or via text 5626

### Students should be well presented and wear the correct uniform with pride. If you struggle to purchase warmer uniform items required during these cooler months, the school and/or other services may be able to assist. Please contact your Whanau Leader or Student Support Services.

### Regular attendance at school is a key factor supporting student achievement. Please assist us to ensure, whenever possible, your children attend school every day.

### Spectator/Side Line Behaviour—Please support all our teams, individuals, opponents, referees and officials in a positive manner. Abuse and negative connotations will not be tolerated. Demonstrate your support in the true spirit of sport and competition whilst upholding our School Values.

### Encourage and support your child to study/research during the term break. The two weeks presents an ideal opportunity to catch up on uncompleted work and prepare for next term.

## Manurewa High School Values

### Respect

- Be proud of who you are and our school
- Be responsible for your own behaviour
- Be sure to look after each other/ourselves/our environment

### Excellence

- Be the best you can be
- Be aware of what you can be
- Be proactive and ask for help

### Whanaungatanga

- Be proud of your whakapapa and share with others
- Be willing to get to know and celebrate others
- Be willing to work with others

### Akoranga

- Be positive when learning
- Be adventurous and take risks in your learning
- Be sure to work at school and at home

## TERM DATES

### Term 1

- Wednesday 25 January—Thursday 13 April

### Term 2

- Monday 1 May—Friday 7 July

### Term 3

- Monday 24 July—Friday 29 September

### Term 4

- Monday 16 October—Friday 8 December