Teenaa koutou katoa

As the 2017 school year draws to a close I reflect on the sign at the front gate 'Together we Achieve' which represents our school value, WHANAUNGATANGA. I want to take this opportunity to thank all our whaanau who support us; mums, dads, caregivers, grandparents, partners, sons, daughters, brothers, sisters, aunts, uncles, friends – never underestimate the value of your aroha and support. I would also like to acknowledge and thank our Board of Trustees for their governance and guidance, especially Steve Smith our Chairperson and Stuart King who will be stepping down this year after eleven years exceptional service to our school. Thank you to our business community and alumni who regularly come in to help us, our teachers, support staff and Senior Leadership Team who all work so hard. We are very fortunate to have so many dedicated and passionate people who spend so much time helping our rangatira to REWAlise their passions and achieve their potential.

Some of my particular highlights have been;

- Namisha Chand being selected to represent New Zealand at the London Youth International Science Forum
- Our Future Problem Solvers; John Chen, Okesene Fatu, Aimee Lew and Aaron Lew placing 4th in the world finals middle division in America and qualifying to go back next year and represent New Zealand in the senior division
- John Chen recipient of a NZ Youth Award
- Secondary Schools Excellence Award at the National Culinary Competition plus 2 scholarships for Mary Vakai and Lydia Tekori
- Our Creative Design Future Animators exhibition at the Nathan Homestead
- Our Premier Volleyball Team who became 2017 New Zealand Secondary Schools National Champions
- Sonatane Kaufusi national winner of the Rockquest Solo/Duo category
- 1st place at Stand Up Stand Out for Band, Blessed and Dance crew, The Remake.
- Mrs Nicole Stevens who leads our Health Science Academy being awarded the prestigious 2018 Wolf Fisher Scholarship
- Ms Emma O'Riordan our Business Academy Director of Teaching and Learning recently being selected for the New Zealand Young Enterprise Inspirational Teacher Award.
- John and Leonie Hynds induction into the New Zealand Business Hall of Fame
- End of Year Prizegivings; student achievement, whanau support, students living our school values.

Please take note of the start of year programme 2018 as in the table next page.

Value	Characteristics	
RESPECT	<ul><li>Yourself</li><li>Others</li><li>Environment</li></ul>	
EXCELLENCE	<ul> <li>Be the best you can be (aim high)</li> <li>Be a positive leader</li> <li>Set yourself SMART goals</li> </ul>	
WHANAUNGATANGA	<ul> <li>Be proud of your culture</li> <li>Work with each other</li> <li>Look after each other</li> </ul>	
AKORANGA	<ul> <li>Manage my own learning</li> <li>Manage my own behaviour</li> <li>Learn to be independent</li> </ul>	
Respect   Excellence   Whanaungatanga   Akoranga		

Start of Year Programme 2018		
Tuesday 30 January		Year 12 and Year 13 Course Confirmation
		For targeted students who will be contacted Thursday 25
Wednesday 31 January		Year 12 and Year 13 Course Confirmation
		For targeted students who will be contacted Thursday 25
		January 2018
Thursday 1 February	9:30am	Year 10 and Year 13 commence
	11:00am	Year 11 and Year 12 commence
		Year 10, 11, 12 and 13 preparation for Year 9 Powhiri
Friday 2 February	9:00am	Year 9 commence
		Whanau Day
		Year 9 Powhiri rotation – all four whanau
Monday 5 February		TEACHER ONLY DAY – no school for students
Tuesday 6 February		WAITANGI DAY HOLIDAY – no school for students
Wednesday 7 February		On timetable

Many of you will be returning students and I look forward to welcoming you back ready for the challenge that 2018 will bring. For those graduating this year, go well and make the most of the skills and qualifications you have gained while at Manurewa High School to be the best that you can be. I encourage you to keep in touch with the school in the future, we would love to follow your journey.

Wishing you all a meri kirihimete and a happy new year. **Peter Jones** 

Principal

## **Student Achievements & Activities**

#### Showdown

Bring it On – The Musical was nominated for 4 awards at the annual Auckland Secondary School Production competition, Showdown. The awards night was held at Skycity Theatre on Thursday 26<sup>th</sup> October. Line Ula, who played the role of Bridget, was nominated for Best Female in a Supporting Role. The Bring it On cast was nominated for Best Performed Choreography and Best Performance by a Chorus. Our wonderful choreographers Miss Mele Ta'e'iloa and Mrs Ailini Alatini were nominated in the Best Choreographer category. Although we did not come away with any awards, it was an honour to be able to celebrate the amazing Performing Arts achievements happening in Auckland schools.



### Inspiring passion - the REWAlise way

Our annual REWAlise your PASSION programme ran from 30 November to 1 December 2017. Event co-ordinator Craig Render provides some background on the project, which is huge in both its organisation and the inspirational outcomes. Why do we do it?

REWAlise your PASSION provides alternative learning experiences for our students. It helps to build behaviours that support our school values of Respect, Excellence, Whanaungatanga and Akoranga. It also gives the teachers the chance to share their passions with the students.

#### Who decides on the learning experiences?

Teachers choose activities that help them to share their passions in life, and students choose to participate in those that appeal. The range of activities is only limited by the teachers' imagination.

# This is now in its second year. What sort of feedback do you get?

There is a great vibe around the school - a hum of activity and engagement and fun. The feedback from the staff and students is great.

## Follow us on facebook Manurewa High School

### **REWAlise Special Effects**

Students had the opportunity to learn and experience different forms of special effects and artistry during rewalise. They worked with face-paint, special effects wounds and trauma, as well as makeup. There was a lot of learning as well as fun had by all. Thanks to Yolanda from BodyFX as well as Melissa Taumoelau and her team from Cut Above.



### **REWAlise - Urban Farming**

Mr Pilling (Farmer D) has a passion for people growing their own



food naturally. He shared it with a group of 14 or so students over 3 days next to and in the REWA Garden. He also

<u>Monday</u> was an introduction to all of the concepts of Organic, natural veggie growing in an Urban environ-

ment. We're teaching this as a new subject here at MHS this year called Modern Horticulture. This was the perfect introduction for these students and they all seemed to thoroughly enjoy the experience, the learning, and rolling their sleeves up to earn themselves a crust – literally. Most had never in their 14 years of life even heard of the word "Horticulture".

Modern meaning the <u>Future</u> of Horticulture (food production) in New Zealand - Growing food in towns and cities - High yields (lots of food) from smaller plots of land - Methods and techniques - Local food systems - More efficient, healthier, affordable, and sustainable - when compared to current industrial food production. The future of food.

Hands on activities – to earn their lunch (there's no such thing as a fee one) – egg and salad wraps – painting Garden Boxes.

<u>Thursday</u> was listening to and working with our very special guest speaker Jennifer from Auckland Council and The Compost Collective (also of Permakai Farm our Manurewa HS educational partner/training provider).

<u>Friday</u> was work day. More Painting of Garden Boxes for the 2018 course, as well as preparing a growing bed – broadforking to aerate the soil, digging, raking, levelling, feeding it/spreading compost – ready for planting. It was all hands on deck. All students kept a job sheet (individual and group one from the foreman/boss) and submitted an invoice at the end of the day. Thanks to Detroit from all of the group who donated his earnings which was converted to a cold drink for each of us. He really was the stand out farmer of the day – little Farmer D. Cheers mate.



## **Student Achievements & Activities**

### **Cultural Diversity Council - REWAlise**

A multicultural learning situation brings with it a number of challenges that need to be overcome to create an effective learning environment for every student. These aspects such as communication (different languages), learning preferences (the manner in which learners understand and retain information), and social values (values that differ from culture to culture) all contribute to the learning environment.

During Rewalise we had a three day programme, where on day 1 students learned how to cook different cultural food. Second day we went to Buddhist Temple, Swaminarayan Temple and Sikh Temple. Buddhist temple: Students just loved this place, very relaxing and very popular to visit anytime. We went to see the cherry blossom trees, so beautiful and breath-taking. We are very thankful to Buddhist temple organisers who gave us a free tour. We also did 15 minutes meditation session.

Hindu temple: It was a different environment and was welcoming as we were told about the different statues representing different GODS. It helped us to learn that different countries have their own traditions, costumes, food and different ways to respect GOD.

Sikh temple: It was an amazing experience to visit Sikh temple. We learnt that Sikh means a student and this religion is very new, only 500 years old. Sikhs bow their head to their holy book and do not believe in bowing head in front of any picture,

statue or another human. They welcomed us and showed their hospitality with free food (Langar) which was delicious.



Good to learn that everyone can visit the Sikh temple any time irrespective of what religion they belong to. Overall, we had a

pleasant day and loved the opportunity to learn about three religions.

Third day, students worked on their



presentations and after lunch they shared their experiences with everyone. It was an awesome experience for all of us. I would like to thank all staff members and students who were

#### Pasifika REWAlise

Awesome opportunity for our students to see all aspects of the Pacific. They were able to learn a Samoan dance, Samoan sāsā, Tongan Lakalaka and a fusion dance with different cultures. The students also got to learn how to carve their own designs and make a Tongan Kiekie (traditional wear). It was an amazing experience and glad to have shared this experience with students who were willing to learn and participate.

Thank you to Mrs Tuputupu, Miss Leatinu'u, Miss Tomasi and Miss Ta'e'iloa for all their hard work in getting the external tutors and joining in with the activities alongside our students.

#### **REWAlise CookBook**

Wednesday 29<sup>th</sup> November saw a quiet group of 16 students ready to embark on a creative journey. Some were there "just to



cook and eat food," but many others were intrigued by the process involved with creating our very first REWA CookBook.

The first day was a theory based session with cookbooks, computers, the internet, and good old fashioned paper and pens.

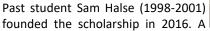
Students explored the many things needed to create our school cookbook and made some choices on what they wanted for their own individual cookbooks. After a full on day in front of their computers students were keen to get out into the fresh air and go offsite for a tour of local manufacturer and distributor Nestle on day two. We were welcomed to Nestle with a safety and company overview and then we donned hairnets and dustcoats for our tour through the culinary and confectionary processing plants. Gorgeous we were! We were also treated to a specially designed healthy morning tea and lunch from the chefs and product development team onsite, as well as seeing how they ran their full service staff canteen. What a fabulous welcome! Departing with individual goodie bags, happy students made their way through thunder and torrential rain to Pak n Sav, Manukau, to do the 'big' shop required for our 'cook-off' on the final day. After a very informative session with Tina Buch, Nutrition Advisor from Heart Foundation NZ, who looked at making our recipes healthy, day three, saw us moving to the T2 cooking room to make our creations. Repeated attempts to get the students to take a break were ignored as they cooked up a storm to create a feast fit for royalty. Every student worked hard to see their creations come to fruition. I could not be prouder of our group of teachers, teacher aides and students who all showed the four REWA values repeatedly over the three days. No one ever needed to be asked twice to do something and all were exceptionally hard working and productive. The final CookBook will not be hitting shelves quite yet, we now need time to collate all of this creation together and perhaps get a few more community recipes to add to the pot. Please feel free to email me your special family recipes you would like them added to the cookbook: sc@manurewa.school.nz, and we will let you know when it is ready for distribution in 2018.

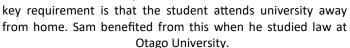


## **Student Achievements & Activities**

#### **Congratulations to Munim Ahmed**

Munim has been awarded the Halse Family Scholarship in 2017, and will study in Palmerston North to become a pilot.







"Attending university in a different city allows students to grow by learning to interact with people from different backgrounds. It also helps the student to obtain simple important life skills like finding accommodation, paying bills and learning to cook.

"We believe that family is extremely important but the pressure/burden of family life should not hinder your ability to follow your dreams."

Munim is pictured at Prize Giving with Fiona Ferens, who has taught Music at MHS, and is the mother of Sam.

Read more about the Halse Family Scholarship >>

### **New Zealand's Most Inspiring Teacher**

Congratulations to Emma O'Riordan - who won the Sir James Fletcher Award for the Most Inspiring Teacher. This honour recognises five years of success in supporting MHS students to the top in Young Enterprise. This includes:



- 2012 Company of the Year Caring and Co and CEO of the Year - Lar Su'a
- 2013 National award winner Ohu Honey
- 2014 National award winner Black Bulb Co

Emma's passion for developing the creative, entrepreneurial potential of our students has had a huge impact. It inspired John and Leonie Hynds to bring together a group of community and business leaders to form our Business Academy. This is now spreading Enterprise Learning and opportunities for students across the school.

Emma has a vision, mindset and practice that distinguish her as an innovator in education.

We are very proud of her and thank her for all she does for our students.

Emma is pictured with Angus Fletcher who presented her prize at the Young Enterprise national awards in Wellington on Wednesday night.

Thanks to <u>Young Enterprise Trust</u> for this recognition and all your support.

## **Prizegiving 2017—Top Awards**

### **Arts Prizegiving**

- Music of the Year Sonatane Kaufusi
- Digital and Visual Art of the Year Sunita Ly
- Drama of the Year Deborah Paulo
- Dance of the Year Matthew Pule'anga

#### **Maori Celebration**

- Overall Top Maori Tane 2017 Pafe Mmoisea
- Overall Top Maori Wahine 2017— Lydia Day

#### **Sports Prizegiving**

- Year 9 Sports Girl of the Year Nadia Rangi
  - Year 9 Sports Boy of the Year Justin Malaga
- Year 10 Sports Girl of the Year—Dayna Martin
- Year 10 Sports Boy of the Year— Nun Sok
- Year 11 Sports Girl of the Year—Makayla Eli
- Year 11 Sports Boy of the Year—Emanuel Paupau
- Year 12 Sports Girl of the Year—Breeze Toia
  Year 12 Sports Boy of the Year—Osai Langi
- Year 13 Sports Girl of the Year—Katie Lowry
- Year 13 Sports Boy of the Year—Jermaine Malaga

#### **Academic Top**

- Academic Excellence Year 9 Kevan Lew
- Academic Excellence Year 10 Jeremie Lee Bayaban
- Academic Excellence in Year 11— to be awarded in 2018
- Academic Excellence in Year 12— to be awarded in 2018
- Proxime Accessit— Alan Khun
- Dux of the School—Namisha Chand

#### **Scholarships**

- Acer and Cyclone Scholarship Timothy Dreadon
- Auckland Airport Education Scholarship— Nikita Goundar
- First Foundation (HYNDS)- University Scholarship- Eucharist Leremia
- The Inder Lynch Achievement Awards Cody Waaka , Han Nguyen
- Manukau Institute of Technology— Ritika Chand, Pratik Gounder, Eden Brien
- Manukau Institute of Technology Margret Kava
- Halse Family Scholarship Munim Ahmed
- The Trusts Community Foundation Scholarship Trinity Makutu, Josh Mitchell
- University of Auckland Scholarships Carmel Nickel, Rida Basharat, Namisha Chand, Dania Shafiq, Andre Yalda, Atrena Yaukhana
- The University of Auckland Business School Scholarships— Serenity Temu, Shahil Raj, Rita Youab
- University of Otago Scholarships— Alisha Sivan
- Whaia Te Iti Kahurangi Scholarship Lydia Day
- Ko Te Mana Maatauranga Secondary Student Scholarship— Lydia Day

Follow us on facebook Manurewa High School

#### **Theatresports Auckland Final**

On Friday 25<sup>th</sup> September the Manurewa High School Thea-



Manurewa High School Theatresports Team 'Mission Improvable' performed at the Theatresports Auckland Final. This is the second year our school team has been involved in the programme and it was pretty awesome to make the finals in our second year!

The competition team consisted of Sally Pritchard, Shanna Paese, Luke Orbell and Mikaela Millwood. Dilworth School were our hosts and as well as them, we were up against Saint

Kentigern College and Northcote College. It was a very entertaining night and the result was unprecedented! Dilworth School won the trophy and we, along with Saint Kentigern



College and Northcote College tied for 2<sup>nd</sup>! Thanks to all those who have supported the team this year. They have done amazingly!

### Keeping your children safe online

Your children's online world is as much a part of their life as offline, so it is crucial that you are as involved in supporting their online wellbeing as you are their physical health. Your skills in rule setting, support, guidance and respect are just as important to helping ensure your kids enjoy positive digital experiences and to help them gain confidence in asking for advice and support. Knowing they are equipped to make sound decisions and manage risks online is so important, especially with the number of internet-enabled devices that can be used without adult supervision.

#### **Explore the internet together**

Digital education and communication is essential to the safety of your kids online. This will help instill confidence in your kids—and peace of mind for you! Exploring the internet together and talking about the websites, games and activities they enjoy is a good way to start those conversations. Get to know your children's friends both online and offline and use technology-based solutions to help protect their devices—filters, parental controls and e-security software are all great tools. Remember—there is no substitute for your involvement because no-one loves your kids as much as you do.

#### Three steps to protecting your kids online

#### 1. Communicate openly with your kids

It's not possible to supervise your kids 24/7 so finding ways to establish and maintain trust is really valuable.

#### 2. Use technology tools to keep them safe

There are so many technological advances that can enhance the

experience for your child online and help keep them safe, both within the site or app and for their devices.

**3.** Encourage safe and responsible behaviour Setting rules for your child's internet use and establishing clear boundaries and expectations is imperative. Your rules will depend on the age of your kids and the level of responsibility you are willing to give but is underpinned by conversation, education and trust.

#### **Athletics**

13 students and 4 teachers made their way to Hastings on Thursday 30 November to compete in the 2017 National Athletics Champs. Stopping in Tirau for a photo with the sheepdog, Taupo for a Girls vs Boys Prawn fishing competition, the Girls are much more patient and won 3-0. We were lucky enough to stop at Splash Planet for a bit of fun before heading back to Manurewa.

The junior boys were first up on Friday with their hammer throwing. Followed by the other events over Saturday and Sunday. The athletes represented themselves, their whanau and the school with pride. Welcoming other schools into our shared space. Top 8 finishes:

- Maria Naime 1st Junior Girls Hammer
- Jamane Saimoa 5th Junior Girls Hammer
- Sonatane Kaufusi 6th Senior Boys Hammer
- William Lafaele-Savali 7th Junior Boys Hammer
- Kemera Kemera 7th Senior Boys 100m, with a new PB 11.1sec
- Liam Ngchok-Wulf 8th Junior Boys Hammer

Thanks to everyone for their support throughout the journey to get us to Hastings. Special thanks to the parents who drove down to support the athletes over the weekend and the 7s and volley-ball teams who have supported from afar over the weekend. Special thanks to Mr Wagner and Miss Adams for their coaching and commitment to the throwers. Miss Spraggon for her amazing organisation with the entire trip. Miss Blackburn for the food. Sau Fatuleai and Bruce Paulo for their leadership and service to the team. All the best Sau Fatuleai as you start your University journey and to Laycian Leaso as he heads to St. Peters next year.



## **Careers News**

#### **CAREERS NOTICES**

**GATEWAY OPPORTUNITIES FOR 2018** 

- Business Administration
- Hospitality
- Retail/Customer Service
- Logistics
- Radio/Media Training
- Automotive
- Travel & Tourism
- Aviation
- Sport & Recreation
- Healthcare
- Telecommunications
- Construction & Engineering

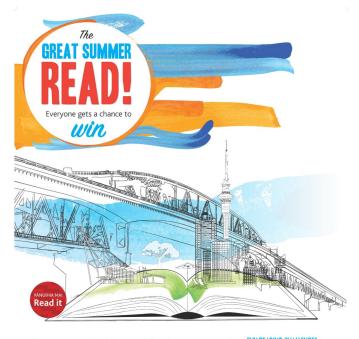
#### Sign up early as places are limited

See Mr Lawton in Careers for more info or if you have other options in mind.

#### YEAR 12 GATEWAY in 2018 - THE WAREHOUSE

Are you completing Year 12 in 2018? Would you like to gain some extra NCEA credits for 2018? The Warehouse is giving 20 students an opportunity to gain some valuable work skills. The programme begins in Term 1 2018 and you need to register your interest at MHS Careers this week Tuesday 5th - Thursday 7th December 2017.

Or come and see Mr Lawton in Careers during the first week of Term 1 2018. First 20 students to register will be accepted onto the programme.



Heat up your reading this summer! Complete one or more of our FUN READING CHALLENGES and be in to win books, vouchers, eReaders and tickets to Auckland's hottest shows and attractions.

#### 1 December 2017 - 31 January 2018

Find out more: visit aucklandlibraries.govt.nz/GSR

Facebook - Auckland Libraries
Twitter - @Auckland\_Libs
Instagram - @Auckland\_Libs



Follow us on facebook Manurewa High School



#### Modern Horticulture

Wishing you an awesome Summer from Modern Horticulture – Manurewa High School's exciting new subject and Social Enterprise. Modern meaning The Future of Horticulture – Horti (Garden/Plants) Culture (to grow, establish, and nurture).

Modern Horticulture – The future of food production in New Zealand – affordable, organic, chemical free, naturally grown – High yields – large amounts of food – grown in small areas. Urban Farming (City growing – converting lawns to growing spaces) and Market Gardening (a one-acre, small, highly productive plot)

https://manurewa.wordpress.com/2016/09/30/our-plan/

2017 – Stage 1 – get everything in place – 14 Year 12 students

2018 – Stage 2 – time to rock – with over 80 senior students – it's going to be amazing. A massive thank you to Permakai Farm – our offsite training educational farm - http://www.permakai.nz/

Why not have a go at growing your own veggies at home this Summer! Plants and seedlings make great Christmas presents. Peace and blessings.









## **UPCOMING EVENTS**

#### January

30 January Year 12 & Y13 Course Confirmation

For targeted students who will be

contacted Thursday 25 January 2018

Year 12 & Y13 Course Confirmation. 31 January

For targeted students who will be

contacted Thursday 25 January 2018

### **February**

1 February Year10 & Year13 Commence- 9:30am

Year 11 & Y12 Commence- 11:00am

Year 10,11,12 and 13 preparation for

Year 9 Powhiri —11:00am

Year 9 Commence —9:00am 2 February

> Whanau Day-9:00am Year 9 Powhiri rotation all

four whanau — 9:00am

**TEACHER ONLY DAY** 5 February

**WAITANGI DAY HOLIDAY** 6 February

7 February on timetable

### TERM DATES

Term 1 Tuesday 30 January—Friday 13 April

Term 2 Monday 30 April—Friday 6 July

Term 3 Monday 23 July—Friday 28 September

Term 4 Monday 15 October—Wed 12 December

## **Guidance—Student Services**

#### School Health Centre

The Health Centre is staffed by four full time registered nurses— Tracey, Leanne, Paula and Serena. Open 8.30am—3.30pm Monday— Friday. The nurses are an integral part of the Student Support Services and provide a confidential and culturally safe service to all students and staff.

#### Fight Rheumatic Fever

Kia ora, Talofa lava, Kia orana, Malo e lelei, Fakaalofa lahi atu, Bula vinaka, Namaste, Malo ni, Fakatalofa atu

Manurewa High School Health Centre runs a free sore throat Clinic. If a student has a sore throat, they are advised to come and be checked for 'strep throat', which untreated can lead to rheumatic fever and rheumatic heart disease. If your Tamariki have a sore throat, encourage them to see the School Nurse for a throat swab all swabs and medication are free. Medication will only be given to your child if you have agreed to it. The nurse will also tell your Doctor if your child is given antibiotics to take.

If you DO NOT want your Tamariki to have a throat swab taken at school, please phone the School Nurse on 269 0690 Ext 205.

### Manurewa High School Guidance

Being a teenager can be pretty tough. Being a parent to one can also be difficult. We are here to support students and their families when the going gets tough. If you are concerned about your young person or they show a sudden change in mood, eating or sleeping, please give call on 09 2690690 extension 295 and speak with Hiltrud Egle.

#### For help in a crisis:

In an emergency, call 111

- Contact a doctor or your local District Health Board Mental Health Crisis Team, Whirinaki 09 265 4000
- Call Lifeline, 0800 543 354
- Call Youthline, 0800 376 633
- Call Depression Helpline, 0800 111 757
- Call Tautoko, 0508 828 865
- Call Netsafe (text/cyber bullying), 0508 638 723

# **Manurewa High School Values**

## We need your support Students should be well presented and wear the correct uniform



## Respect

Be proud of who you are and our school Be responsible for your own behaviour Be sure to look after each other/ourselves/our environment

with pride. If you struggle to purchase warmer uniform items required during these cooler months, the school and/or other services may be able to assist. Please contact your Whanau Leader or Student Support Services.



Be the best you can be Be aware of what you can be Be proactive and ask for help Regular attendance at school is a key factor supporting student achievement. Please assist us to ensure, whenever possible, your children attend school every day.



## nanaungatanga

Be proud of your whakapapa and share with others Be willing to get to know and celebrate others Be willing to work with others

Spectator/Side Line Behaviour—Please support all our teams, individuals, opponents, referees and officials in a positive manner. Abuse and negative connotations will not be tolerated. Demonstrate your support in the true spirit of sport and competition whilst upholding our School Values.



## Akoranga

Be positive when learning Be adventurous and take risks in your learning Be sure to work at school and at home

Encourage and support your child to study/research during the term break. The two weeks presents an ideal opportunity to catch up on uncompleted work and prepare for next term.