



Manurewa High School

Piki atu ki te rangi

July 2018

Teena koutou katoa

It has been a really busy and exciting term with so many opportunities happening for our students.

We started the term with the Education Review Office coming in to review and we expect their report to be published by the start of next term. From their draft findings we sense they got a real feel and understanding of what Manurewa High School is about and we look forward to sharing the final report as soon as it's published.

This newsletter covers all the key highlights of Term 2. I would like to take this opportunity to thank all our students, teachers, community and business partners for their ongoing support, commitment and passion. Thank you also to all our sponsors who give financial support to our students to enable them to take many of these opportunities and experiences.

Please take the time over the term break to talk with your rangitahi and find out where they are up to with their learning and if they are on track to achieve their goals. As we go into the second half of the academic year it is important to encourage our students to manage their time and ensure that they meet their work deadlines.

It's been great to be chased by the media over the last couple of weeks following the success of our REWA All Stars. We would like to thank our community for your aroha and support of our students along with the following organisations/individuals who have profiled and spread the word about our students amazing talent; The Breeze, Flava, Paris Goebel, Thane and Danny Mai FM Home Run, Manukau Courier, Newshub, One News, 3 News, The Project, Radio NZ, Seven Sharp, Will Smith, Stuff, Tangata Pasifika, Te Koraimako O Taranaki, Sonny Bill Williams and 531PI. Check out our website: <https://www.manurewa.school.nz> Facebook page: <https://www.facebook.com/manurewahighschool> and Instagram: <https://www.instagram.com/explore/tags/manurewahighschool/?hl=en> for stories and footage.

As we keep telling our students, "do the mahi get the treats". There are so many examples throughout this newsletter which demonstrates how hard work pays off, enjoy the read.

Have a safe and enjoyable term break.

Nga mihi nui

Peter Jones

Principal

Value	Characteristics
RESPECT	<ul style="list-style-type: none"> ● Yourself ● Others ● Environment
EXCELLENCE	<ul style="list-style-type: none"> ● Be the best you can be (aim high) ● Be a positive leader ● Set yourself SMART goals
WHANAUNGATANGA	<ul style="list-style-type: none"> ● Be proud of your culture ● Work with each other ● Look after each other
AKORANGA	<ul style="list-style-type: none"> ● Manage my own learning ● Manage my own behaviour ● Learn to be independent

Respect | Excellence | Whanaungatanga | Akoranga

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Smokefree Tangata Beats

We are so proud of Sonatane Kaufusi - as last year's Solo Duo Smokefree Rock Quest winner Sonatane was invited to perform at parliament in celebration of 30 years of Smokefree Rockquest & 20 years of Smokefree Pasifika Beats. Sonatane was on stage alongside the Prime Minister, Julia Deans (Best Song 1990) and Jason Kerrison - first ever winner back in '89. Head of Music Tim Randle was there to present Sonatane and said the evening was another great opportunity for Sonatane to share his talent - and he excelled. Well done Sonatane!



Smokefree Tangata Beats – Regional Results

Congratulations to band MIT Eldnar placed 1st now through to the finals. Phillip Tele'a awarded Best Vocals, congratulations

Rewa All Stars

I'm sure you will have seen the hype surrounding the post on our school Facebook page of the 'REWA All Stars' Performance at Hip Hop International New Zealand MegaSchools Street Dance Competition. Rewa All Stars Placed 2nd out of 14 schools and received Most Outstanding Performance Award for their creative routine 'Fresh Outta Rewa' inspired by The Fresh Prince of Bel-Air. The post has been viewed by over 3.1 million people and through the power of social media was brought to the attention of Will Smith who shared on his Instagram and gave a shout out to our crew. The four lead students were invited to appear on The Project, Nese and Iavana were interviewed and all four performed a short dance, see the picture below of them on the set of The Project. Iavana Seuala, Nese Godinet, Nashayn Matthews and Sage Minarapa. Our crew now have their sights set on attending the Hip Hop Worlds 2018 in America - We got this!

Congratulations to all the team! Watch the video: <https://www.youtube.com/watch?v=CkDhnuXC5Tw>

Home

Who would have thought that just a few months ago, we would be sitting around a table discussing the possibility of devising our own school production!

Pango Productions in association with NZ On Air, Te Māngai Pāho and TVNZ developed a unique, one act performance that featured a talented ensemble from Manurewa High School who rehearsed over 2 months to bring this original show to life. The performance called



"HOME" was devised by the group and carries a story that the group themselves wanted to tell. The students worked with industry mentors: Matiu Sadd, Jermaine Leef, Mia Henry, Oscar Kightley, Madeline Sami, Hollie Smith, Jason Kerrison, Stan Walker and Rose McIver. The performance debuted at Q Theatre on 28 June and is coming to TVNZ1 in 2019. Look out for it as it's not to be missed. Well done to all students and staff involved.

Award Winning Nursing Team

On Thursday 10 May the Manurewa High School Nursing team were awarded the annual District Health Board School Nursing award, in recognition of their significant contribution to school health services over the past year.



Below is the descriptor that was read out during the award ceremony:

Over the last year the team has more than once faced the challenge of being temporarily relocated to other areas of the school to allow work to occur within their health centre. They have continued to support each other and to maintain a high quality service for students under very trying conditions. They have ensured that the students have continued to have access to quality care while maintaining a private and confidential service.

During this time also the school experienced a large number of students who were diagnosed with mumps. Over many weeks the nursing team, led by Tracey Stanners, liaised with Auckland Regional Public Health, and guided the school's response in notifying the families of students who required isolation until they could provide proof of vaccination. Health education was provided to the students and their whanau regarding vaccination and protecting their families. They also worked with the school in ensuring that students who were required to sit their external exams were able to do so without compromising the health of themselves or others.

This team displays the true qualities of professionalism and respect for each other and the students and whanau they work with. They are to be congratulated for not allowing the challenges they have experienced to compromise the quality of care they have provided or to interfere with the completion of the health assessments they are contracted to provide to the year 9 students.

We are very proud of the team; Tracey Stanners, Leanne Marshall, Paula McNamara and Serena Li - well deserved and well done!

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eManurewa - Schoology is here!

Kia ora koutou,

You may be aware that this year we have introduced a Learning Management System (LMS) into school. Our LMS is called 'Schoology' and allows teachers and students to connect in various ways to improve learning outcomes. Everything from making resources available from previous lessons to Facebook style updates are available on Schoology and as a staff we are adapting our teaching methods to accommodate this exciting new tool. There is also a free app that students can download to their smart-phone should they have one. On average 600+ students are visiting Schoology a day to access content and this number is rising. In the future, you too will be able to access Schoology to see what work your child is undertaking and take part in learning related discussions. We will keep you posted on further developments via this newsletter and Facebook. In the meantime, please get your child to logon and give you a guided tour! If you have any feedback, questions or ideas please get in touch with me. Kia pai tō rā. Ben Silk: eLearning Coordinator ✉: sk@manurewa.school.nz ☎: 09 269 0690 ext. 242



Student Achievements & Activities

Cooking for Life

A huge thank you to Nestle for organising the Cook for Life Sessions with all our Year 10 Inquiry classes. Students from Massey University shared their knowledge as our students inquired about healthy eating and food related health concerns.

The students prepared, cooked and enjoyed eating the food together in a celebration of Matariki. Students had the opportunity to demonstrate our school values as they learned, shared, enjoyed and helped clean up together. Thanks to our Year 10 Inquiry teachers for their support.



Kulture Splash

Kia Ora, Talofa lava, Malolelei and a big Bula Vinaka to all the readers.

I am Shimral Singh, Finance Director of Kulture Splash, working alongside my directors Christianya Seumanu, Summer Nanai and Louisa Dale. We are a passionate group of Pasifika students



wanting to address the rapidly increasing rate of obesity within our Pacific people in South Auckland. This is why we came up with the idea of producing Otai frozen

yogurt as we like to call it "Frotai" which is an innovative, delicious, healthy Pasifika themed Otai flavored frozen yogurt.

On Friday 15th June, we were given the opportunity out of over 80 Young Enterprise groups, to present our product in front of The Minister and Associate Minister of Pacific People, Hon Aupito William Sio. He was very well impressed with our product and we managed to sell out of our supplies on the day. It was an awesome experience for us as we got to get outside of our comfort zones and present our product confidently to the crowd. I was privileged to be working collaboratively with my team.

This opportunity has not only allowed us to present our product, but also increase our confidence leading up to the sales period, when all students will be selling their products in markets. We are going to sell our product in the upcoming mid-winter market held at Manukau, on 28th July, and we are hoping to promote our delicious product in the forthcoming night markets and weekend markets. We also take orders online so if you are keen on trying our appetizing Frotai, you can email us or reach us on our social media accounts on the photo attached. Looking forward for more opportunities like this and to hear your reviews about our product.



MIT Regional Results

On Tuesday 19th June, 10 Hospitality and Catering students entered the MIT Culinary Fare. They have been training for 7 weeks for the big day. Students had special specifications they had to work within. Including time limits. The results are as follows:



Bronze: Susiana Tahavalu — **Banana cake**
Silver: Jahnae TeHaki — **Biscuits**, Cruz Eliu — **Wrap**, Namirah Bi, Christy Tuliau and Faith

Iosefa Smoothie.

Silver – Class Winner: Isabella Vaikai - **NSSCC**

Gold – Class Winners: Chanelle Holdem – **Café Breakfast**, Quest Teiho – **Pasta**, Siuanna Mahani – **Table Setting**

Isabella Vaikai now goes on to compete at a National level in September against the other winners from the other regions. She now has to produce an entrée and a main course.

Some of the students will now compete at the National Culinary Fare in August where we will battle for the Top Secondary School.



Smokefree Rockquest – Regional results

Congratulations to Makayla Eli, one of 8 solo-duo's who entered SFRQ online – selected to go through to the next stage with other regional finalists. Bruce Paulo and Line Ula placed 4th in Solo-Duo category, congratulations.

The Big Sing

The MHS REWAKEN Choir received a Performance Award at The Big Sing held at the Auckland Town Hall! We are so proud of our students and the amazing things they are achieving. Thanks to Mr Sola Vuna for leading our young people in this venture! Watch big sing video: <https://youtu.be/DgFp9CO6Sq8>



FLAVA Radio in the house!

Flava Radio broadcast their morning show from the Breakfast Club in the Pavilion on Thursday, 6:00am - 9:00am. Flava supports KidsCan breakfast and thought it would be fun to catch up with students and staff of Manurewa High School. We did not disappoint! The announcers interviewed students Lavana Seuala and leads from REWA All Stars and Sonatane Kaufusi. Challenges between Principal Pete Jones and students were fun. Flava dished out giveaways during the morning and many enjoyed the amazing breakfast that Nicky, Claire and Delvin put on - it was French toast day.



We received this feedback from the Flava crew, 'Just wanted to say a massive thank you to you all – Nicky what you do every day is amazing. We had a great time at the school and loved being there amongst the students who were awesome. Please pass on our thanks to everyone else that was involved'.

Student Achievements & Activities

Code Avengers Camp – Year 9 & 10

During Week 5 we were visited by the Code Avengers Team. Sixty of our year 9 and 10 students signed up and took part in a three-day boot camp. The camp is a taster to the world of coding and is aimed at encouraging kids to get involved, learn skills and develop a real interest. During the camp, students were put to the test and asked to design and develop a basic website about an area of personal interest. MH Students joined up for various reasons. Nikita Flint in 10KFD was inspired by a coding course she did in Year 9 and wanted to build on these skills while Daniel Aviga had tried learning coding from a book but finding it difficult thought Code Avengers would be a perfect next-step. Ka pai Daniel!



Pleasingly students are now more aware of the benefits that skills in coding can bring. Ilaisaane Finau in 10KAW explained that the camp has made her realise “how many opportunities coding can open up for you”. Knowing skills such as these is important as we move further into a future of computers and robotics explained Jaturong Wongchanon in 09POA.

So where to next? I spoke with Ryan Walmsley, one of the Code Avenger developers; he told me that all students who took part in the camp will have access to the Code Avengers website for up to 3 months so they can continue with their projects. For students who weren't present at this camp his advice was to still give it a go. Coding can be applied in a wide range of places meaning lots of opportunities. So if you are keen, get in touch with them and look out for courses here at MH in the future. By Mr Silk (eLearning Coordinator). For more information on the work of Code Avengers visit www.codeavengers.com.

Future Problem Solving 2018

In year 9, a young, introverted me, was chosen as part of an extra-curricular activity that unbeknownst to me at the time, would not only change and help develop my creative and critical thinking, but open my eyes to world beyond. Future Problem Solving is a program that involves teams; collaborating together in order to identify imminent challenges that pose threat in our future, generate creative and futuristic solutions and ultimately develop an action. Over the three years I've been involved with the Manurewa High, Future Problem Solving program, I've become more aware of the world around me, Met amazing people from different backgrounds, from all around the world and developed skills that will prove most valuable in a world to come. The program has offered many rewards and opportunities, From being able to represent our school at the national competition throughout the entirety I was in the program, to also being able to travel and explore the United States of America and of course competing at the International Future Problem Solving Conference excelling in the competition and I, personally have felt much growth in terms of mindset. It is with great remorse however, that this journey I embarked on in year 9, must come to an end, as I pursue other opportunities that are out there. The program has given me so much and I cannot express the amount of gratitude I have to all those who have been part of this amazing journey. From my coaches Glenis Martin and



ambure Giborees who continuously pushed me to succeed, Leanne Gibson who would always encourage my team and put ourselves out there and a massive thank you to our Major sponsors Ernest Young and the Hynds Family, as well as all those who offered any amount of financial support, which allowed my teammates and I to compete on the international stage. **Written By Okesene Fatu**

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A Special Visit

On Friday 15 June, we were very lucky to have author David Riley and Illustrator/Professional Wrestler Michel Mulipola visit our school Library. Two groups of year 9 and 10 boys were lucky enough to come and listen to David and Michel talk about what they do and how they became successful.



Both David and Michel grew up in South Auckland and developed a passion for changing the way Maori and Pasifika people were viewed in the media. This inspired David to write several books on Pasifika heroes and he asked the very talented Michel to illustrate them. Michel Mulipola has also worked with Marvel, illustrating a set of 40 Marvel collector cards, with WWE illustrating a Wrestlemania special and currently is an illustrator for the graphic novel “Headlocked”. Listening to David and Michel talk about overcoming challenges and failures in their career was really inspiring and the students really enjoyed the experience.

We must express a huge thank you to David Riley and Michel Mulipola for taking the time out of their busy schedules to come and talk to us, also to the NZ Book Council's Writers in Schools programme for making this whole experience possible.



Wolf Fisher Scholarship

I had the privilege to represent Manurewa High School at AUT Southern Campus on 16 May 2018, where Shamal Kumar (13TSN, 2017) received the prestigious Wolf Fisher Scholarship to undertake degree studies at AUT. Shamal participated in their UniPrep programme over January and February and achieved outstanding results. While there, I met Elizabeth Filimoemaka (13TSN, 2012). She also graduated from AUT and is now working for AUT.



Chiefs Game

The Manurewa High School Marching Band achieved a major goal on Saturday 2nd June! This little idea started about 4 years ago and was finally realised with the marching band debut, with the support of the Rewa All Dance crew, as pre match entertainment at the Chiefs game last week in Hamilton. Staff and students really enjoyed the experience. We are very proud of you all!!



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Student Achievements & Activities

Te Ao Maarama

Te O Marama Year 9 Students visited Manurewa Marae Monday 14th of May.

This trip was designed to launch students into a project looking at problems related to cultural connectedness in New Zealand. Our



trip to the Marae went great because Pengu who organised the visit was a great facilitator and the students were very respectful of the Marae and its protocols. Pengu was eager to explain that the Marae is actually OUR Marae, and encouraged us to come back and join in with

the many free activities that happen there. Pop in yourself to find out what these are. Below are some of the students' reflections on the trip.

Aaron Peeters (Te Pae Tawhiti Head of Learning Area)

Manurewa Marae Trip, by Josieanna Chan Chui

It was the first time for me going to the Marae, I was unsure of what would happen and what we would be doing. But coming back from the trip, I had learnt lots of things such as the parts of the Marae and they were Tahuu, Heke, Poutokomanawa, Poupou, Tara- Nui, Tara- Iti, Tukutuku, Tekoteko Maihi, Matapihi, Tuarongo, Amo, Raparapa, Mahau and Atea are apart of the Whare. There was also a specific wall that we weren't allowed to take pictures of. Although I felt uncertain of the Marae and unsure of everything, the atmosphere in the Marae felt welcoming and peaceful and I felt very calm in it. I also liked how there was so much respect and aroha towards the past members and the whare that was built first.

Advice: Respect the Marae and you will get respect back, listen, don't play or muck around, ask for permission before you touch and enter places.

Manurewa Marae Trip, by Kruz Bradding

The Marae trip was okay because we had fun learning about the Marae and the rules about it and what you do before entering one. It was good that they taught us because some people haven't been to one.

Auckland Secondary Schools Squash Competition

On the 19th and 20th of June our Manurewa High School premier squash team competed in the top division at Auckland Champs for the first time ever. Our Manurewa team held their own, making our school and community proud. After two days of hard fought competition, we came away with a top 10 finish, new friends and a desire to come back stronger next year.

Congratulations to the following students; Hilton Junior, Sara Aivi, Piata Derbyshire, Joshua Dersbyshire (Captain), Vegas Junior and Jacob Alaifatu.



Microsoft DigiGirlz Events

Several girls have been lucky enough to be invited to a couple of Microsoft DigiGirlz events. These events are designed to highlight the opportunities available for girls in the tech industry by introducing them to hands on activities as well as giving them the chance to listen to some inspiring speakers.



Business Pitch

On Thursday 24 May, Level 3 Business Studies students had the opportunity to present a 5-minute pitch proposing their product to the judges of South Auckland Business Pitch at AUT South Campus. Under the Young Enterprise Scheme, students are able to assess different aspects within the Business Studies field whilst operating a start-up business in small groups. I am Fateh Singh, Chief Executive Officer of Good Game, working alongside my directors Raghav Narula, Osaiasi Langi and Anthony Stevenson. This year, we plan to carry out an innovative solution to the most common chain of problems within our society, that of hygiene and sanitation.

Working collaboratively with our Mentor Alex Holley, we have designed a hand sanitising wristband called Quiktizer. Quiktizer is a silicone wristband with in-



built pump bottle that can be pulled out to spray hand sanitiser onto the hands for on-the-go hand cleaning. The Business Pitch was an amazing experience for me as an entrepreneur to professionally present myself and my product to the judges. This opportunity has allowed me to sell my vision and objectives as well as spreading awareness of Good Game's initiative to spread awareness of hygiene and sanitation via Quiktizer. Business Pitch has not only allowed us to present our product, but also increase our confidence leading up to the sales period, when all students will be selling their products in markets. The Business Pitch is a like Dragon's Den, intimidating judges with tough questions. After presenting our pitch, we met with several questions and feedback/forward advice. This allowed us to work collectively under pressure to deliver quality answers and present a good image of our business whilst maintaining a tight presentation time frame.

Overall, the judges were very pleased with my group, praising us for designing an effective product. They valued the potential of the product as one of the quoted "don't forget us when you become millionaires". Level 3 Business Studies under the YES programme has been an amazing experience so far with several opportunities for young entrepreneurs to network with business leaders whilst learning the key operations of running a successful business. It is definitely an opportunity worth experiencing and the Business Pitch has been a stepping stone of confidence boosting leading students towards success.

Student Achievements & Activities

Maker Space

We have two programmes running in the space.

Matariki Maker is a community collaboration to create a display



that will be installed in the new Manukau Maker Space. Experts from Meshed and The Roots Creative Entrepreneurs, along with seven architecture students, are helping out 25 Year 9 and 10s to

design, develop and build laser-cut acrylic light panels to reflect the seven stars of Matariki. The project is being supported by The Southern Initiative - TSI and Panuku Development Auckland.

The Maker Space is a student-led community. There is a regular meetup on Wednesdays from 230pm to 430pm, with professional guidance from Keu Iorangi. The group recently spent a day at the University of Auckland Maker Space, UNLEASH, learning more about best practices in Health and Safety, Community Management, and Using the Tools. The next step is to promote the space and grow the student community – here's a video we've created that is being shared at school assemblies. Watch the Video: <https://youtu.be/-Qx9VEqdDHs>

Wellington trip – 18th June to 20th June 2018

Level 3 Economics class had the privilege to travel to Wellington from Monday 18th to 20th June 2018 to expand on their comprehensive knowledge by visiting the Reserve Bank and Parliament also known as the Beehive. The approximately 45-minute flight from Auckland to Wellington went by quickly as our students were enthusiastic and eager to explore as we took off to our first visit to the Reserve Bank. We were taught the role of the Reserve



Bank of New Zealand in the country, the importance to manage monetary policy to maintain price stability between 1-3%, and the influence of Official Cash Rate (OCR) to control the inflation rates. We were taught the history of the Reserve Bank and the history of the currency. We were shown the evolution of money through artefacts that the Reserve Bank has kept for centuries. The students were captured by MONIAC (monetary national income analogue computer). MONIAC was built by New Zealander Bill Phillips which consists of a series of plastic clear plastics, tanks, pipes held to a wooden board. The machine shows the money flow diagram through the water traveling to each sector illustrated. This was a highlight to all the students.

Later that day, we visited Te Papa Museum. Te Papa was an exquisite place as we ventured and discovered the history of New Zealand and the impact of war it had on everyone from soldiers to the nurses, the people and the lands at the Gallipoli exhibition.

On our second day, we visited Parliament. We were taken on tour, allowing us to see where all the Members of Parliament (MP's) gather to discuss economic issues, meetings and the parliamentary debates. We were fortunate to meet the Manurewa MP, Louisa Wall who discussed the MP's role, why she chose to represent Manurewa and the importance of attending to the Manurewa issues for the people and as a community. Following, we visited the Treasury where we've learnt the role and the importance to have Treasury in the economy. We learned that there are a number of Government houses and roles that are distributed amongst a great number of people, as New Zealand is a democratic nation to ensure that power is shared. We learnt that

the role of the Treasury is to provide advice to those in power, working closely to consider all groups affected or benefited by a decision or law and regulations.

We were given the permission to witness the parliamentary debate, which was a very interesting experience as we saw the intensity of MP's as they fought for their ideas, solutions, and laws in favour or not in favour of another MP's ideas. In regards to the topic being discussed, regional fuel tax, Auckland was mentioned countless times which was something we related to as the price of fuel is increasing, thus expensive for Aucklanders.

Victoria University welcomed us on our third day with breakfast and welcoming smiles. They've informed us the benefits of studying at Victoria and the support programmes they offer to all students. This contributed guidance for our future Victoria University students as they get a first-hand experience from Victoria University professors.

The three day trip to Wellington has provided Level 3 Economic students an insight into the environment and the understanding of the role of Parliament in the economy. This has helped develop the steps and the mind-set for our future economists and accountants.

So you want to be a doctor?

Our Health Science Academy students were fascinated to learn



from Dr Maria Peach about her pathway to become a doctor working in mental health.

Maria grew up in Papatoetoe. Her mother came from the Cook Islands, and her maternal grandparents came from from Mangaia, Rarotonga, Atiu and Mitiaro. Her father was from the UK, and his grandparents came from England, Ireland and Scotland.

Maria told us that as a student at Papatoetoe High School she had not studied Sciences, and was mostly keen on Music and Art. She left school and worked in a range of hospitality jobs, in New Zealand and Australia. But she was always very close to her family, friends and community and in her mid 20s, when her grandparents passed away, she decided to come home. While studying Philosophy and Politics, she worked in a rest home, and wasn't happy with the way people were treated. Then a friend died of leukemia, and that was the third major life event that led her to reflect on her path.

A friend suggested she apply for Med School, and Maria reached out to [Professor Colin Mantell](#) who encouraged her. "He told me it was very important for our community to have our own people in the healing profession. It helps you to understand patients because you have an intuition for them."

After a lot of hard work and a few hiccups, Maria completed her degree and graduated in 2010. She worked in Whangarei, Wellington, Rotorua, Whakatane and the South Island. She learned a lot about different people. Now she is a registrar at Middlemore, in the hospital she was born in, and she says it's good to be home. Maria loves what she does. She says that connecting with patients helps you to grow, and develops compassion and empathy. She encouraged us to know that there were many different pathways in health and they were all important. But she didn't make light of the challenges Hospital could be a stressful place to work. For Maria, meditation was important, along with her love of music and family life. "On your journey it's so important to stay connected to who you are."

Student Achievements & Activities

The best of East and West with Prof Peter Chen

The Business Academy partners have provided some cool opportunities for our Year 9 and 10 students over the last couple of months. One of those was a talk by the inspirational Professor Peter Chen, who has enjoyed his life as a husband and father, an Olympic gymnastics coach, and teacher.



He first visited us with his daughter, [Mai Chen, in February](#). He liked it so much he said “yes” to coming back. For his second appearance, Professor Chen shared simple wisdom from the best eastern and western philosophers.

Some of the things that I learned from Professor Chen's presentation were the inspirational quotes that he showed us; if I had to summarise all those quotes it would be:

- Everything is possible if you have a will and a passion to pursue your dreams and careers.
- To be successful it is important to know more than two languages.

He used himself as an example to that as he has held up international posts and has coached International teams and gymnasts. He has really encouraged me as an individual and it was a pleasure to have him present those things from which I learned new things. Thank you - **Jasmine Rahman, 10ATL**

Enterprise Makers unleashed

In late May, the Business Academy offered a three-day experience for Year 10s keen to try something new, with the aim of unleashing a passion. On Day 1, they tapped into their creativity and playfulness, with the experts from [Mess It Up](#).



On Day 2, Natalie from Mum's Garage, brought in some young startup entrepreneurs to share their journeys. Organic Mechanic sells healthy drinks as a way to raise awareness about the health of our bodies, and the planet. Marama is a new website that helps young people find opportunities like jobs, and university scholarships.

On Day 3, the team from Young Enterprise helped bring together the freshly minted creative skills and entrepreneurial mindset. Students came up with an idea and a business plan for a social enterprise. The workshop was designed by our Business Academy “chief disruption officer” Emma O’Riordan.

I loved playing with the green goo. And I loved meeting new people. Elizabeth Pule, 10KBK

Music to our ears

Music HOLA Tim Randle gratefully receives another donation from Pip Duncalf. Thanks to Pip, our instrument range has expanded, allowing students to try something new – with awesome results across the department!



Breakfast Club donation

Breakfast Club patrons are enjoying a nutritious new option with a donation of Nestlé's protein-fortified soup. The soup is part of the Nestlé Professional range that is used in restaurants, rest homes and hospitals. Thank you Nestle.

EY Mentors meet the parents

Our students made us proud when we got together with EY for a dinner at school. The event was for families of students in the EY mentoring programme, and enabled them to meet the EY mentors.



We welcomed back Sau, Serenity, Hamish and Marlene who are graduates of the programme and now all in their first year at university. They spoke about how their mentors had helped to prepare them for the next stage of their lives after school, with guidance on things like CVs, study, and scholarships. A highlight of the night was the food, prepared and served by our 1st XV under the expert guidance of Sara Blackburn, team manager and HAC teacher. Huge thanks to the team and its managers, and all of our guests for creating a wonderful night.



Inspire Youth Leaders Conference—25 May 2018

INSPIRING TOMORROW'S LEADERS TODAY

HAUORA COUNCIL LEADERS - **Simran Naicker, Jessica Cochrane, Shivani Chand & Rochelle Tamatea**

It's was definitely a great opportunity to experience and develop new aspects of leadership. It helped us to all realise our potential and inspired us to push ourselves and skills beyond our limits as



we learnt that we all have a hand in shaping the future for not only our generation but even further. Coming from South Auckland we are privileged to have such an

empowering community. Also the guests speakers also highlighted that coming from south Auckland does not define you in a bad way. I would recommend this to any student who is interested for next year.

Fundraising Results & Thanks



The student Hauora Council participated in Pink Shirt Day '18 this term with impressive results, \$600 was raised for the Mental Health Foundations anti-bullying campaign. Thanks to students and staff for your support.

A 'Pink Afternoon Tea' was held in support of Breast Cancer Awareness month of May. The staff team raised \$1695.40 in support of Breast Cancer Foundation NZ. Donations can be viewed on the official page [BCFNZ](#). Thanks to staff for supporting this worthy cause and also special thanks to companies **Deejays, Loaf Limited and Bidfood** for donating products.



Uniform

Our official supplier of regulation school uniform, NZ Uniforms are moving their Manukau store to a bigger and better store from Saturday 21st April. The new store is located at [Unit 5, 20 Lambie Drive, Manukau](#). The phone number and email address will remain the same. (09-950-6747 and email: manukau@nzuniforms.com). The current store will remain open next week except for Friday the 20th of April. Click the link to our [website](#) for full details.

Second Hand Uniform: The school appreciates any donations of second hand uniform. This can be dropped into the attendance office during the hours of 8:00am - 3:30pm. We also purchase second hand uniform items. Please discuss this with the staff in the attendance office.

Careers Notices

COURSE PLANNING - YEAR 13

Otago University	24 July
Victoria University	14 August

FREE UNITEC WORKSHOPS

During July School Holidays— **Workshops:**

- App-Lab
- Cars & Welding
- Digital Marketing
- Lighting & Screen Bites
- Design
- Robotics and more...

To register visit <http://bit.ly/2GeCIRD>

AUT IGNITE - EXPERIENCE DAYS

Year 11, 12 & 13 students—Tuesday 10 or Wednesday 11 July

- Business
- Engineering
- Law
- Health Science
- Communication studies and more...

To register visit <http://info.aut.ac.nz/ignite2018>

ANIMATION COLLEGE HOLIDAY PROGRAMMES

Animation 101 9-11 July
Introduction to Character Development 16-18 July

For more info visit <https://bit.ly/2IFJ3w9>

MIT EXPERIENCE DAYS - YEAR 12 & 13

Early Childhood Education (ECE)	13 August
NZMS-Marine Engineering, Nautical	29 August
Baking	30 August
Sport and Exercise Science	31 August
Culinary	31 August

AUCKLAND UNI EXPERIENCE DAYS

Faculty of Education & Social Work—Manukau Campus MIT-
Thursday 2nd August

OPEN DAYS/PARENTS INFO EVENINGS

WHITECLIFFE OPEN DAYS

Fine Arts	8 August
Photo Media	10 August
Graphic Design	17 August
Fashion Design	15 August

AUT LIVE - OPEN DAY

AUT City Campus - Saturday 25 August

NZ COLLEGE OF CHIROPRACTIC OPEN DAY

Mount Wellington - Sunday 13 October—12.30-3.30pm

SCHOLARSHIPS

Closing Date

Otago University	15 August
Quota - Young Women	15 August
Zonta - Young Women	17 August
Massey University	20 August
Waikato University	21 August
Auckland University	22 August
AUT	01 September
Victoria University	15 September

Facebook: www.facebook.com/MHCareers

Website: www.manurewa.school.nz/curriculum/careers

SPIRIT OF ADVENTURE SCHOLARSHIP WORTH \$800—16-18 Year

olds. A 10 Day Voyage on board Spirit of New Zealand is a life-changing experience – unlocking your potential, leaving you ready to face your future! Spirit of Adventure scholarship would be worth \$800. The cost to parents is \$1,700

Voyage 763 - <https://www.spiritofadventure.org.nz/voyages/book?voyage=763> 6th July – 16th July 2018

Voyage 764 - <https://www.spiritofadventure.org.nz/voyages/book?voyage=764> 16th – 25th July 2018

For more info contact Julia Bryant: ☎: (09) 373 2060 Ext 1 or

📧: juliab@spiritofadventure.org.nz

Information

eBooks



SPORT

Congratulations to everyone representing our School in weekly competitions - you are adding value to our legacy of high achievement within Sport. Some key things to remember - keep how standards high, walk our values everyday, encourage our families and friends to be positive side line supporters; remember why we play, for the LOVE of the game! Term 3 will see the vast majority of our teams move into their respective play offs - ensure we are working consistently over the holidays so that we are prepared for the business end of season. Thank you to everyone who makes Sport possible at our School - "Sport doesn't build character, it reveals it.

HOUSKEEPING

1. Email addresses

The schools preferred means of communication to parents/caregivers is via email, the school website, text message and sometimes social media. If we don't hold an email address for you in our system you may be missing out on important information. Please provide the school with an email address, or if your email has changed, notify the school at mls@manurewa.school.nz or phone the school office, 269 0690.

2. Student Absentees

Parents/Caregivers—did you know there are several ways of advising the school that a student will be absent? We ask that you use one of the processes below to report an absence as soon as possible on the day of the absence;

☎ 0800 102 132

✉ attendance@manurewa.school.nz

@ <https://www.manurewa.school.nz/about/contact-us> → select subject - Attendance

3. Parking at the school gate

We understand that the traffic congestion outside school in the morning and afternoon peak times is very frustrating. We remind parents and caregivers that illegal parking puts our children at risk. Auckland Transport monitors parking at the school gate and will issue tickets ranging from \$40 - \$60 for cars parked on a broken yellow line, within 6m of a bus stop, across a vehicle entrance and vehicles double parked. The school has no control on when traffic wardens are in attendance, nor who tickets are issued to. Please park in a legal area to drop your student to school and encourage them to use the pedestrian crossing for their own safety. Thank you for your support.

UPCOMING EVENTS

July

23 July	TERM 3 BEGIN
24 July	Y13 Course Planning – University of Otago
28 July	School Ball, Alexandra Park Raceway
29–31 July	Cook Island Language Week
30 July	Board of Trustees Meeting

August

1–4 Aug	Cook Island Language Week , Arts Exhibition Opens , Hall
8 Aug	Stand Up Stand Out Dance Heats
13 Aug	Stand Up Stand Out Semi Finals
14 Aug	NZQA Pasifika Evening Y9 & 10, Hall at 6pm
31 Aug	Stand Up Stand Out Finals, Vodafone Events Centre
27 Aug	Board of Trustees Meeting

September

1 Sept	Stand Up Stand Out Finals, Vodafone Events Centre
2-9 Sept	Winter Tournament Week
11–13 Sept	Assessment Week
14 Sept	STAFF ONLY DAY
20 Sept	Student Akoranga Conference
21 Sept	Student Akoranga Conference
24 Sept	Board of Trustees Meeting
24–28 Sept	Technology Week
26 Sept – 5 Oct	International Waka Ama Festival , Brisbane
28 Sept	END OF TERM 3

TERM DATES

Term 1	Tuesday 30 January—Friday 13 April
Term 2	Monday 30 April —Friday 6 July
Term 3	Monday 23 July—Friday 28 September
Term 4	Monday 15 October—Wed 12 December

Guidance—Student Support Services

Manurewa High School Guidance

Include Guidance Department, Youth Workers and Nursing Team Head of Student Support Services and Clinical Team Leader- **Hiltrud Egle Guidance Department has three full time Counsellors and one (MASSISS) Social Worker.** Counsellors provide confidential support to students, their whanau and staff members. Students can see counsellors for various issues (No issue is too small). Students can self-refer via e-mail, phone or by filling in a request form at guidance

Whanau, teachers or friends concerned for a student can call **Hiltrud Egle** on 09 269 0690 ext. 295. **In an emergency, Dial 111**

For help in a Crisis:

Contact your local doctor, District Health Board, Mental Health Crisis Team, call Whirinaki on 09 265 4000

Other Services you can call, text or email below:

Need to talk (24/7 Counselling support) - call 1737

What's Up - www.whatsup.co.nz (online chat) - 0800 942 87 87

Tautoko (Suicide Prevention) - 0508 828 865 (open 24/7)

Youthline - talk@youthline.co.nz - 0800 376633 / Free text 234 (open 24/7)

Depression Helpline - 0800 111 757 / Free text 4202

Rainbow Youth (LGBTQ Support) - 09 376 4155

Netsafe (text/cyber bullying) - 0508 638 723

Samaritans - 0800 726 666 (open 24/7)

Skylight (support to trauma, grief and loss) - 0800 299 100

Anxiety Help Line - 0800 269 4389

Also check out www.thelowdown.co.nz / Free text 5626

School Health Centre

The Health Centre is staffed by three full time registered nurses—Tracey, Leanne and Paula. Open 8.30am—3.30pm Monday—Friday. The nurses are an integral part of the Student Support Services and provide a confidential and culturally safe service to all students.

Fight Rheumatic Fever

Kia ora, Talofa lava, Kia orana, Malo e lelei, Fakaalofa lahi atu, Bula vinaka, Namaste, Malo ni, Fakatalofa atu

Manurewa High School Health Centre runs a *free* sore throat Clinic. If a student has a sore throat, they are advised to come and be checked for 'strep throat', which untreated can lead to rheumatic fever and rheumatic heart disease. If your Tamariki have a sore throat, encourage them to see the School Nurse for a throat swab—all swabs and medication are *free*. Medication will only be given to your child if you have agreed to it. The nurse will also tell your Doctor if your child is given antibiotics to take.

If you DO NOT want your Tamariki to have a throat swab taken at school, please phone the School Nurse on 269 0690 Ext 205.

Manurewa High School Values



Respect

Be proud of who you are and our school
Be responsible for your own behaviour
Be sure to look after each other/ourselves/our environment



Excellence

Be the best you can be
Be aware of what you can be
Be proactive and ask for help



Whanaungatanga

Be proud of your whakapapa and share with others
Be willing to get to know and celebrate others
Be willing to work with others



Akoranga

Be positive when learning
Be adventurous and take risks in your learning
Be sure to work at school and at home

We need your support

Students should be well presented and wear the correct uniform with pride. If you struggle to purchase warmer uniform items required during these cooler months, the school and/or other services may be able to assist. Please contact your Whanau Leader or Student Support Services.

Regular attendance at school is a key factor supporting student achievement. Please assist us to ensure, whenever possible, your children attend school every day.

Spectator/Side Line Behaviour—Please support all our teams, individuals, opponents, referees and officials in a positive manner. Abuse and negative connotations will not be tolerated. Demonstrate your support in the true spirit of sport and competition whilst upholding our School Values.

Encourage and support your child to study/research during the term break. The two weeks presents an ideal opportunity to catch up on uncompleted work and prepare for next term.