Manurewa High School COVID-19 Update Monday 23rd March:

Year levels learning from home plan Week 9:

Kia ora Whaanau

Following the Prime Minister's announcement that we are now at Level 2, some of our staff will now need to work from home. To enable us to deal with this situation please find detailed below the plan for the rest of the week, which involves different year levels on each day working from home starting tomorrow, Tuesday 24th March.

This plan will also enable our school to test our online learning plans, enable better hygiene and physical distancing practices within school and support those staff now having to self-isolate based on the Governments new guidelines.

We understand this will present challenges for some whaanau, however we ask you to please support us as we deal with these unprecedented and fast changing times. This plan will allow us to continue to keep our school open, maintain learning programmes and create a safer environment at school based on the Government hygiene and physical distancing guidelines.

Students at home will be able to log into our Schoology learning platform to access work for each of their courses. When they return to school for the following day they will be able to check in with their teachers and sort out any issues they had when learning from home.

This will be a good test of our online systems and a chance for us to sort out any problems in the event of a future full school closure.

Date	Year 9	Year 10	Year 11	Year 12	Year 13
Tuesday March 24th	In School	Stay Home	In School	Stay Home	In School
Wednesday March 25th	Stay Home	In School	Stay Home	In School	Stay Home
Thursday March 26 th	In School	Stay Home	In School	Stay Home	In School
Friday March 27th	Stay Home	In School	Stay Home	In School	Stay Home

- If you do not have internet access or your rangatahi does not have a laptop / device to work on please phone 269 0690 or email byod@manurewa.school.nz so we can provide support. Please provide the student name and ID number and whether student needs a device, internet or both
- If your whaanau need any further support please contact the school by phone or email on 269 0690 or mhs@manurewa.school.nz
- Check the timetable above and note the dates to keep your rangatahi at home. If they are going
 to be away on any other day please contact the school attendance office on 0800 102 132 or
 email attendance@manurewa.school.nz
- When students are working from home please encourage them to complete the online work set to the best of their ability
- It is really important that students stay at home during their rostered days to avoid increasing the risk of community transmissions
- Good hygiene is imperative and students should wash their hands regularly with soap for at least 20 seconds and follow prevention guidelines from Counties Manukau Health https://countiesmanukau.health.nz/assets/Covid-19/COVID-How-to-keep-you-and-others-safe.png

Thank you for your support and thank you to all our teachers and support staff who are working so hard to maintain akoranga during these difficult times. If you need any further advice regarding COVID-19 please go to https://covid19.govt.nz/.

Also detailed below are a list of other community support agencies:

In the event of an emergency whe	111	
Healthwise		0800 358 5453
Need to talk?	24-hour counselling text or call	1737
Youthline		0800 376 633 / Text free234
Depression Helpline		0800 111 757/Free text 4202
Anxiety Help Line		0800 111 757
WHAT'S UP	www.whatsup.co.nz (online chat)	0800 942 8787
Suicide Prevention Helpline	0508ТАЦТОКО	0508 828 865
Rainbow Youth (Queer Support)	www.rainbowyouth.org.nz	09 376 4155
Netsafe	text/cyber bullying	0508 638 723
Samaritan	24/7 Counselling support	0800 726 666
Family Services	www.familyservices.govt.nz	0800 211 211

Everyone will appreciate that the situation is fast changing therefore we will be in touch later this week with our plan for week 10 (Monday 30 March – Friday 3 April).

Please keep checking our Facebook, website and emails for the latest updates.

Just a reminder as posted last night, those with compromised immunity and certain existing medical conditions are asked to remain at home as much as they can from now on and avoid any non-essential travel. Staff, children and young people in schools and early learning services are therefore asked to follow this advice.

High risk individuals;

While the majority of people who are confirmed with COVID-19 will experience mild to moderate symptoms, some individuals are at risk of more severe symptoms.

High risk individuals include people with underlying medical conditions, such as:

- a compromised immune system
- liver disease
- cancer
- kidney disease
- heart disease

If your rangatahi falls into one of these categories please contact the school attendance office on 0800 102 132 or email attendance@manurewa.school.nz

Kia kaha, stay safe and please follow the 'how to keep yourself (and others) safe from COVID-19' guidelines.

Ngaa mihi

Pete Jones

Principal

Manurewa High School