HIGH SCHOOL TE AKA PARATAN VINTUAL SCHOOL PLAN

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Te Aka Paerangi aa Kura Introduction

Kia ora MHS Students, COVID-19 is again creating disruption to our school, education and the communities we live in. However, disruption continues to create opportunity.

At Manurewa High School we want to use this opportunity to support all of you to continue receiving a great learning experience from your teachers, whilst managing your Hauora and feeling connected to and engaged with your learning.

Because of the nature of our context and the whanaungatanga we have at our school, many of you are already really good at connecting and collaborating. With all of us having to adjust to working from home again we have another opportunity to further grow our digital collaboration and eLearning skills.

This Playbook shares some of the things we've learnt through the first lockdown and provides tools, tips, guidance and expectations to help keep you feeling connected and engaging with the best possible learning experiences and opportunities we can provide.



Manurewa High School

Vision Statement:

Piki atu ki te rangi, Aim High, Strive for Excellence

Mission Statement:

To grow a community of learners to 'Be the ManuREWA Way' by living our values of Respect, Excellence, Whanaungatanga and Akoranga. Aakonga who will leave us happy, confident and proud.

Waikato Tainui Kawenata:

We as a school community are committed to our Kawenata agreement with Waikato Tainui working in partnership to meet the educational aspirations of the iwi for our rangatahi.

Kaahui Ako o Manurewa:

We as a school community are committed to working with our Kaahui Ako o Manurewa to meet the achievement challenges we have collaboratively developed;

- 1. To improve achievement through the development and sustaining of cultural identity
- 2. To improve achievement by increasing student and whaanau engagement through effective transition across Te Kaahui Ako o Manurewa

Kaahui Ako o Manurewa

3. To improve achievement by developing an integrated approach to learning through the application of S.T.E.A.M.

Our Kawa:

- · we believe in our vision and strive for our mission
- · we have aroha for our school community and put them at the centre of all our decisions
- · we show manakitanga and promote Hauora
- · we are open and respectful in our communication and feedback
- · we provide opportunities for leadership
- we believe in and see the potential for all our aakonga
- · we are reflective and work with a growth mindset
- we believe that akoranga never stops
- we encourage empathy and strive for equity
- we share and celebrate success

Our Learner Profile remains really important for you to evidence



Have a Lockdown Routine

A good way to cope during lockdown is to set a routine for yourself and/or with your whaanau.



Learn from your first lockdown experience, use some of the tips below and challenge yourself to **stay engaged with YOUR learning** :

- Wake up at the same time every day
- Do something to move or exercise
- Stretch
- Gratitude write down or think about 3 things you are grateful for
- Be kind pay someone in your bubble a compliment
- Clean something each day (a cupboard, a room) and/or complete a chore
- Have something to eat

https://www.mentalhealth.org.nz/home/ways-to-wellbeing/

Virtual Lessons

The Virtual Meeting Norms also apply to lessons so please read.

Whakawhanaungatanga is still a great way to start a virtual lesson and makes sure you check in with everyone before getting on with the lesson.

There are lots of creative ways you can do this e.g. icebreaker questions, highlight of the day, share snapchat mood photos, show & tell etc.



- Join the meeting early: if you are late, join without disruption
- Turn on your video unless you are asked not to (or say hello at the beginning)
- Mute your mic when not speaking
- Use the chat function if your mic does not work
- Send a chat to the presenter if you cannot hear them (or they are cutting in and out)
- If you are called away, exit the meeting and email the presenter
- Be KIND and RESPECTFUL

Collaboration – get familiar with our tools!



Schoology is our Learning Management System that has all your Courses, Learning Resources, collaboration tools, Assignment and Assessment functions.

Please continue to develop your confidence with using Schoology, because it is a key part of your learning. If you need help talk to one of your friends or your Kaitiaki.

Here is a link to a guide for using Schoology <u>https://support.schoology.com/hc/en-us/articles/201001313-</u> <u>Student-Guide</u>

Collaboration – get familiar with our tools!



Education Perfect is another online learning platform we use to collaborate and facilitate student learning.

Your Teacher will set lessons for you, which will include explanations, practice tasks and short tests which checks your understanding and gives you immediate feedback. This allows teachers to track your individual progress and set tasks appropriate to your level of understanding.

Here is the link to our guide on using Education Perfect https://help.educationperfect.com/article/86-getting-started-for-students

Hauora



We know uncertainty and anxiety about the personal impact of COVID-19, along with the effects on the economy, will make adjusting to working virtually again even greater.

If you need confidential support or are concerned about one of your firends contact Hiltrud our Head of Guidance via email <u>egl@manurewa.school.nz</u> or ring/text her on 021 271 8316.

Hauora & Mindfulness support is also available from Claire Stapleton <u>su@manurewa.school.nz</u> and there are many online resources such as: <u>https://lifelabslearning.com/lab/anxiety-busting-hacks/</u>

Look after yourself, your whaanau and your friends.

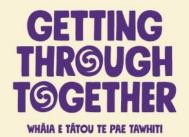


Hauora Resources

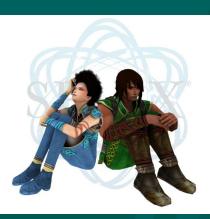




Aroha is an informational chatbot available through email and Facebook Messenger. It includes evidencebased activities for managing stress and gives practical ideas to maintain social connections, stay calm, active and well. Simply click on the tiny link that is available in Schoology or on our Facebook Page.



Getting through together – Whāia E Tātou Te Pae Tawhiti is a national mental health and wellbeing campaign brought to you by the team at <u>All Right?</u> They have three core messages underlying their work: Distance, not distant. Isolation, not isolated. Aroha from afar. Jump online to check out what they have to offer at <u>www.mentalhealth.org.nz</u>.



SPARX is a computer program that helps young people if you're feeling anxious, stressed or need support with mild depression. It is developed by young people for your people alongside researchers from Auckland University. SPARX can help students learn how to have Smart, Positive, Active, Realistic, X-factor thoughts. Simply go to www.sparx.org.nz to get started.

Hauora Resources



& netsafe

WE HELP KEEP PEOPLE SAFE ONLINE

Netsafe is New Zealand's independent, non-profit online safety organisation. They are able to support you and others who are experiencing cyber bullying or unsafe behaviour when online. To report any concerns that you have about inappropriate online behaviour please go to <u>www.netsafe.org.nz</u>.

You can report all kinds of harm... Harm to you. Harm to another person. Harm to your community.

#saysomething

Stymie is an anonymous harm reporting tool that we at Manurewa High School are proactively using to support our students. To report any harm that is happening to you, another person or out in our community, jump on <u>www.stymie.co.nz</u>.

Hauora Resources







We are working in collaboration with Le Va to support our students, staff, whaanau and community. Check out the online programmes and support available at <u>www.leva.co.nz</u>.

#CatchYourself

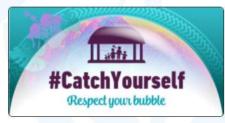
Supporting communities to have respectful relationships in times of distress.

Suicide prevention

Igniting communities, supporting solutions, preventing suicide.

Violence prevention

Equipping Pasifika young people and their families to live violence-free.





ATU MAI

FLO: Pasifika for life

Equipping Pasifika families & communities to prevent suicide.



Mental Wealth

Learning how to look after your mental health creates "Mental Wealth".



Engaging Pasifika

New Zealand's national Pasifika cultural competency training programme.



Hauora Contacts



Below are some places that you can contact should you or your whaanau need further support at this time. There are also some online places and spaces you can reach out to:

In the event of an emergency where time is critical call		111
Healthwise		0800 358 5453
Need to talk?	24-hour counselling text or call	1737
Youthline		0800 376 633 / Text free234
Depression Helpline		0800 111 757/Free text 4202
Anxiety Help Line		0800 111 757
WHAT'S UP	www.whatsup.co.nz (online chat)	0800 942 8787
Suicide Prevention Helpline	0508TAUTOKO	0508 828 865
Rainbow Youth (Queer Support)	www.rainbowyouth.org.nz	09 376 4155
Netsafe	text/cyber bullying	0508 638 723
Samaritan	24/7 Counselling support	0800 726 666
Family Services	www.familyservices.govt.nz	0800 211 211

Manurewa High School COVID-19 Student Expectations re working from home to stay engaged with learning & maintain positive Hauora:

General Expectations:

- Put your health and your whaanau first
- Try and set a routine to complete set tasks on Schoology / Education Perfect while at home. As a suggestion, it could be similar to your school timetable
- If one of your teachers arranges a live online lesson it will be during your normal timetabled lesson time that day
- As a whaanau you can decide which hours of the day is most appropriate or convenient
- We do not expect you to sit all day completing work. Do at least one task per course per day
- Online learning does require a greater level of self-management please aim to have a learning routine that fits into the rhythm of your day
- We encourage you all to exercise a level of self-discipline in keeping the learning on-going so you can Piki Atu Ki Te Rangi.

Manurewa High School COVID-19 Student Expectations re: working from home to stay engaged with learning & maintain positive Hauora:

Kaitiaki – focus looking after your pastoral needs

• Your Kaitiaki will focus on supporting your Hauora. This will include checking in with you every week.

Learner Profile – focus uploading evidence

 This is another opportunity for you to continue to upload relevant evidence onto your Schoology learner profile portfolio. It will be really awesome to see you reflecting on your experience during this historical period in Aotearoa's history. We are sure you will look back at this time as you get older and having a record of this period to share your talanoa with your mokopuna will be special and unique.

Online Learning – focus engage with your learning

- Staff have set work for all of your courses on Schoology and/or Education Perfect.
- If you do not have a device please email <u>byod@manurewa.school.nz</u> or **text** 021 277 8995. Please include your name, Kaitiaki class and ID number in the email/text.

Assessments

• We understand the importance of assessment but please do not stress about them. Follow the advice of your teacher and again we will make provisions when school returns to complete them.

Success strategies

The top 10 below (in no specific order) are emerging themes that build success in our school and are still relevant in an online learning context:

- 1. Positive and respectful relationships
- 2. Learning connections to your culture and community
- 3. Utilising external education, community and business networks (now in an online and bubble context)
- 4. The physical & visual learning environment (applied creatively at home & online)
- 5. Students feeling safe and sharing your prior knowledge
- 6. Positive communications (with teachers, other students & whaanau)
- 7. Piki atu ki te rangi, high expectations around our values & your achievement
- 8. Attendance (engagement with online learning)
- 9. Digital fluency and ability to problem solve
- 10. Student resilience, motivation, passion, leadership, self-awareness, mindset and empathy

Use the opportunity to reference how your online learning experiences explicitly connect with our learner profile.



Additional Online Learning Resources

BYOD Software and Documentation • Manurewa

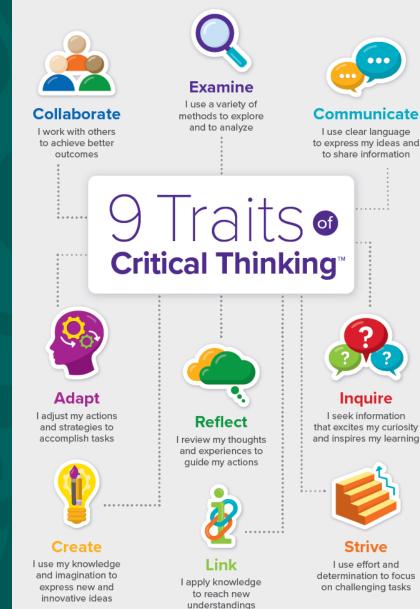
High School

PREY - Free software to locate your device if it goes missing or is stolen.: Adobe Reader - Free Software to display PDF's <u>www.manurewa.school.nz</u>

Schools are closed Minds are wide open

Free educational resources and websites http://www.amazingeducationalresources.com/

https://wideopenschool.org/programs/educator/6-12/



Additional Online Learning Resources

Auckland Libraries offers free access

to eCollections and eResources suitable for secondary school students at a range of learning levels, including resources for students with additional learning needs. These include safe and secure free access to:

<u>eBooks</u> (fiction, non-fiction and graphic novels by NZ and international authors) <u>eAudiobooks</u> (including read-alongs useful for students with learning difficulties and ESOL students) <u>databases for students</u> covering a range of subjects and at different levels, including video and audio content <u>AnyQuestions</u> online chat reference service for Y1-Y13 students staffed by NZ librarians and funded by MOE - open Mon-Fri 1pm-6pm, termtime and school holidays

<u>Many Answers</u> curated collections of resources on NZ Curriculum topics - available 24/7

<u>eNewspapers</u> from 100 countries in 56 languages

<u>Streaming films</u> with a wide range of New Zealand and international movies and documentaries

movies and documentaries

Kura Heritage Collections photographic databases

Students and teachers can access our eCollections with a standard library membership. If they're not already members, they can join up online via our new <u>eMembership</u> – all each person needs is an email address to get set up and ready to use and share all the eResources we have. Schools are closed Minds are wide open

Key Contacts:

Pete Jones 021 277 8268 je@manurewa.school.nz Principal Manurewa High School

Michelle Hards <u>hm@manurewa.school.nz</u> NZQA & NCEA

Nichola McCall mn@manurewa.school.nz Pounamu Whaanau Deputy Principal & Maori Whaanau support

Donella McPherson <u>mp@manurewa.school.nz</u> Te Ao Maarama Whaanau Deputy Principal / KAMAR / Reports

Lawrence Naicker <u>nr@manurewa.school.nz</u> Kootuku Whaanau Deputy Principal / BYOD / Education Perfect / Schoology

For IT technical support use servicedesk@manurewa.school.nz

Pennie Otto <u>op@manurewa.school.nz</u> Ahi Whaanau Deputy Principal / Pacific Peoples Whaanau support

Katie Spraggon <u>sp@manurewa.school.nz</u> Deputy Principal i/c Student Support Services

Hiltrud Egle 021 271 8316 egl@manurewa.school.nz Student confidential Guidance referrals

Claire Stapleton <u>su@manurewa.school.nz</u> Hauora / Mindfulness support

Tracey Stanners <u>sta@manurewa.school.nz</u> School Nurse

Steve Perks <u>pk@manurewa.school.nz</u> Trades Academy

Our People

He aha te mea nui ki tēnei ao? Māku e ki atu. He tangata, he tangata, he tangata. What is the most important thing in the world? would reply that it is le, people.

Platform for Shaping the Future of the New Economy and Society

Schools of the Future

Defining New Models of Education for the Fourth Industrial Revolution

During 2020 our world has changed, now more than ever we need to be agile critical thinkers and problem solvers. Be prepared to adapt and develop new ways of working and learning to enable you to 'Piki atu ki te rangi' in the future world that lies ahead programming, digital

January 2020



Eight critical characteristics in learning content and experiences have been identified to define high-guality learning in the Fourth Industrial Revolution — "Education 4.0":

- Global citizenship skills: Include content that focuses on building awareness about the wider world, sustainability and playing an active role in the global community.
- 2. Innovation and creativity skills: Include content that fosters skills required for innovation, including complex

responsibility and the use of technology.

- 4. Interpersonal skills: Include content that focuses on interpersonal emotional intelligence, including empathy, cooperation, negotiation, leadership and social awareness.
- Personalized and self-paced learning: Move from a system where learning is standardized, to one based on the diverse individual needs of each learner, and flexible enough to enable each learner to progress at their own pace.
- Accessible and inclusive learning: Move from a system where learning is confined to those with access to school buildings to one in which everyone has access to learning and is therefore inclusive.
- 7. Problem-based and collaborative learning: Move from process-based to project- and problem-based content delivery, requiring peer collaboration and more closely mirroring the future of work.

Qifelong and student-driven learning: Move from a nexisting skills and polytes new ones based on their individual needs.