

# KARAKIA WHAKAMUTUNGA

**UNUHIA, UNUHIA**

DRAW ON, DRAW ON,

**UNUHIA KI TE URU TAPU NUI**

DRAW ON THE SUPREME SACREDNESS

**KIA WAATEA, KIA MAAMAA, TE NGAAKAU,  
TE TINANA, TE WAIRUA I TE ARA TAKATAA**

TO CLEAR, TO FREE THE HEART, THE BODY AND THE  
SPIRIT OF MANKIND

**KOIA RAA E RONGO,  
WHAKAIRIA AKE KI RUNGA**

RONGO, SUSPENDED HIGH ABOVE US (I.E. IN 'HEAVEN')

**KIA TINA! TINA! HUI E! TAAIKI E!**

DRAW TOGETHER! AFFIRM!