

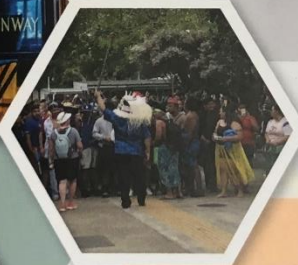
MANUREWA HIGH SCHOOL

Te Aka Paerangi aa Kura Virtual School Playbook

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Te Aka Paerangi aa Kura

Introduction

Kia ora MHS Students, COVID-19 is again creating disruption to our school, education and the communities we live in. However, disruption continues to create opportunity.

At Manurewa High School we want to use this opportunity to support all of you to continue receiving a great learning experience from your teachers, whilst managing your Hauora and feeling connected to and engaged with your learning.

Because of the nature of our context and the whanaungatanga we have at our school, many of you are already really good at connecting and collaborating. With all of us having to adjust to working from home again we have another opportunity to further grow our digital collaboration and eLearning skills.

This Playbook shares some of the things we've learnt through the previous lockdowns and provides tools, tips, guidance and expectations to help keep you feeling connected and engaging with the best possible learning experiences and opportunities we can provide.

A reminder that our Vision, Values & Kawa are as important in the virtual world as they are at school



Manurewa High School

Vision Statement:

“Piki atu ki te rangi”, Aim High, Strive for Excellence

Mission Statement:

To grow a community of learners to ‘Be the ManUREWA Way’ by living our values of Respect, Excellence, Whaanaungatanga and Akoranga. Aakonga who will leave us happy, confident and proud, embodying our learner profile.

Waikato Tainui Kawenata:

We as a school community are committed to our Kawenata agreement with Waikato Tainui working in partnership to meet the educational aspirations of the iwi for our rangatahi.

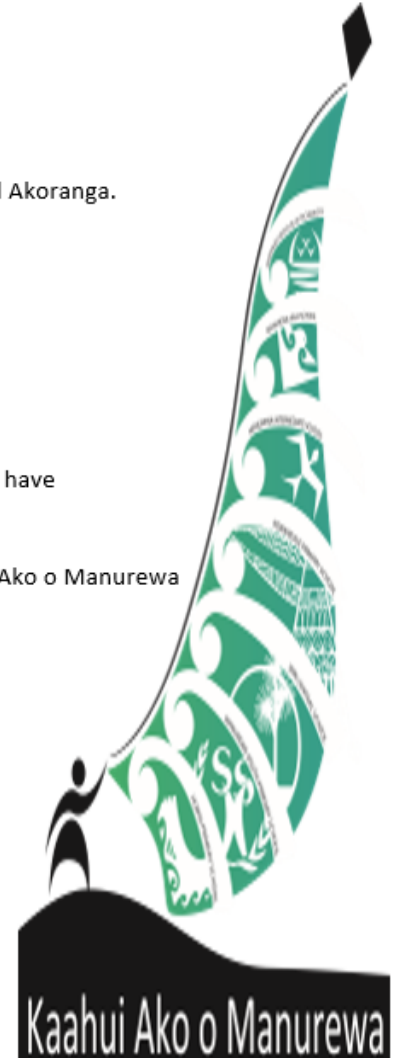
Kaahui Ako o Manurewa:

We as a school community are committed to working with our Kaahui Ako o Manurewa to meet the achievement challenges we have collaboratively developed;

1. To improve achievement through the development and sustaining of cultural identity
2. To improve achievement by increasing student and whaanau engagement through effective transition across Te Kaahui Ako o Manurewa
3. To improve achievement by developing an integrated approach to learning through the application of S.T.E.A.M.

Our Kawa:

- we believe in our vision and strive for our mission
- we have aroha for our school community and put them at the centre of all our decisions
- we show manaakitanga and promote Hauora
- we are open and respectful in our communication and feedback
- we provide opportunities for leadership
- we believe in and see the potential for all our aakonga
- we are reflective and work with a growth mindset
- we believe that akoranga never stops
- we encourage empathy and strive for equity
- we share and celebrate success



Our Learner Profile remains really important for you to evidence



Have a Lockdown Routine

A good way to cope during lockdown is to set a routine for yourself and/or with your whaanau.



Learn from your first lockdown experience, use some of the tips below and challenge yourself to **stay engaged with YOUR learning** :

- Wake up at the same time every day
- Do something to move or exercise
- Stretch
- Gratitude - write down or think about 3 things you are grateful for
- Be kind – pay someone in your bubble a compliment
- Clean something each day (a cupboard, a room) and/or complete a chore
- Have something to eat

<https://www.mentalhealth.org.nz/home/ways-to-wellbeing/>

Virtual Lessons

The Virtual Meeting Norms also apply to lessons so please read.

Whakawhanaungatanga is still a great way to start a virtual lesson and makes sure you check in with everyone before getting on with the lesson.

There are lots of creative ways you can do this e.g. icebreaker questions, highlight of the day, share snapchat mood photos, show & tell etc.



- Join the meeting early; if you are late, join without disruption
- Turn on your video unless you are asked not to (or say hello at the beginning)
- Mute your mic when not speaking
- Use the chat function if your mic does not work
- Send a chat to the presenter if you cannot hear them (or they are cutting in and out)
- If you are called away, exit the meeting and email the presenter
- Be KIND and RESPECTFUL

Collaboration – get familiar with our tools!



Schoology is our Learning Management System that has all your Courses, Learning Resources, collaboration tools, Assignment and Assessment functions.

All students please follow this link

https://manurewa.ibcdn.nz/media/2021_02_16_updated-basic-resource.pdf for further instructions on how to access our platforms and to complete your eREWA certificate on Schoology.

Please continue to develop your confidence with using Schoology, because it is a key part of your learning. If you need help talk to one of your friends or your Kaitiaki.

Here is a link to a guide for using **Schoology**

<https://support.schoology.com/hc/en-us/articles/201001313-Student-Guide>

Collaboration – get familiar with our tools!



Education Perfect is another online learning platform we use to collaborate and facilitate student learning.

Your Teacher will set lessons for you, which will include explanations, practice tasks and short tests which checks your understanding and gives you immediate feedback. This allows teachers to track your individual progress and set tasks appropriate to your level of understanding.

Here is the link to our guide on using **Education Perfect**

<https://help.educationperfect.com/article/86-getting-started-for-students>

Hauora



We know uncertainty and anxiety about the personal impact of COVID-19, along with the effects on the economy, will make adjusting to working virtually again even greater.

If you need confidential support or are concerned about one of your friends contact our Guidance Team via email studentsupportservices@manurewa.school.nz

Look after yourself, your whaanau and your friends.

**TAHA
WHAANAU**
FAMILY

**TAHA
TINANA**
BODY

**TAHA
HINENGAARO**
MIND

**TAHA
WAIKUA**
SPIRIT

H A U O R A

Hauora Contacts



Below are some places that you can contact should you or your whaanau need further support at this time. There are also some online places and spaces you can reach out to:

In the event of an emergency where time is critical call		111
Healthwise		0800 358 5453
Need to talk?	24-hour counselling text or call	1737
<u>Youthline</u>		0800 376 633 / Text free234
Depression Helpline		0800 111 757/Free text 4202
Anxiety Help Line		0800 111 757
WHAT'S UP	www.whatsup.co.nz (online chat)	0800 942 8787
Suicide Prevention Helpline	0508TAUTOKO	0508 828 865
Rainbow Youth (Queer Support)	www.rainbowyouth.org.nz	09 376 4155
<u>Netsafe</u>	text/cyber bullying	0508 638 723
Samaritan	24/7 Counselling support	0800 726 666
Family Services	www.familyservices.govt.nz	0800 211 211

Hauora Resources



Whakamana Ngā Tangāta
Empowering our people

Pride Project is a local community organisation who is available to support with a range of needs that any whaanau may have, including employment support, MSD advocacy, mentoring and pathway planning, support for health and wellbeing, housing advocacy, financial mentoring and assist with connections to support services. Connect with them through their Facebook page or <https://form.jotform.com/ThePrideProject/ReferralForm2021>

Hauora Resources



Updated for 2021

Food Banks & Emergency Supplies



Find food support in Counties Manukau – updated list for 2021

Mental Health & Addictions services at Counties Manukau Health have updated our list of food banks and other emergency support in South and East Auckland. This list is available at the [Counties Manukau Health](#) website.

Hauora Resources



<http://tiny.cc/aroha>
A chatbot to help young people cope with stress

#coronavirus #covid19nz #coronavirusnz

habits

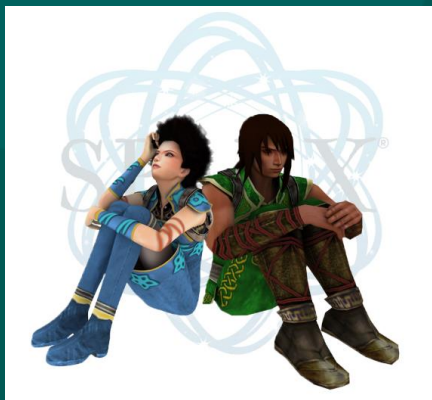
Aroha

The graphic features a green heart being held by a hand, a circular portrait of a young woman, and the 'habits' logo.

Aroha is an informational chatbot available through email and Facebook Messenger. It includes evidence-based activities for managing stress and gives practical ideas to maintain social connections, stay calm, active and well. Simply click on the tiny link that is available in Schoology or on our Facebook Page.

**GETTING
THROUGH
TOGETHER**
WHĀIA E TĀTOU TE PAE TAWHITI

Getting through together – Whāia E Tātou Te Pae Tawhiti is a national mental health and wellbeing campaign brought to you by the team at All Right? They have three core messages underlying their work: Distance, not distant. Isolation, not isolated. Aroha from afar. Jump online to check out what they have to offer at www.mentalhealth.org.nz.



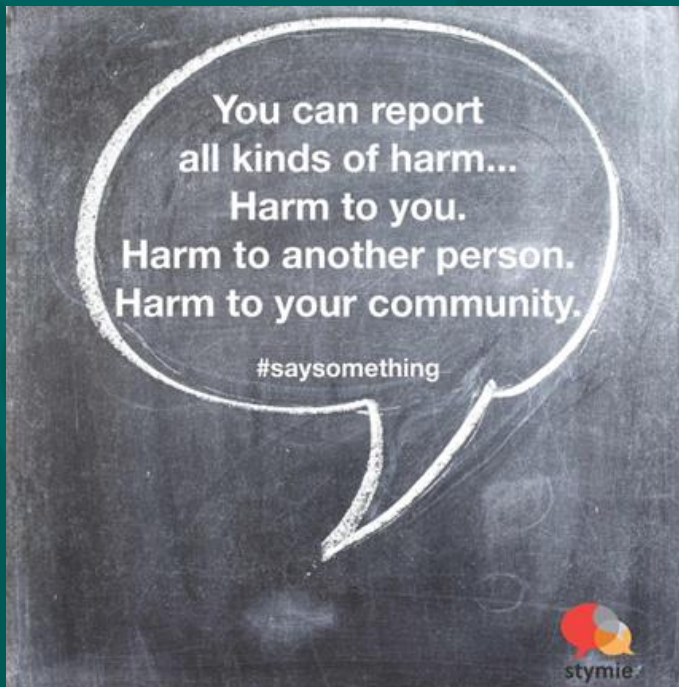
SPARX is a computer program that helps young people if you're feeling anxious, stressed or need support with mild depression. It is developed by young people for your people alongside researchers from Auckland University. SPARX can help students learn how to have Smart, Positive, Active, Realistic, X-factor thoughts. Simply go to www.sparx.org.nz to get started.

Hauora Resources



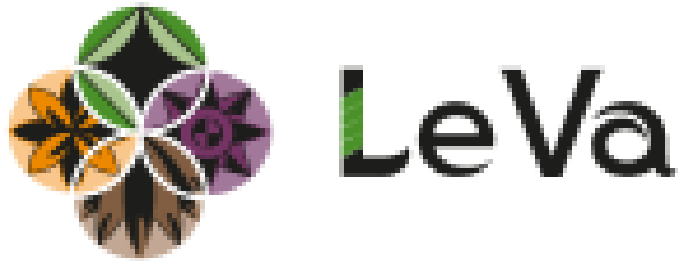
WE HELP KEEP PEOPLE SAFE ONLINE

Netsafe is New Zealand's independent, non-profit online safety organisation. They are able to support you and others who are experiencing cyber bullying or unsafe behaviour when online. To report any concerns that you have about inappropriate online behaviour please go to www.netsafe.org.nz.



Stymie is an anonymous harm reporting tool that we at Manurewa High School are proactively using to support our students. To report any harm that is happening to you, another person or out in our community, jump on www.stymie.co.nz.

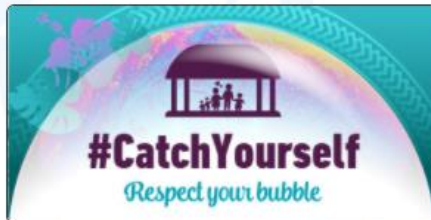
Hauora Resources



We are working in collaboration with Le Va to support our students, staff, whaanau and community. Check out the online programmes and support available at www.leva.co.nz.

#CatchYourself

Supporting communities to have respectful relationships in times of distress.



Suicide prevention

Igniting communities, supporting solutions, preventing suicide.



Violence prevention

Equipping Pasifika young people and their families to live violence-free.



FLO: Pasifika for life

Equipping Pasifika families & communities to prevent suicide.



Mental Wealth

Learning how to look after your mental health creates "Mental Wealth".



Engaging Pasifika

New Zealand's national Pasifika cultural competency training programme.



Manurewa High School COVID-19 Student Expectations re working from home to stay engaged with learning & maintain positive Hauora:

General Expectations:

- Put your health and your whaanau first
- Try and set a routine to complete set tasks on Schoology / Education Perfect while at home. As a suggestion, it could be similar to your school timetable
- If one of your teachers arranges a live online lesson it will be during your normal timetabled akoranga block that day
- As a whaanau you can decide which hours of the day is most appropriate or convenient
- We do not expect you to sit all day completing work. Do at least one task per course per day
- Online learning does require a greater level of self-management – please aim to have a learning routine that fits into the rhythm of your day
- We encourage you all to exercise a level of self-discipline in keeping the learning on-going so you can Piki Atu Ki Te Rangi.

Manurewa High School COVID-19 Student Expectations re: working from home to stay engaged with learning & maintain positive Hauora:

Kaitiaki – focus looking after your pastoral needs

- Your Kaitiaki will focus on supporting your Hauora. This will include checking in with you every week.

Learner Profile – focus uploading evidence

- This is another opportunity for you to continue to upload relevant evidence onto your Schoology learner profile portfolio. It will be really awesome to see you reflecting on your experience during this historical period in Aotearoa's history. We are sure you will look back at this time as you get older and having a record of this period to share your talanoa with your mokopuna will be special and unique.

Online Learning – focus engage with your learning

- Staff have set work for all of your courses on Schoology and/or Education Perfect.
- If you do not have a device please email byod@manurewa.school.nz. Please include your name, Kaitiaki class and ID number in the email.

Assessments

- We understand the importance of assessment but please do not stress about them. Follow the advice of your teacher and again we will make provisions when school returns to complete them.

Success strategies

The top 10 below (in no specific order) are emerging themes that build success in our school and are still relevant in an online learning context:

1. Positive and respectful relationships
2. Learning connections to your culture and community
3. Utilising external education, community and business networks (now in an online and bubble context)
4. The physical & visual learning environment (applied creatively at home & online)
5. Students feeling safe and sharing your prior knowledge
6. Positive communications (with teachers, other students & whaanau)
7. Piki atu ki te rangi, high expectations around our values & your achievement
8. Attendance (engagement with online learning)
9. Digital fluency and ability to problem solve
10. Student resilience, motivation, passion, leadership, self-awareness, mindset and empathy

Use the opportunity to reference how your online learning experiences explicitly connect with our learner profile.



Additional Online Learning Resources

BYOD Software and Documentation • Manurewa High School

PREY - Free software to locate your device if it goes missing or is stolen.: Adobe Reader - Free Software to display PDF's
www.manurewa.school.nz

Schools are closed
Minds are wide open

Free educational resources and websites

<http://www.amazingeducationalresources.com/>

<https://wideopenschool.org/programs/educator/6-12/>



Additional Online Learning Resources

Auckland Libraries offers free access to eCollections and eResources suitable for secondary school students at a range of learning levels, including resources for students with additional learning needs. These include safe and secure free access to:

eBooks (fiction, non-fiction and graphic novels by NZ and international authors)

eAudiobooks (including read-alongs useful for students with learning difficulties and ESOL students)

databases for students covering a range of subjects and at different levels, including video and audio content

AnyQuestions online chat reference service for Y1-Y13 students staffed by NZ librarians and funded by MOE - open Mon-Fri 1pm-6pm, termtime and school holidays

Many Answers curated collections of resources on NZ Curriculum topics - available 24/7

eNewspapers from 100 countries in 56 languages

Streaming films with a wide range of New Zealand and international movies and documentaries

Kura Heritage Collections photographic databases

Students and teachers can access our eCollections with a standard library membership. If they're not already members, they can join up online via our new eMembership – all each person needs is an email address to get set up and ready to use and share all the eResources we have.

Schools are closed
Minds are wide open

Key Contacts:

Pete Jones 021 277 8268 je@manurewa.school.nz
Principal Manurewa High School

Michelle Hards hm@manurewa.school.nz
NZQA & NCEA

Nichola McCall mn@manurewa.school.nz
Pounamu Whaanau Deputy Principal & Maori Whaanau support

Donella McPherson mp@manurewa.school.nz
Te Ao Maarama Whaanau Deputy Principal / KAMAR / Reports

Barbara Ngawati – Salaivao ng@manurewa.school.nz
Ahi Deputy Principal / Learning Support

Lawrence Naicker nr@manurewa.school.nz
Kootuku Whaanau Deputy Principal / BYOD / Education Perfect / Schoology

For IT technical support use byod@manurewa.school.nz

Pennie Otto op@manurewa.school.nz
Pacific Peoples Whaanau support

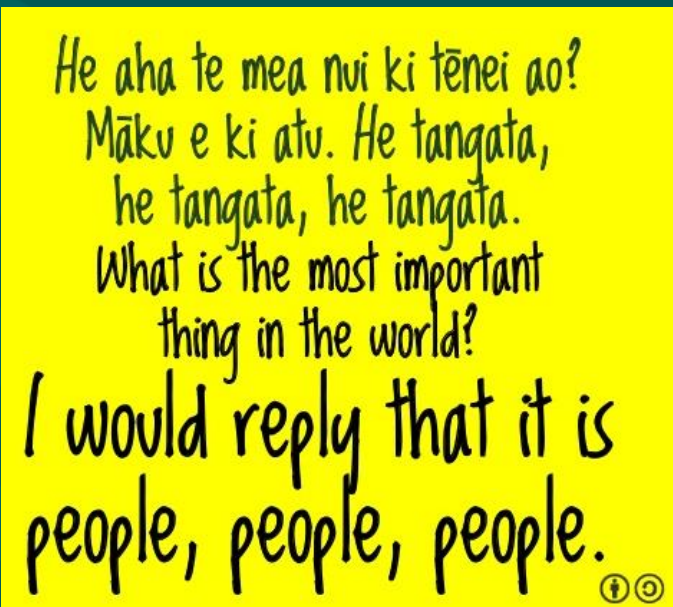
Katie Spraggon sp@manurewa.school.nz
Deputy Principal i/c Student Support Services

Guidance Team studentsupportservices@manurewa.school.nz
Student confidential Guidance referrals

Tracey Stanners healthcentre@manurewa.school.nz
School Nurse

Steve Perks tradeacademy@manurewa.school.nz Trades Academy

Our People



Schools of the Future

Defining New Models of Education for the Fourth Industrial Revolution

During 2020 our world has changed, now more than ever we need to be agile critical thinkers and problem solvers. Be prepared to adapt and develop new ways of working and learning to enable you to 'Piki atu ki te rangi' in the future world that lies ahead.

January 2020



He waka eke noa

A waka which we are all in with no exception

Eight critical characteristics in learning content and experiences have been identified to define high-quality learning in the Fourth Industrial Revolution—“Education 4.0”:

1. **Global citizenship skills:** Include content that focuses on building awareness about the wider world, sustainability and playing an active role in the global community.
2. **Innovation and creativity skills:** Include content that fosters skills required for innovation, including complex problem-solving, analytical thinking, creativity and systems analysis.
3. **Technology skills:** Include content that is based on relevant digital skills, such as programming, digital responsibility and the use of technology.
4. **Interpersonal skills:** Include content that focuses on interpersonal emotional intelligence, including empathy, cooperation, negotiation, leadership and social awareness.
5. **Personalized and self-paced learning:** Move from a system where learning is standardized, to one based on the diverse individual needs of each learner, and flexible enough to enable each learner to progress at their own pace.
6. **Accessible and inclusive learning:** Move from a system where learning is confined to those with access to school buildings to one in which everyone has access to learning and is therefore inclusive.
7. **Problem-based and collaborative learning:** Move from process-based to project- and problem-based content delivery, requiring peer collaboration and more closely mirroring the future of work.
8. **Lifelong and student-driven learning:** Move from a system where learning and skilling decrease over one's lifespan to one where learning continuously improves on existing skills and acquires new ones based on their individual needs.