



**Manurewa High School**



**2023**

**Course Information**

**Year 10**

## **Useful Information: Key questions for course selection**

### **What courses do I enjoy?**

Make sure you select courses that you enjoy doing.

### **Do I have a good chance of success in each of these courses?**

Make sure you select courses that you are good at.

### **Will I have the prerequisites for these courses?**

Make sure you select courses that you will achieve the prerequisites for - check in the relevant prerequisites course list what you need to achieve to get you on the course you want to study.

### **What does this course lead to?**

Study the learning area Posters where each course leads. You need to be sure that the course you select leads on to the further education and career pathway you want to follow.

### **University Entrance at Level 3?**

You need to be sure that the courses you select are UE approved and you fully understand the entrance requirements of the course you want to get into and the university you would like to go to.

For detailed information on possible future careers and what qualifications you need, go and make an appointment with one of our Pathways team.

Miss Joy Williams [wj@manurewa.school.nz](mailto:wj@manurewa.school.nz) or Mr Neil Craik [cra@manurewa.school.nz](mailto:cra@manurewa.school.nz) and check out the general information links below:

[www.careers.govt.nz](http://www.careers.govt.nz)

[www.schoolconnect.co.nz](http://www.schoolconnect.co.nz)

<http://fis.org.nz/databases/BreakOut.php>

<http://youthguarantee.net.nz/start-your-journey>

## Year 10 Courses

FIVE of the courses studied in Year 9 continue into Year 10. These courses are **English/Health & Physical Education/Mathematics/Science/Social Studies**.

- A choice of TWO further courses must be made on ARA. Select two courses as your preference and one course as your backup.
- Remember when you select your Year 10 courses that ABILITY, INTEREST AND FUTURE USEFULNESS are important reasons for your choices.
- Although every effort will be made to provide the courses chosen, no guarantee can be given that all will be possible. Because of the need to have classes of a certain size, some students may be asked to change if a class is too large. Similarly, if too few choose a course that class will be cancelled. Should this happen, your Whaanau Team will call you up to discuss your options.
- It is helpful to choose an option you have taken this year and that you would like to continue with at Year 11.
- Students can **only choose one** of LEA and HPS or RUG and HPS, but cannot take LEA and LPE or RUG and LPE.

Code	Name	Description
10AID	Year 10 Art Illustration and Design	Year 10 Art with Illustration and Design allows students to develop and extend the drawing and design skills learnt in year 9. Students will look at a series of units throughout the year covering different elements of illustration and design. These include anime, illustration and graffiti art. This course is suited for those students who wish to pursue the illustration and drawing side of art. Students will be given the opportunity to work towards gaining 4 Level 1 NCEA credits in a mixed media Art project, as well as learning key skills to prepare them for Level 1 Visual Art or Level 1 Art Photography and Design.
10ART	Year 10 Art Practical	Year 10 Art allows students to develop and extend skills learnt in Year 9. Students will learn practical skills in drawing, printmaking, painting, sculpture and mixed media whilst also investigating famous artists and their techniques. Students will be given the opportunity to work towards gaining 4 Level 1 NCEA credits in a mixed media Art project, as well as learning key skills to prepare them for Level 1 Visual Art or Level 1 Art Photography and Design.
10COM	Year 10 Commerce	Do you want the chance to earn money while learning about Business, Economics and Accounting? Does the idea of running your own business and learning how to be smart with your money interest you? Then 10 Commerce is the option for you! This course is a taster programme that leads into senior Business Studies, Economics and Accounting options and will equip you with the theoretical and practical skills to become New Zealand's next business CEO and Innovators (just make sure you offer us a job when you are successfully running your million dollar company).

Code	Name	Description
10DAN	Year 10 Dance	Year 10 Dance will continue to develop student's practical knowledge and skills learnt in Year 9. Students will learn a choreographed dance routine which they will perform to a live audience. They will also be given the opportunity to create their own choreographies in small group situations. An exposure to a variety of dance styles and genres throughout the year will include, Hip Hop, Body Percussion, Stomp, Contemporary and Disco. Students will learn about the elements of Dance and have the opportunity to gain 4 credits towards NCEA Level 1.
10DRA	Year 10 Drama	Year 10 Drama is a practical course where students develop their performance skills. Students will explore a variety of dramatic processes through activities using drama techniques, conventions, improvisation, stage makeup and script work. Students will have the opportunity to devise and create their own piece based on a theme or idea. Students will develop their self management and collaboration skills through working independently and as a member of a group.
10DTE	Year 10 Digital Technologies	<p>10DTE or Digital Technologies is the foundation course to learn some useful and practical skills. In this subject, you will learn how to design, edit, and manipulate images such as the photos you have taken with your mobile phones. This also include the creative technologies such as Graphic Design, Animation and Web Development and other online apps.</p> <p>This will suit a creative person like you who wants to develop original digital assets such as illustrations, digital and online visuals, ePosters, NFTS and even learn computer science and game development.</p> <p>Our learning activities involve hands-on and portfolio-based work. Learner profiles such as creativity, critical thinking and digital fluency will be developed throughout your learning journey. Projects can be used and adopted for your favourite social media and other online channels such as YouTube and Roblox.</p> <p>Yes, you can also fly and program robots and drones.</p>
10DVC	Year 10 Design Visual Communication	Using a range of drawing and presentation methods, students learn to solve a variety of challenging design problems. Students will learn basic freehand drawing skills as well as 3D computer design and apply these to a variety of work. Students will have the opportunity to work on 3 level 1 NCEA credits with a project based around rendering a final design. This forms the foundation for the NCEA courses that follow in level 1.
10ELL	Year 10 English Language Learning	This course is a full year junior course. It is designed to meet the English language learning needs of Year 10 English language learners (ESOL) students who are new to New Zealand. It is compulsory for the students who do not reach the benchmark for stage 3 of ELLP (English Language Learning Progressions) at the end of Year 9. To ensure that students develop familiarity with the topics, texts and task types they encounter in mainstream English classrooms and to be confident learners, this course will continue to give support in their study skills and literacy skills. Students will increase their understanding of word meaning and usage, English grammar and language skills needed in the curriculum areas.

Code	Name	Description
10HPS	Year 10 High Performance through Sport	In High Performance through Sport our passion for sport brings us together but our values drive us towards excellence in all areas. We stand for hard work, good people, keeping it humble and R.E.W.A hard. You will get a variety of opportunities to develop the skills, knowledge and mindset required to be a high performance athlete. This is a single line course and you may also be in an HPS kaitiaki class. If you select this option you will be called up before the end of Term 3 to complete an application form. Choose it as one of your options - if you are not accepted you will be informed and will be able to choose new options. You can also choose 10 Rugby or 10 League as your other option.
10JAP	Year 10 Japanese	In Year 10 Japanese, you will be exposed to more content and be able to express yourself in simple Japanese sentences. Topics include - Family, Friends, Food & Drinks, Daily Routine. The Food & Drinks topic will also provide the opportunity for an authentic Japanese restaurant visit, where you will be able to order in Japanese and have meaningful interactions with restaurant staff, classmates, and teacher.
10LEA	Year 10 Rugby League	In 10 Rugby League, students will learn the importance of goal setting and developing the right attitude needed to play the game of Rugby League. Building culture within the class and developing values that will align with our school values which will provide the right attitude and mindset for both on and off the field success. 10 Rugby League will also focus on high level training and coaching to develop fundamental rugby league skills. An introduction to different types of training including learning about their body and fundamental movement patterns in the weights room. This course will provide akonga leadership opportunities where they will lead the class in a coaching/training session. Looking at pathways beyond their club team and beyond school. Students will be involved in a tag tournament where they will focus on their self-management skills and ability to work as a team. This course cannot be taken with 10 Rugby Studies (10RUG) or 10 Leadership through Physical Education (10LPE). Acceptance in the course is by application and with the approval of TIC and/or HOLA.
10LPE	Year 10 Leadership through Physical Education	Year 10 Leadership through Sport focuses on building the skills and knowledge required for NCEA level 1 Physical Education. Topics include social responsibility, leading self through biophysical principles, leading others through Design a Game, sport performance and tactical games sense. Through a sports education model, students will develop communication, team work, co-operation and leadership. The course is comprised of both theory and practical assessments. This course is beneficial if you are involved in sports but not essential. You certainly need to have an interest physical activity or sport.

Code	Name	Description
10MAO	Year 10 Te Reo Maaori	<p>Students consolidate and extend basic skills learned in Year 9 while studying new topics. Topics covered include: Pepeha; Mihimihi; Whakapapa; Taku Kura; Taku Kainga; Te Marae; Tangata Rongonui; Hākinakina; and Te Whare Tapere. Skills acquired through activities using all language modes, such as:</p> <ul style="list-style-type: none"> <li>•kōrero/speaking - mihimihi, role play, giving instructions, playing games</li> <li>•whakarongo/listening - following instructions, directed listening tasks, playing games</li> <li>•pānui/reading - narratives, translations</li> <li>•tuhituhi/writing - personal information, explanations</li> </ul> <p>Learning topics could include: Ko wai au?/Who am I? - Extending our introduction of ourselves by giving greetings to various groups in the appropriate manner. Ko wai taatou?/Who are we?</p> <p>Extending our knowledge of how to communicate about our experiences at kura. Kei te Marae/At the Marae - Learning how to communicate about experiences on a Marae.</p> <p>Kei te Kaainga/At Home - Learning how to communicate about our lives at home with our whaanau.</p> <p>Te Ao Taiohi/The Teenage World - Learning how to communicate about our experiences as teenagers - social outings, hobbies and interests.</p> <p>Te Ao Haakinakina/The Sporting World - Learning how to communicate about our favourite sport or sports.</p> <p>Te Whare Tapere/The House of Entertainment - Learning about traditional Maaori games and past times.</p>
10MES	Year 10 Media Studies	<p>The course offers students the opportunities to study and complete practical and theoretical activities. We study stop motion animation and undertake a study of either comedy, horror or action film genre. This course is designed for students who are creative, enjoy using technology and have an interest in media (especially film &amp; television). The course leads to senior Media Studies which involves a strong writing element.</p> <p>What do we get to do? - Genre study - Explore camera shots, angles and story board your own idea for a short film - Make a stop motion short film from your story board - Write a film review on a film of your choice</p>

Code	Name	Description
10MUO	Year 10 Music Academy	Students will be selected for the Year 10 Music Academy class according to their Year 9 music exam results and their expertise on a Concert Band Instrument OR a proficient contemporary level of skill. This will require a formal audition at the end of Year 9. Students will work regularly as a concert band in class time, and will be required to practise in their own time. In this way they will gain the necessary technical skills to do well in NCEA Level 1 the following year. Students will also work at music theory, aural skills, and will study music works. Students will be expected to participate in itinerant lessons be part of the Concert Band, Jazz Band, or appropriate instrumental ensemble take opportunities to sit grade examinations.
10MUSG	Year 10 Music Guitar Option	This is for students who have access to a guitar to practice on and are wanting to improve their skills. This class will focus on teaching the aspects of music through performance on a guitar.
10MUSK	Year 10 Music Keyboard Option	This is for students who have access to a keyboard or piano to practice on and are wanting to improve their skills. This class will focus on teaching the aspects of music through performance on a keyboard.
10MUSS	Year 10 Music Singer/Songwriter/Choir	This is for students who enjoy and are comfortable singing and would like to write songs. In addition to the standard Year 10 music content students will learn lyric writing techniques. Students will have the opportunity to be recorded and enter competitions. Students will be expected to participate in our school choir.
10RUG	Year 10 Rugby Union	The year 10 Sports Studies Rugby Course is an in-depth exploration of all things Rugby. The topics covered include: Fitness, Individual, Unit and Team Skills, the Role of the Coach, Tournament Play, Team Analysis and the Mental Skills. All of these aspects will further enhance and develop the student in a broad and interesting manner.
10SAM	Year 10 Gagana Samoa	Are you looking for a course that will show you the amazing culture of Samoa and learn the basic language of Samoa? The Year 10 Gagana Samoa course will take you on a journey into the different language components (Speaking, Listening, Reading, and Writing), using formal language and everyday language to communicate to others, language that will be used in the restaurant trip and in class. The course will look at myths and legends and cultural "measina" of Samoa. This course is also a lead into Year 11 and senior Samoan. Topics taught: Weather and direction, Culture of Samoa, Food & Drink and Daily Routines.
10SPA	Year 10 Spanish	Step into the beautiful language of Spanish, the second most spoken language globally and one of the top romance languages of the world. There will be a focus on Spanish culture, food, Spanish culture, family and describing people. An amazing course for students who are wanting to follow through from the Year 9 Spanish course or students who are wanting to learn a new language. There will be an opportunity for students to gain Level 1 credits by completing the Spanish presentation assessment.

Code	Name	Description
10TCE	Year 10 Technology Construction Engineering	The aim of this course is to develop an appreciation of the design process and the skills required to undertake a series of challenging projects in a variety of materials. Basic Construction and Engineering skills will be studied while making the projects and these will provide students with the foundation skills needed for future study in Technology and Trades. Students will complete 3 projects over the course of the year using a range of materials, methods and skills such as wood, metal, plastics, laser cutting, joinery, lights, electronics and many more.
10TEF	Year 10 Technology Food and Nutrition	A practical based course which investigates the different areas of food technology, including nutrition, food product development, safe food handling and foods from different cultures. The course has a minimum of 3 units covered and students learn a range of skills and cooking methods to develop their understanding of this subject and develop their confidence in the kitchen. It is intended to give students a good foundation for senior courses in Food or Hospitality and Catering.
10TON	Year 10 Lea Faka-Tonga	This course is a full year course aimed at students who already have basic knowledge of the Tongan language and/or want to gain a better understanding of the Tongan language and culture. Throughout the Year 10 course students will be able to gain knowledge on familiar topics such as family, school, daily routines, and culture, and an opportunity to use the language on our restaurant trip. This course will be a lead into our Year 11 Lea Faka-Tonga course and an opportunity to gain more knowledge on the language and culture.
12MTW	Te Waharoa Intake 1	<p>Te Waharoa is intended for students Year 10 to 12 who are already taking Te Waharoa. This course is a two year programme where students have the opportunity to obtain a Level 2 National Certificate in Maaori that recognises Maaori skills and knowledge. Credits gained through Te Waharoa can also be counted towards obtaining NCEA Level 1, Level 2 and Level 3 qualifications. The course will be made up of Mau rakau (maori weaponry) credit attainment under the authority of Te Whare Tu Taua, a nationally recognized and accredited programme, incorporating Te Reo Maaori, Hauora and Tikanga Maaori. Modules will be determined by student interest and resources available within the school and community. This course requires students to be resilient and show commitment. Students will have the opportunity to obtain Level 1, 2 or 3 NZQA credits all within a Te Ao Maaori framework.</p> <p>27 credits at Level 1   34 credits at Level 2   18 credits at Level 3</p>