

**20
23**



**MANUREWA
HIGH SCHOOL**

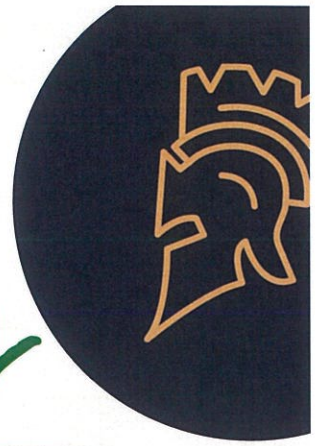
**WAANANGA
SELECTIONS
ALL STUDENTS**

YEARS

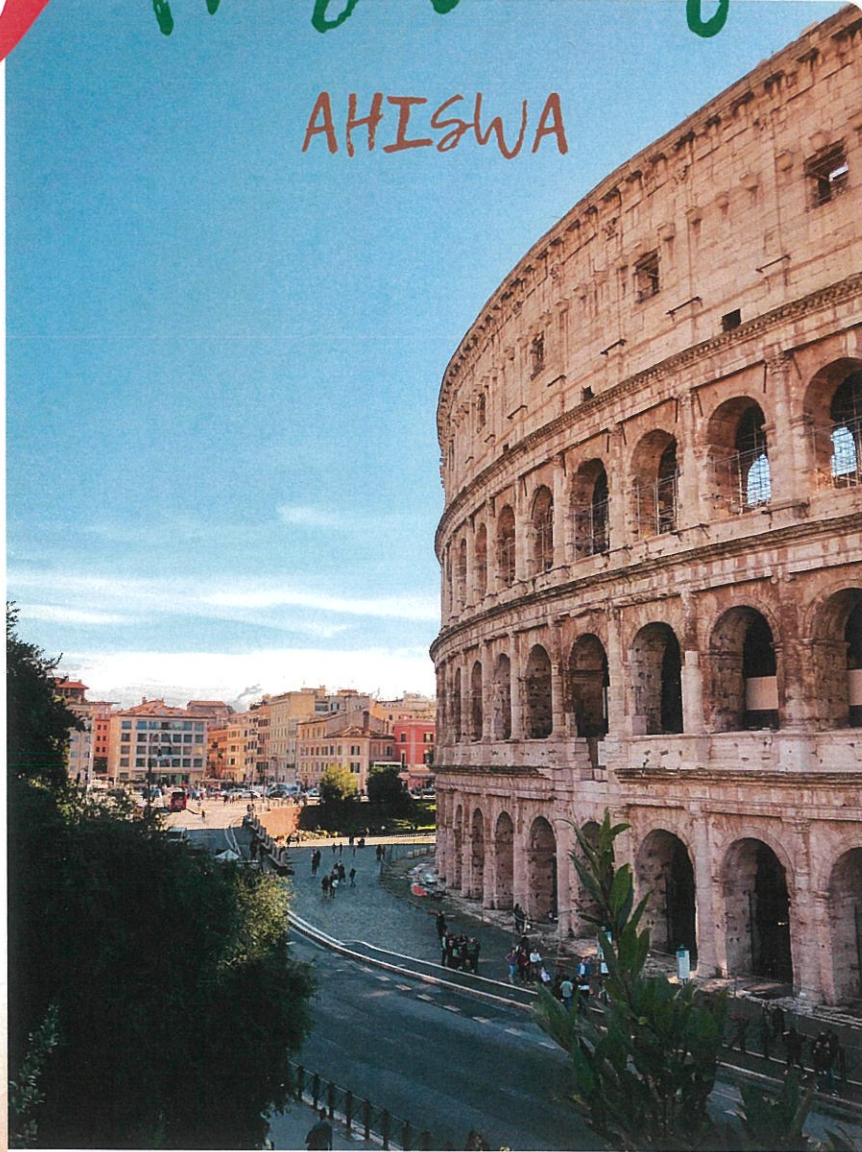
9 10 11 12 & 13



Ancient History



AHISWA



COLOSSEUM IN ROME

4-6 CLASSICS CREDITS AVAILABLE FOR SENIORS

Are you fascinated by ancient societies like Ancient Rome, Greece, and Egypt? Are you interested in gods and goddesses, gladiators and heroes, slavery and war, famous people like Julius Caesar, and amazing places you can still visit today? This wānanga will take an in-depth look at life in Ancient Rome, but you will also have the chance to explore other ancient societies of your choice. Open to all year levels.

ART HISTORY WAANANGA

CODE: ARTHISWA

OPEN TO YEAR 10 & YEAR 11'S ONLY!



INFORMATION ABOUT THIS WAANANGA

Are you interested in symbols and what they could mean in art? Are you interested in what artworks can tell us about the society that they were made in? If you've answered yes to one of the questions, then this course is for you! If you've answered no to them, come and find out what its all about!

The course explores art across different cultures, time periods, and mediums.

This is not a practical art course so you do not need to be artistic to join!

Email Miss Ly (LY@manurewa.school.nz) for more information!

OPPORTUNITIES

1. NCEA Level 1 (AS91016) Assessment - 4 credits.
2. Potential trip to the Auckland Art Gallery



AUDIOWA

Music Production and Audio Technology



**Making music and learning
about music technology.**

Make beats.

**Learn about the music
industry.**

**There is an opportunity to earn credits and enter
competitions.**

Board Games

- Build an army to take over the world
- Trade resources to build a civilisation
- Fight King Kong in Tokyo
- Virtual Reality games

OPEN TO ALL YEAR LEVELS

No credits available



Through games such as Settlers of Catan and Risk, you will collaborate with others and use your curiosity to learn new games while creating and testing strategies and tactics.

SIGN UP FOR...

THE CORPORATE EXPERIENCE

WAANANGA CODE: CORPEXWA
OPEN TO ALL YEAR LEVELS

Come learn about you!

(and a bit about this whole corporate world stuff)

We spend a lot of time studying everyone else, forgetting the person who matters most - YOU! Let us help you see the awesomeness that is you and look into why the corporate world doesn't just want, but needs people just like you.

Whether you decide to take advantage of that or not, it's totally up to you, but keep your options open!

**SA
YE** SOUTH
AUCKLAND
YOUNG
ENTREPRENEURS

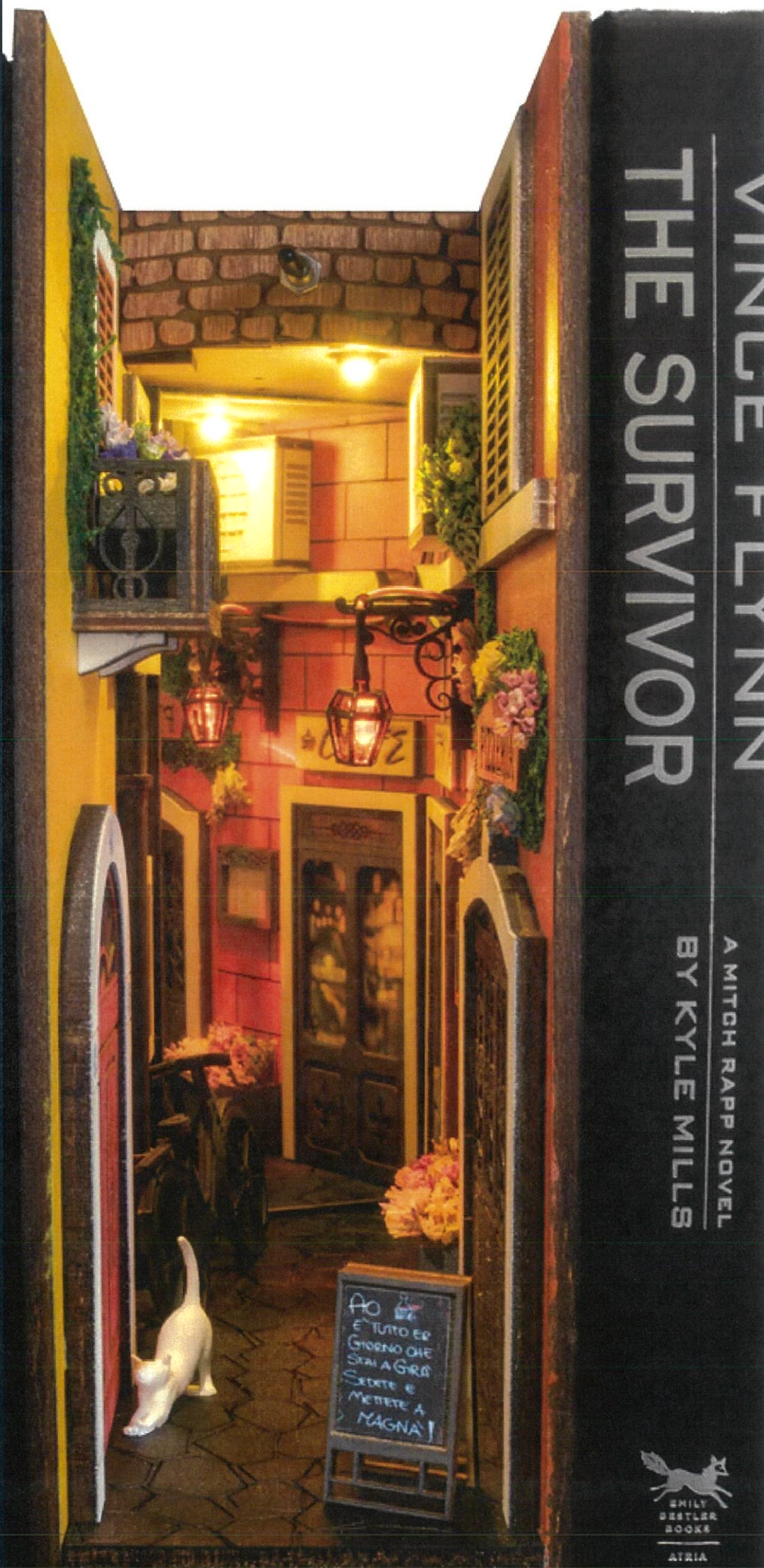
SCAN ME FOR
HIGHLIGHTS
OF A RECENT
ROTATION



Craft A Book Nook

Add a dash of wonder to your bookshelf with a 'book nook' - a tiny little room designed to fit between your books, offering the illusion of a portal into another little world. In this waananga, you will design and craft your own book nook to go home with you.

BOOKNKWA
ALL WELCOME



VINCE & LYNN
THE SURVIVOR

A MITCH RAPP NOVEL
BY KYLE MILLS

EMILY
BESTLER
BOOKS
ATRIA

Creative and Imaginative Writing for All Years

This will involve writing poems, short stories, and scripts.

It will encourage you to use your ideas and collaborate with others.

A focus will be on learning to write narratives - methods of engaging your reader; editing; bringing to conclusion with twists.

A focus will be on poetic writing, especially the shorter form.

CRWRIWA CREATIVE WRITING

I make writing as much a part of my life as I do eating or listening to music.

Maya Angelou

meetville.com

YEAR
9 - 13

**WITI
IHIMAERA**
The New Net Goes Fishing



I ♥ Creative Writing

CRUZ DE ARTE POPULAR

Folk art **cr**oss

PHOTOS



YEAR LEVEL/S:

ALL

CREDITS AVAILABLE: N/A

HIGHLIGHTS:

- Learn about this traditional folk art technique.
- Create your own folk art cross using YOUR culture as an influence.
- Exhibit your cruz in the MHS annual art exhibition.
- Sell your cruz at the MHS annual art exhibition & make some \$!

WAANANGA

ELECWA

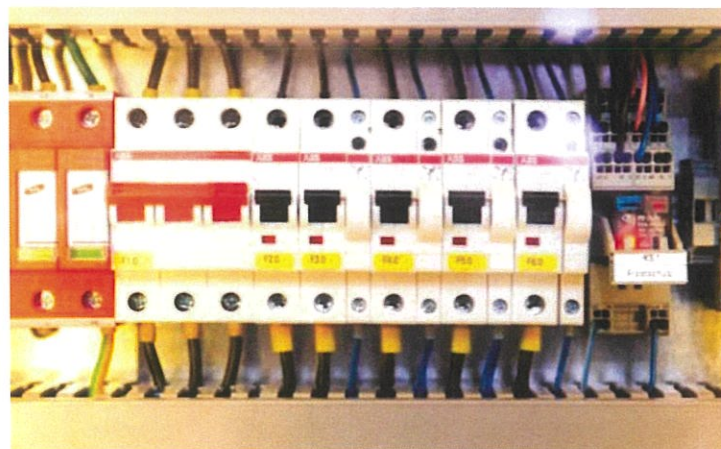
Explore concepts of electricity and keep up to date with an ever-changing industry. Electricity runs a wide range of industry and provides a career opportunity ranging from a basic electrical person to an electrical engineer. We would be covering topics, such as electrical safety, electrical principals, electrical circuits, house wiring , motors and generators, work place practices and also looking at career opportunities available. Explore courses available at EtcO training centre in Auckland.



**BECOME AN
APPRENTICE**



**GET AN
APPRENTICE**



Year Levels: All

HIGHLIGHTS: Trip to the ETCO training center, practical based lessons, however keeping safety in mind.

Caution: We would be working with live electrical circuits, therefore discipline and safety is paramount.

MANUREWA HIGH SCHOOL

DEBATE

CLUB

2023



EVERYONE WELCOME

Do you ever wish people would listen to you more? Learn to debate and you'll have people listening in no time. Develop your skills in speaking, critical thinking, and researching.

All are welcome, whether you think you're the next big lawyer or you're more interested in crafting arguments behind the scenes.

DEBATEWA

TELESCOPES? ✓
GUEST SPEAKERS? ✓
NIGHT OBSERVING? ✓
L1/L3 CREDITS? ✓
STARDOME? *

ASTROWA
demystifying the universe

years 10-13
4 credits
see ARA for details

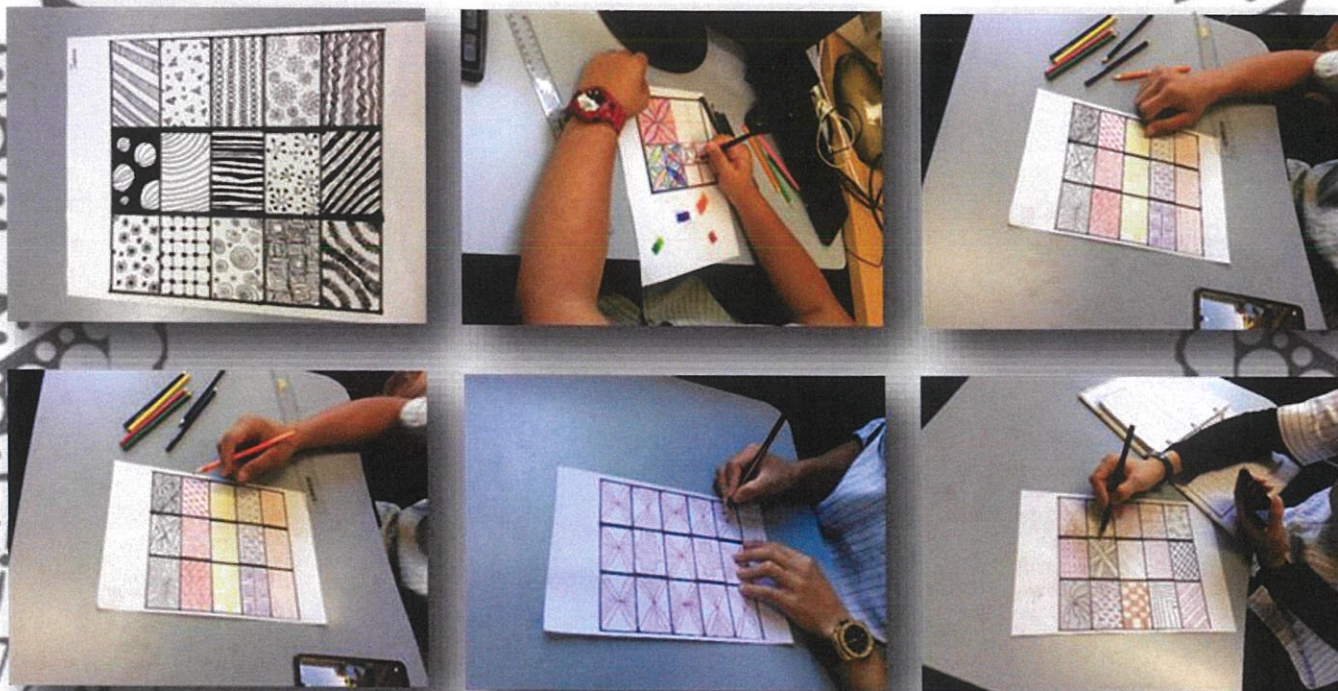


* Depending on the time of year.
Stardome is currently under renovation.
It should be open again hopefully by the middle of Term 2.

WAANANGA DOODLING

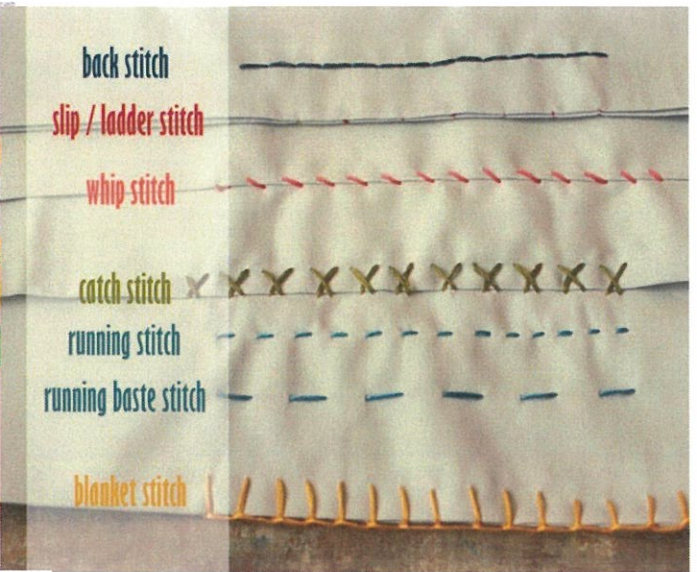
CODE: DOODWA

Available for all year levels



No credits available.

Enjoy peace and serenity as you
create personal doodling art designs.

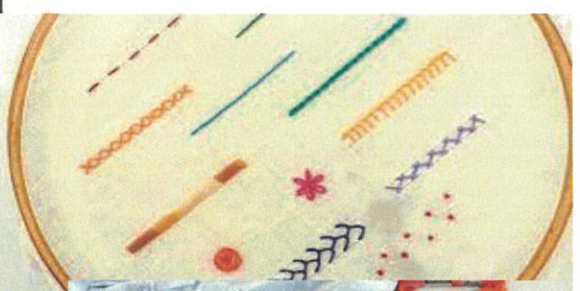


Embroidery Skills!

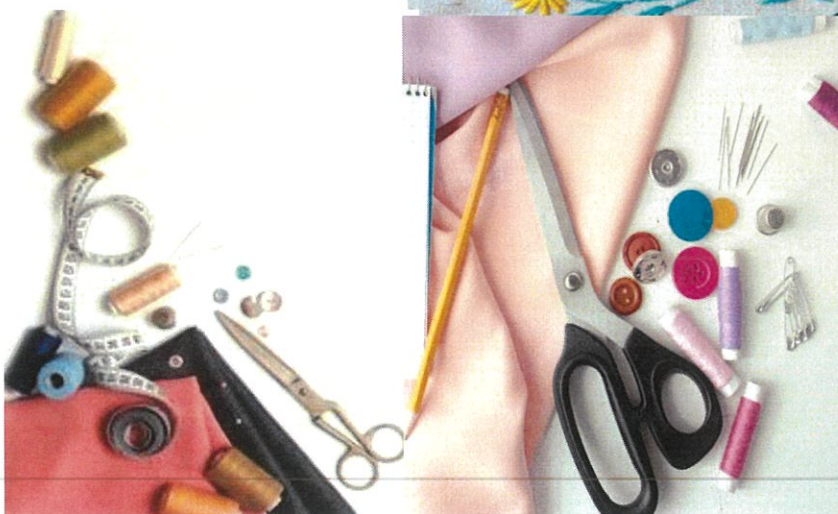
Learn how to do some simple stitches and basic sewing technique. You'll be able to create your very own designs to customise your clothes, linen and more!



Stitch It!



Sewing Tools



Denim Embroidery





ESPORTS-CREATORS

Add a little bit of body text

Esports is one of the fastest growing industries in the world. A big part of that growth comes from a massive community supporting esports content.

In the Jain tech Gaming Esports - Creators wananga, we will explore the creation of content. You will get to play the games too! Promise, but we will focus on making LIVE and edited content to education, to laugh with, and to celebrate the world of esports. This wananga will be mixed and has no prerequisites in either medi.

HERCWA

HAVE YOU SEEN THIS PERSON?

HERCULES SON OF ZEUS



Wanted for claiming to be the son of Zeus

**HELP US FIGURE OUT IF HE REALLY IS A
MAN, OR JUST A MYTH IN OUR**

HERCWA WAANANGA.

**THIS WAANANGA IS AVAILABLE TO ANY YEAR 10
OR YEAR 11 STUDENTS WHO WISH TO GAIN 6 LEVEL
1 CLASSICAL STUDIES CREDITS**

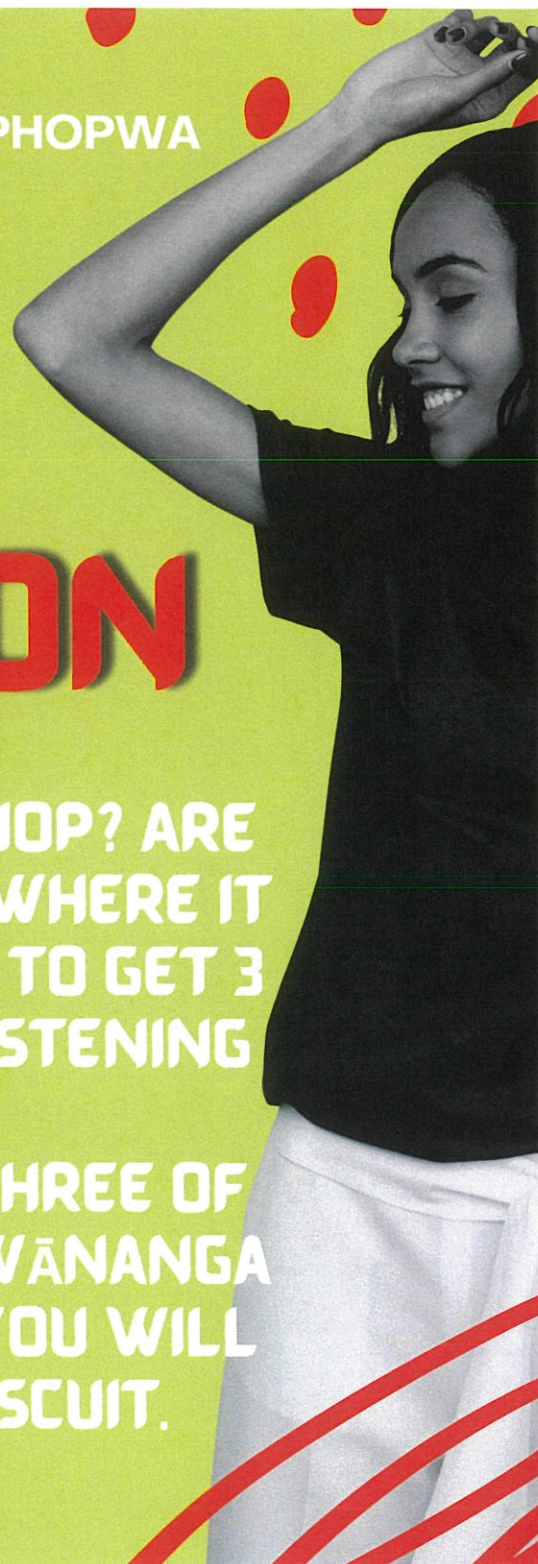


Code - HIPHOPWA

HIP HOP (R)EVOLUTION

DO YOU LIKE LISTENING TO HIP HOP? ARE YOU INTERESTED IN WHEN AND WHERE IT ALL STARTED? WOULD YOU LIKE TO GET 3 NCEA LEVEL 1 CREDITS WHILE LISTENING TO FLY MUSIC?

IF THE ANSWER IS YES TO ALL THREE OF THESE QUESTIONS - THEN THIS WĀNANGA MIGHT JUST BE FOR YOU - BUT YOU WILL HAVE TO RISK IT TO GET THE BISCUIT.



INDIAN FUSION

CODE:INDFUSWA

Term 1- Polyfest & Terms 2 - 4 varied cultural learning and practice in traditional & contemporary dancing, singing, speaking & writing based on experiences. "Let's get together & share our Cultural Diversity"

PHOTOS

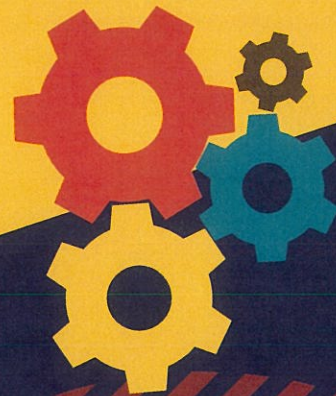


YEAR LEVEL/S: 9, 10, 11, 12 & 13

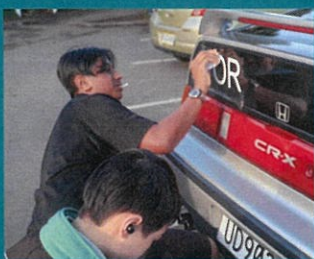
HIGHLIGHTS:

You get to work in group, assist in choosing the costumes (colour & design). You get to assist with the actions of the dance. 2023 theme is The theme for 2023 is Mana Motuhake – Creating One's Own Destiny... , so you get to bring in the taste of your culture. It is all about having fun in our kura. As the year progresses, we will look into the cultural aspects of actions mean, how can we utilise them for our hauora.....

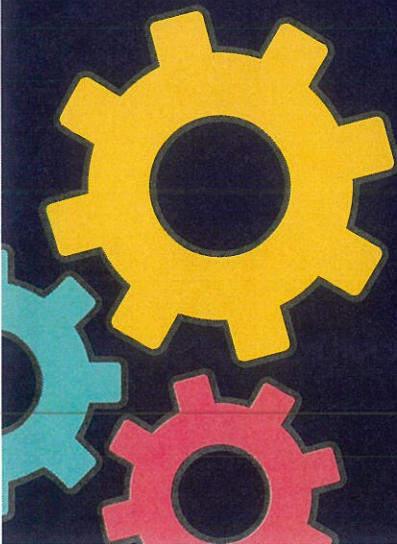
WE ARE ALL MAKERS



JAM IN THE MAKERSPACE
MAKERWA
ALL YEAR LEVELS WELCOME



The Makerspace is a place for you
to engage in making and
creating, from Laser cutting to 3D
printing, we offer a space for
everyone to get creative.



STRESS RELIEVE AT MARRAWA **GARDENING WANANGA**



JOINING MARRAWA

Would you like to experience the outdoors of nature?

To learn how to garden and participate in the growth of our school garden?

Come join!

CODE - KOREAWA

FOR ALL YEAR LEVELS

LEARN KOREAN

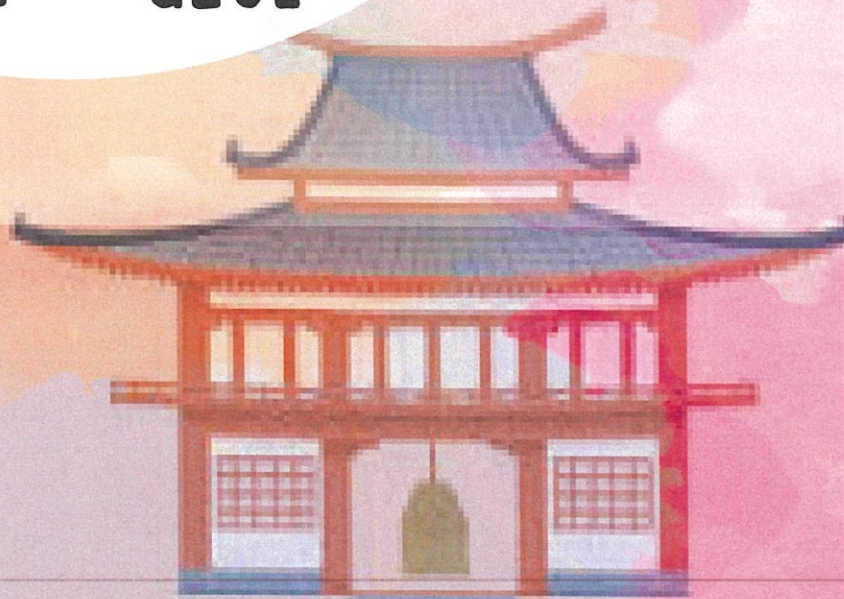
DO YOU LOVE KOREAN CULTURE?

DO YOU WANT TO LEARN KOREAN?

WE WILL LEARN THE BASICS OF KOREAN LANGUAGE
CALLED "HANGEUL"

한글

HAN GEUL



MUSIC PERFORMANCE



AVAILABLE FOR YEAR 11-13

- STUDENTS WHO HAVE SKILLS IN PLAYING MUSICAL INSTRUMENT/S (INCLUDING VOICE) WILL BE PREPARING TOWARDS LIVE PERFORMANCE/S.
- SUCCESSFULLY COMPLETING TWO PERFORMANCES WILL ALLOW STUDENTS TO GAIN 6 CREDITS AT LEVEL 1 AND 2.
- LEVEL 3 CREDITS CAN ALSO BE AVAILABLE BUT YOU WILL NEED TO CHECK WITH MUSIC DEPARTMENT.

STUDENTS CAN TAKE THIS COURSE MORE THAN ONCE :)



GET OUTSIDE

try something new

MOUNTAIN BIKING



TERM 1 - GIRLS MOUNTAIN BIKING - BIKEGWA

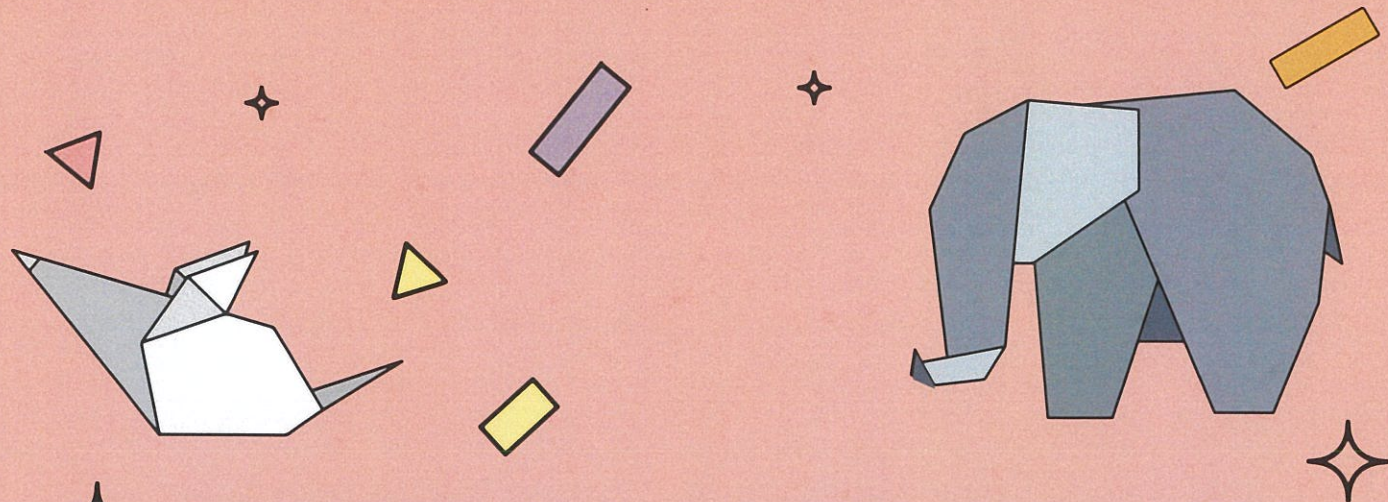
TERM 2 - LEARN TO BIKE - BIKELWA

TERM 3 - BIKE ADVENTURES - BIKEAWA

TERM 4 - MOUNTAIN BIKING - BIKEMWA

*all year levels
credits available - see ARA
bikes and helmets provided*





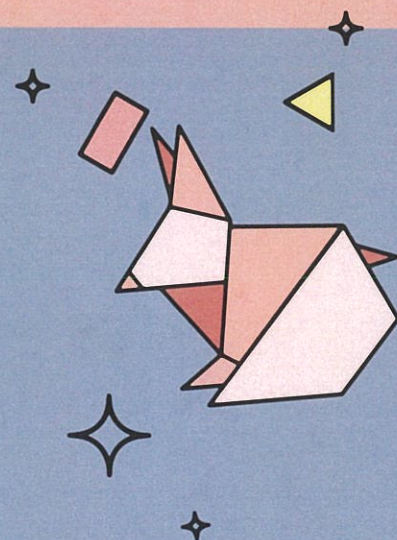
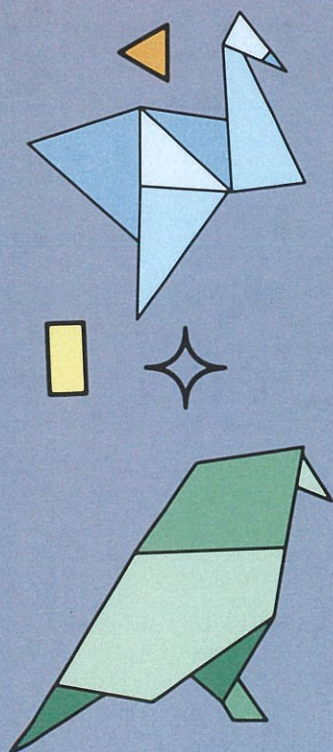
PAPER FOLDING

..... *waananga*

Origami (Japanese)
is a form of art made
by folding paper into
decorative shapes and
figures.

CODE: PAPERWA

Term 1-4
Open to all student levels
in F2 with Ms Kim



PHOPEAWA

PICTURE THIS - PHOTOPEA

YEARS 9, 10, 11

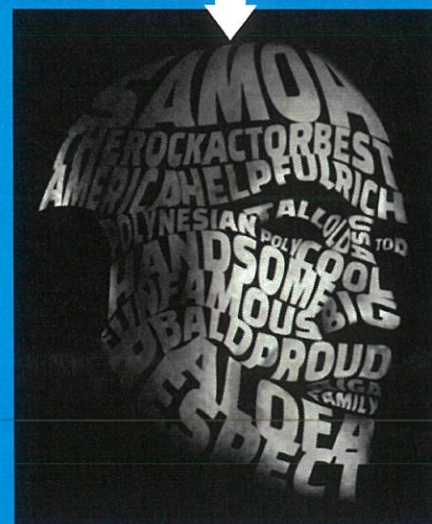
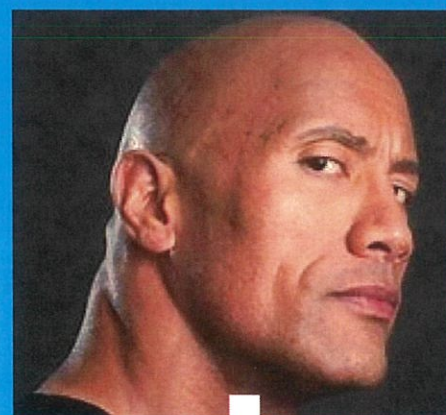
No Credits
Available

This Waananga will teach you how to use Photopea - online software for editing and manipulating pictures. A few of the skills you will learn include:

- turning photos into pencil drawings,
- changing the colour of images,
- creating artwork in the style of Andy Warhol and
- placing yourself into any image you want.

As you go, you will create a portfolio of all your work in PowerPoint as evidence for your Learner Profile.

This Waananga is aimed at students from Years 9 to 11 who have NOT done it in previous years.



POLYFEST GROUPS

There are many groups for you
to choose from - get involved!



Choose to join up with any one of these
groups:

PFCOKWA Polyfest Cook Island Group
PFFILWA Polyfest Filipino Group
PFHAWWA Polyfest Hawaiian Group
INCULWA Polyfest Indian Group
PFKIRWA Polyfest Kiribati
PFNIUWA Polyfest Niuean Group
PFSAMWA Polyfest Samoan Group
PFTAHWA Polyfest Tahitian Group
PFTONWA Polyfest Tongan Group
PFTUVWA Polyfest Tuvalu Group
PFVNMWA Polyfest Vietnamese Group



RewaPraise

WACPRAISE

RewaPraise is a Christian faith-based Waananga that runs throughout the year, covering testimonies, the Word, Praise and Worship, ice breaker activities, prayers and encouragement in our challenging world. Connection Co Ministries are involved, so come and join this Waananga if you want to be encouraged and or share your faith to encourage others. You do not need to be a Christian but be simply be open to people who genuine care and support you - just come as you are!

PHOTOS



YEAR LEVEL/S:

Year 9 to Yr 13

CREDITS AVAILABLE:

Not Applicable

HIGHLIGHTS:

- Connection Co Ministries Alpha programme
- Fun activities
- Sharing of testimonies,
- RewaPraise Concerts with other Waananga's such as Siva and PolyChoir
- Praying over the school
- Open Air Outreach at Manukau outside Friendship House

SENIOR BOYS RUGBY WAANANGA

(BRGBYWS)

Calling all Senior Rugby Players!



**WANT TO IMPROVE YOUR
FITNESS, BALL SKILLS AND
RUGBY IQ?**

**LOOK NO FURTHER, SENIOR
RUGBY WAANANGA IS FOR**

YOU!

Senior Rugby Waananga will provide students with the skills, knowledge, and REWA values to be fully prepared for the upcoming season. Sessions will also be supported by Counties Manukau Rugby throughout the year. Recommended for students who intend to play rugby for the school in 2022.

Year 11-13

*Credits available: TBC
(between 4-10)*

*This is a practical waananga.
Students must bring a
change of clothing to
participate each week!*

RUGBY LEAGUE

WANANGA



RUGBY LEAGUE

This wananga will allow members to develop their skills, knowledge and culture within the rugby league space.

- For any student that plays or is interested in playing rugby league for school
- Developing skills
- Connecting with guests and external providers
- RLEAGWS – Seniors
- RLEAGWJ – Juniors

FIRST PLACE 2013 & 2022



TALOFA AND WELCOME TO OUR SAMOAN GROUP WAANANGA.
'COME AND EXPERIENCE OUR SAMOAN CULTURE THROUGH
DANCE AND SONG AND BE PART OF THE GROUP TO SHOWCASE
OUR CULTURE NATIONWIDE. WE ENCOURAGE ALL STUDENTS
FROM ALL YEAR LEVELS TO TRIAL FOR OUR SAMOAN GROUP.
FOR OUR SENIORS WE HAVE UP TO 8 CREDITS WE OFFER
TOWARDS YOUR NCEA.



SAMOAN GROUP
Waananga **PFSAMWA**

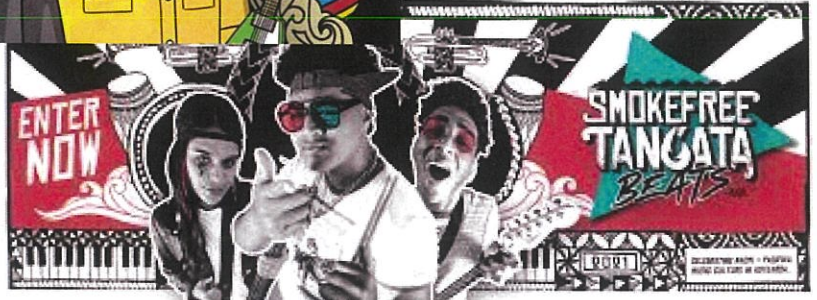


Pre
**SIVA WITH
SALAIVAO**

**ADD TO YOUR
SCHOOL WANANGA
CALENDAR**

2023

SMOKEFREE



ROCKQUEST & TAGATA BEATS

AVAILABLE FOR ALL YEAR LEVELS

STUDENTS WILL WRITE AND REHEARSE SONGS FOR
SMOKEFREEROCKQUEST AND SMOKEFREE TAGATABEATS.
THIS CAN BE DONE EITHER AS A GROUP OR SOLO/DUO.
SOME MUSICAL EXPERIENCE AS EITHER AN INSTRUMENTALIST
OR VOCALIST WILL BE CERTAINLY BE USEFUL.

TERM 2 ONLY

SONG1WA

SONGWRITING

WAANANGA



THE LION FOUNDATION

NATIONAL SECONDARY SCHOOLS'

SONGWRITING

COMPETITION

WRITE AND RECORD A SONG!

TERM 1 ONLY

SONG4WA



SONGWRITING **PLAY IT STRANGE**

AVAILABLE FOR ALL YEAR LEVELS

IN THIS COURSE, STUDENTS WILL WORK ON SONGS WHICH
WILL BE SUBMITTED FOR COMPETITIONS IN THE
FOLLOWING YEAR OR COULD BE USED FOR COMPOSITIONS
ASSESSMENTS.

TERM 4 ONLY

SUSOMWA

**STAND UP STAND
OUT (MUSIC)
WAANANGA**



REHEARSE AND PERFORM IN STAND UP STAND OUT
SOLO VOCALS
SOLO INSTRUMENTALS
BAND

TERM 3 ONLY



TE AHIKAA / WHĀNAU MĀORI WAANANGA 2023 - TERMS 1,2,3,4



KAPAHAKA

Polyfest 2023 we are looking at taking 2 groups on stage. The division 1 group is for those with stage experience and is an intense campaign. The division 2 group is perfect for those who are building skills in kapahaka while wanting to perform in a competitive environment. Level 1-3 credits may be available. We will also be competing in Te Ahurea Tino Rangatiratanga in term 4.



AUTAIA

Autiaia is a theatre performance mixing contemporary arts such as drama and dance with kapahaka. The term will end with a performance at the Kiri Te Kanawa stage in Auckland City. Credits may be available.



TIKANGA Ā IWI / NGĀ MAHI Ā RĒHIA

We will look at tikanga, waiata, kawa pertaining to specific iwi with a visit to a marae of that iwi. Ngā Mahi ā Rēhia will involve learning the Māori sport of Kī-ō-Rahi and competing in Tāmaki tournaments.



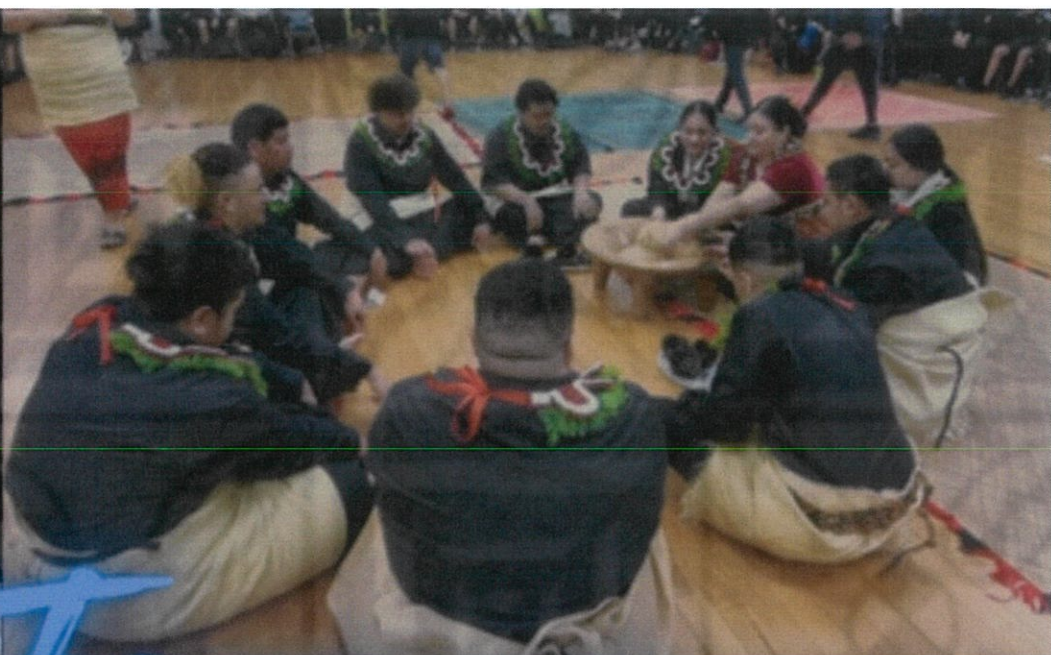
Polyfest

TONGAN WANANGA

Kau mai ke tau faiva!
Kau mai ke tau kai!
Kau mai ke tau kata!
Kau mai ke tau fiefia!

#PFTONWA





Tongan

ARTS, CRAFT & FOOD WANANGA

Term 2, 3 & 4

Kau mai ke tau faiva!

Kau mai ke tau kai!

Kau mai ke tau lalanga!

Kau mai ke tau fiefia!

#TONGACWA





Vietnamese Polyfest Group

(See Student Leader Hazel Tran
20368@manurewa.school.nz

for more details)

Only Term 1



WATERSPORTS

WATERSWA

Wanting to enjoy your Wednesdays in the water experiencing different sports?

3 credits available

Trip to the beach

No experience necessary!
Everyone welcome :)

Open to all year levels



Possible activities include:

- Stand up paddle boarding
- Kayaking
- Water Polo
- Water safety
- Swimming technique
- Snorkeling
- Under water hockey



Term 1 only

WLFTGWA

WEIGHTLIFTING WAANANGA

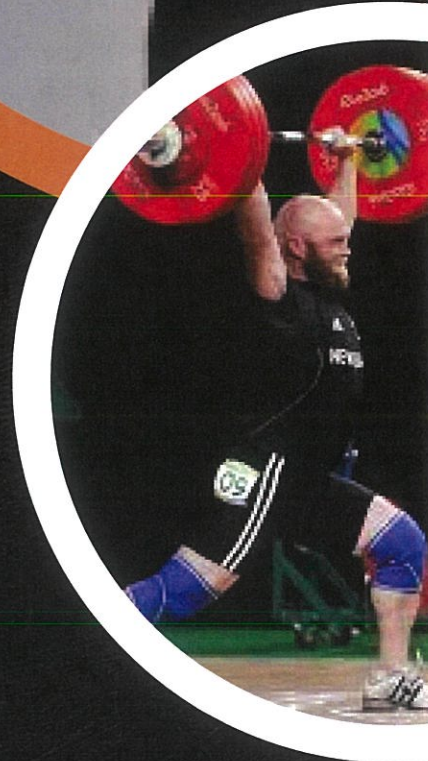
STUDENTS THAT ARE INTERESTED IN LEARNING THE FUNDAMENTALS OF OLYMPIC WEIGHTLIFTING MOVEMENTS INCLUDING THE SNATCH AND CLEAN & JERK SHOULD SELECT THIS WAANANGA. THIS WAANANGA WILL BE OFFERED IN ALL TERMS. IF YOU WOULD LIKE TO JOIN THE SCHOOL WEIGHTLIFTING TEAM AND WORK TOWARDS COMPETING IN THE NEW ZEALAND SECONDARY SCHOOLS COMPETITION, YOU CAN SELECT FOR ALL 4 TERMS. STUDENTS WILL LEARN - CORRECT LIFTING TECHNIQUES FOR SNATCH AND CLEAN & JERK, PUSHING, PULLING & SQUATTING MOVEMENT PATTERNS, ACCESSORY MOVEMENTS, AND MUCH MORE! THIS IS A PRACTICAL WAANANGA BASED IN THE WEIGHTS ROOM.

Available for all students Year 9 - 13.
Spaces Limited

OPPORTUNITY TO TEST YOUR MAX SNATCH &
CLEAN & JERK EACH TERM.

CONTACT

See Mr Blincoe in the HPE Office
or email bl@manurewa.school.nz
for more info



Wet Felting

Wet felting is a relaxing and therapeutic artform that makes use of coloured wool, warm water, and soap to create a beautifully textured piece of art. We will be creating abstract, landscape-inspired pieces, which can then be worked into with embroidery for additional detail. Come along to relax and learn something new, and leave with a gorgeous piece of art.



FELTWA
ALL WELCOME

