



Manurewa High School



2024

Course Information

Year 10

## **Useful Information: Key questions for course selection**

### **What courses do I enjoy?**

Make sure you select courses that you enjoy doing.

### **Do I have a good chance of success in each of these courses?**

Make sure you select courses that you are good at.

### **What does this course lead to?**

Study the Learning Area Posters where each course leads. You need to be sure that the course you select leads on to the further education and career pathway you want to follow.

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### **University Entrance at Level 3?**

You need to be sure that the courses you select are UE approved and you fully understand the entrance requirements of the course you want to get into and the university you would like to go to.

For detailed information on possible future careers and what qualifications you need, go and make an appointment with one of our Pathways team. Miss Joy Williams [wj@manurewa.school.nz](mailto:wj@manurewa.school.nz) or Mr Neil Craik [cra@manurewa.school.nz](mailto:cra@manurewa.school.nz)

Check out the general information links below:

[www.careers.govt.nz](http://www.careers.govt.nz)

[www.schoolconnect.co.nz](http://www.schoolconnect.co.nz)

<http://fis.org.nz/databases/BreakOut.php>

<http://youthquarantee.net.nz/start-your-journey>

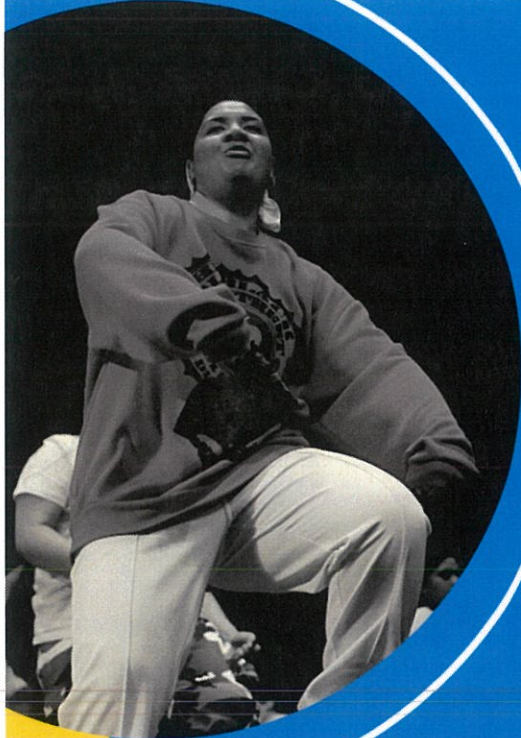
## Year 10 Courses

FIVE of the courses studied in Year 9 continue into Year 10. These courses are **English/Health & Physical Education/Mathematics/Science/SocialStudies**.

- A choice of TWO further courses must be made on ARA. Select two courses as your preference and one course as your backup.
- Remember when you select your Year 10 courses that ABILITY, INTEREST AND FUTURE USEFULNESS are important reasons for your choices.
- Although every effort will be made to provide the courses chosen, no guarantee can be given that all will be possible. Because of the need to have classes of a certain size, some students may be asked to change if a class is too large. Similarly, if too few choose a course that class will be cancelled. Should this happen, your Whaanau Team will call you up to discuss your options.
- It is helpful to choose an option you have taken this year and that you would like to continue with at Year 11.
- Students are limited to the number and combination of courses they can choose, please see the table below

10LEA	Can be taken with 10HPS but NOT 10RUG or 10LPE
10RUG	Can be taken with 10HPS but NOT 10LEA or 10LPE
10LPE	Can NOT be taken with 10HPS

Code	Name
10AID	Art Illustration and Design
10ART	Art Practical
10COM	Commerce
10DAN	Dance
10DRA	Drama
10DTE	Digital Technologies
10HPS	High Performance through Sport
10JAP	Japanese
10LEA	Rugby League
10LPE	Leadership through Physical Education
10MAO	Te Reo Maori
10MES	Media Studies
10MUO	Music Academy
10MUSG	Music Guitar
10MUSK	Music Keyboard
01MUSS	Music Singer/Songwriter/Choir
10RUG	Rugby Union
10SAM	Gagana Samoa
10SPA	Spanish
10TEC	Technology Construction
10TEF	Technology Food
10TON	Lea Faka-Tonga



# DANCE

## YEAR 10 DAN

In this course students will explore a variety of different styles and genres such as Disco, Contemporary, Hip Hop and Cultural Dance. They will also create their own choreographies in small groups. This programme of learning includes both practical and written assessments. They will have two performance opportunities to showcase their work, the mid year and end of year show.

### FUTURE PATHWAYS:

- Professional Dancer
- Choreographer
- Artistic Director
- Studio Owner
- Dance Writer
- Event Organiser

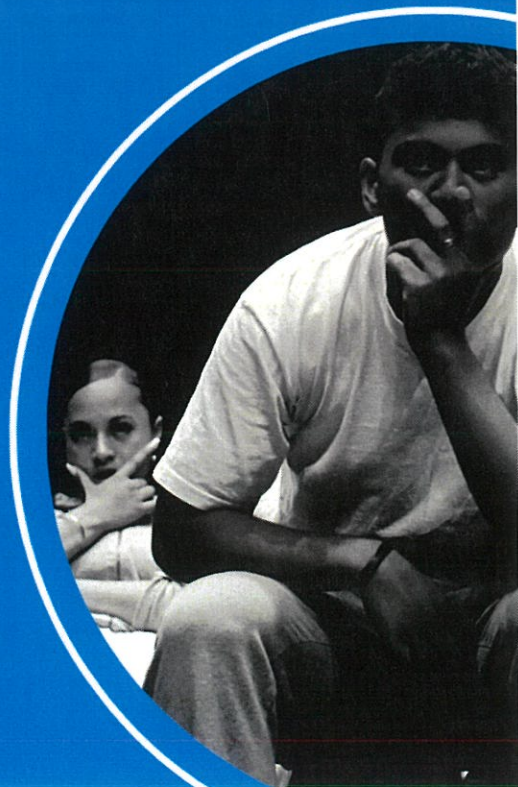
## LEARNER PROFILE

ARONUI | SERVENT LEADER - KAITIAKI - CULTURAL ROLE MODEL  
CRITICAL THINKER - SOCIAL ACTIVIST  
TUARUI | RESILIENCE - HAUORA - COMMUNICATION - CURIOSITY  
ENTERPRISE - PROBLEM SOLVING - COLLABORATION  
TUATEA | TE REO ME ONA TIKANGA - DIGITAL FLUENCY - LITERACY  
CULTURAL INTELLIGENCE

## ARE YOU INTERESTED IN?

- Learning new moves?
- Performing in front of an audience?
- Making your own dances?
- Going to live dance shows?
- Learning from the best in the country?

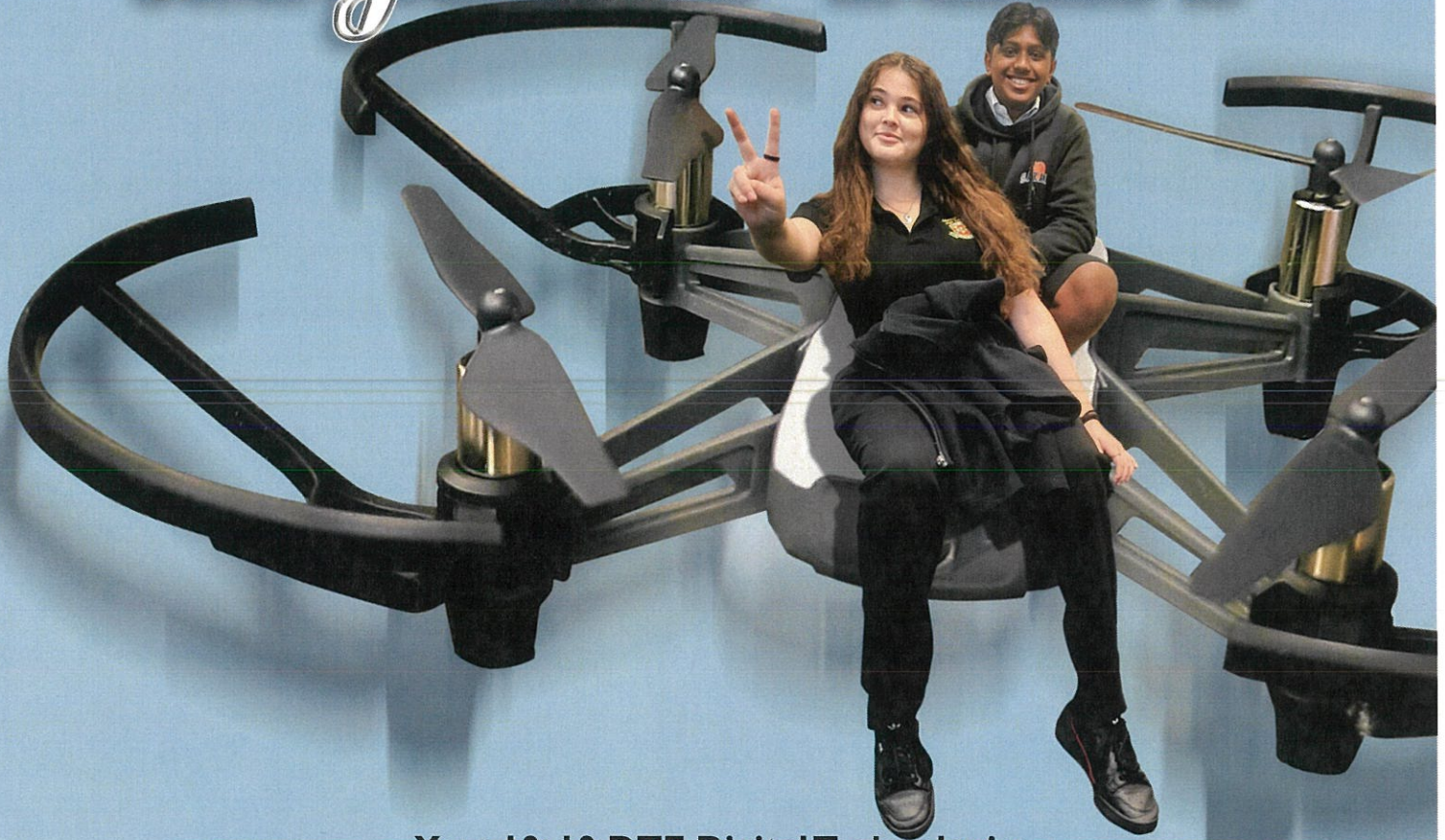
 @manurewa\_dance





JESSE ENRIQUEZ  
HOLA Digital/Graphic  
Designer

# digital tech



## **Year 10: 10 DTE Digital Technologies**

foundation course, web development, graphic design, game design, computer science, coding and social media design

## **Year 11: 01DTE Digital & Creative Technologies**

developing, and designing digital outcomes, web design, graphic design and social media design

## **Year 11: 01 ITC Information Tech & Computer Science**

computational thinking, internet of things, web development, game design and coding

## **Year 12: 02DTE Digital & Creative Technologies**

advanced dev't and design of digital outcomes, web design, graphic design and social media

## **Year 12: 02 ITC Information Tech & Computer Science**

advanced computational thinking, big data, web development, game design and coding

## **Year 13: 03DTE Digital & Creative Technologies**

complex dev't and design of digital outcomes, video, web design, graphic design and social media

## **Year 13: 03DTE Information Tech & Computer Science**

complex computational thinking, big data, web development, game design and coding

Digital Technologies will provide you the valuable skills needed to succeed. It will add up to your baskets of knowledge such as being digitally fluent, creative and culturally intelligent.

This will work well and compliment other subjects such as Maths, English, Physics, Maori, Art and Technology.

Manurewa  
High School





# Your Future!



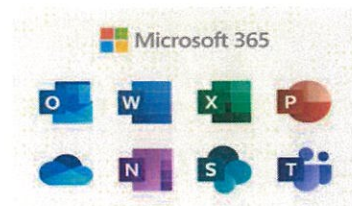
Explore the World of Computer Technology and  
Enhance Your Skills with Microsoft Office and More!

## 10 C-Tech - Choose as one of your options in Year 10

- **Inquiry-Based Learning:** Foster critical thinking and curiosity.
- **Artificial Intelligence:** Dive into the future of technology. Explore the world of AI and its applications in various fields.
- **Machine Learning** - the process of training a computer to recognize patterns and make predictions based on data.
- **MS Word:** Master the art of word processing. Create professional documents.
- **MS Excel:** Unlock the power of spreadsheets. Learn to organize data, create formulas, and analyze information effectively.
- **MS PowerPoint:** Create captivating presentations. Develop your design skills and deliver engaging content to captivate your audience.
- **MS Publisher:** Unleash your creativity. Design eye-catching brochures, posters, and flyers to communicate your ideas effectively.
- **MS Access:** Dive into the world of databases. Learn to organize and manage information efficiently for personal and professional use.
- **Python Programming:** Discover the world of coding. Develop problem-solving skills and create programs.
- **Databases:** Explore the art of data organization. Learn about database management systems, data analysis, and the importance of data integrity.

### Enhance your Learner Profile Skills :

- Problem Solving
- Resilience
- Creativity
- Numeracy
- Literacy
- Financial Literacy



- **Pathways to Employment:** Discover exciting career opportunities. Gain valuable skills in Computer Science that are in high demand in today's job market.
- **Computer Technology as a Career:** Explore the world of computer technology. Pursue a career in software development, data analysis, cybersecurity, or other tech-related fields.

***Discover your passion and shape the future with Computer Technology.***

**BE BRAVE AND JOURNEY WITH US**

# **YEAR 10 DRAMA**

**CODE: 10DRA**

**IN DRAMA, WE WILL:**  
**DEVISE OUR OWN SCENES**

**CREATE CHARACTERS**

**WRITE & DEVELOP SCRIPTS**

**PLAY DRAMA GAMES**

**REVIEW THEATRE & FILM**

**AND MORE!**

AAKONGA WILL WORK WITH SCRIPTS, EXPLORE DRAMA ELEMENTS, TECHNIQUES & CONVENTIONS. AS WELL AS DEVISING THEIR OWN CREATIVE WORK.

**TE ARA O TAWHAKI CONNECTIONS:**  
LEARNER PROFILE KNOWLEDGE,  
DEVELOPING CONFIDENCE & WORLD  
LEARNING.

**FUTURE PATHWAYS INCLUDES:**

- PERFORMING ARTIST
- DIRECTOR
- PRODUCER
- PLAYWRIGHT
- PRODUCTION TECHNOLOGIES -  
LIGHTING / SOUND / STAGE  
MANAGEMENT

# STARRING

PAE PAPAHO  
PAPORI  
(social media)

STOP MOTION

ADVERTISING

SCRIPT WRITING

MANUREWA HIGH SCHOOL  
MEDIA STUDIES DEPARTMENT PRESENTS YEAR  
10 MEDIA STUDIES



*"My favourite class ever"*



*"We got to play with  
toys and eat lollies"*



*"We didn't get to watch  
many movies"*

# 10MES

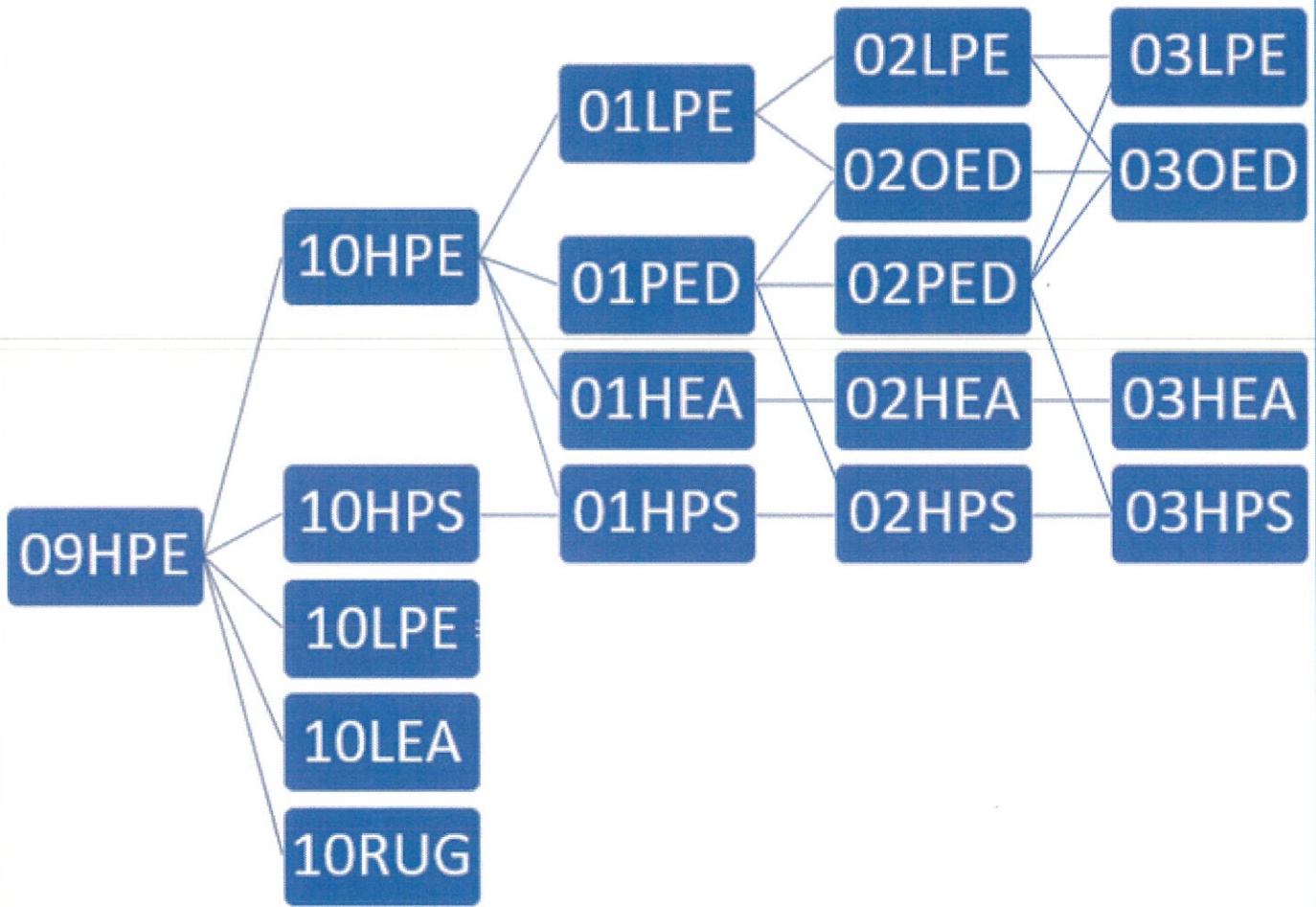


The study and creation of media





# Health & Physical Education Subject Pathways



# Junior Physical Education

## 10LPE

### Learner Profile

#### Aronui (be)

Servant Leader, Kaitiaki, Cultural Role Model, Critical Thinker, Social Activist, Qualified

#### Tuauri (grow)

Resilience, Hauora, Communication, Curiosity, Enterprise, Creativity, Problem Solving, Collaboration,

#### Tuatea (know)

Te Reo Me Oona Tikanga, Numeracy, Digital Fluency, Literacy, Cultural Intelligence, Financial Literacy



**Course Name:** 10 Leadership through Physical Education

### Course Description:

10LPE focuses on building the skills and knowledge required for NCEA level 1 Physical Education. Topics include social responsibility, leadership styles, team processes and team culture, sport performance and tactical games sense. Through a sports education model, students will develop communication, team work, co-operation and leadership. The course is comprised of both theory and practical assessments. This course is beneficial if you are involved in sports but not essential. You certainly need to have an interest physical activity or sport.

**Course Name:** 10 High Performance through Sport

### Course Description:

HPS is for students with a desire to be a high performing athlete. Each term we will focus on a different HPS value, preparing students for senior HPS as well as helping them achieve their sporting goals. You may be placed into an HPS kaitiaki class.

This course leads on to 03HPS which is both university approved and linked with the Trades programme.

If you select 10HPS you can also take 10RUG or 10LEA.

## 10HPS



## 10RUG

### Learner Profile

#### Aronui (be)

Servant Leader, Kaitiaki, Cultural Role Model, Critical Thinker, Social Activist, Qualified

#### Tuauri (grow)

Resilience, Hauora, Communication, Curiosity, Enterprise, Creativity, Problem Solving, Collaboration,

#### Tuatea (know)

Te Reo Me Oona Tikanga, Numeracy, Digital Fluency, Literacy, Cultural Intelligence, Financial Literacy



**Course Name:** 10 Rugby

### Course Description:

The year 10 Sports Studies Rugby Course is an in-depth exploration of all things Rugby. The topics covered include: Fitness, Individual, Unit and Team Skills, the Role of the Coach, Tournament Play, Team Analysis and the Mental Skills. All of these aspects will further enhance and develop the student in a broad and interesting manner.

**Course Name:** 10 League

### Course Description:

In 10 Rugby League, students will learn and develop everything Rugby League. The units covered in this course include: team culture, team skills, individual skills, roles within a team, leadership, introduction to the weights room and a tag tournament. Developing all of these characteristics will grow students both on and off the field.



## 10LEA

### Learner Profile

#### Aronui (be)

Servant Leader, Kaitiaki, Cultural Role Model, Critical Thinker, Social Activist, Qualified

#### Tuauri (grow)

Resilience, Hauora, Communication, Curiosity, Enterprise, Creativity, Problem Solving, Collaboration,

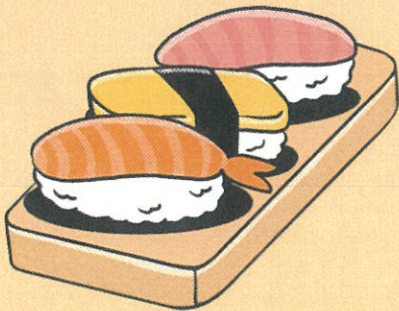
#### Tuatea (know)

Te Reo Me Oona Tikanga, Numeracy, Digital Fluency, Literacy, Cultural Intelligence, Financial Literacy



# YEAR 10 JAPANESE

- The Year 10 Japanese class is a full year course that will cover a range of topics including talking about your family, Japanese food, likes and dislikes, where you are from, school life and much more

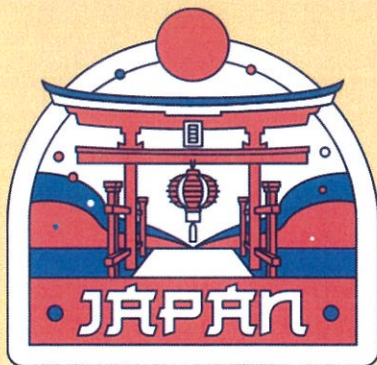
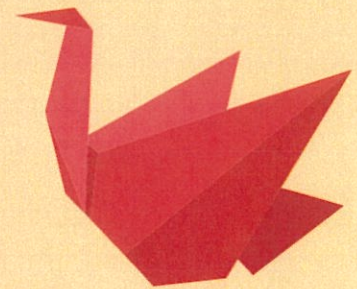


## What will I learn?

How to read and write in Japanese using the Hiragana Script, Japanese food etiquette, how to order food in Japanese, how to talk about the weather, likes and dislikes, hobbies and conversing in Japanese

## Why Japanese?

Japan has a unique culture with a unique language- Anime, Manga, Japanese food, Japanese music. You will learn to communicate in Japanese and Year 10 Japanese will prepare you for Year 11 Japanese.



## Future Pathways

Learning Japanese makes you stand out of the crowd and equips you with language and cultural skills for travel and tourism, education, business, technology and much more.

EMAIL: [VVT@MANUREVVA.SCHOOL.NZ](mailto:VVT@MANUREVVA.SCHOOL.NZ)

# OSALh Gagana Samoa

## Why learn Samoan?

You are able to have another worldview or perspective.

To enhance your creativity and problem-solving skills.

To know the traditions, protocols and culture.

To have fun learning about the Samoan language.

## Things to look forward to:

Samoan Food Restaurant Trip.

Polyfest Speech Competitions

Participating in the Samoan Language Week celebrations

Learning Samoan Measina: Sulatoga (Admiration and chanting the beauty of the 'ie toga), Vala'au i le laulau (respectfully calling people to the table for a feast), Folafofa meataumafa (acknowledging the people who made the beautiful food) and more.....

## FACTS ABOUT SAMOA

1. Samoa is an Island Nation in Oceania and is made up of 9 volcanic Islands.
2. Most populated Island is Savaii and Upolu.
3. Approximately 188,000 people speak Samoan and English.
4. Samoan love to play Kilikiti (form of Cricket)
5. Samoa is a growing Tourist Destination.
6. Samoan traditional houses ( fale) have no walls.
7. Tattooing is part of thee Smaoan culture. Males - Pe'a and Females - Malu.



## FUTURE PATHWAYS:

Exciting Pathways!

- Politics - Particular Pacific Affairs
- Translator/Interpreter
- Travel & Tourism industry
- Language Teacher
- Samoan Ambassador
- Trade industry

## Assessments

You will be assessed on your ability to write, read and speak in Samoan.



Want to know more: [SM@manurewa.school.nz](mailto:SM@manurewa.school.nz)

# Spanish

10SPA

YEAR 10 SPANISH



Leads to Year 11 Spanish  
Future pathway:  
Teacher, Translator,  
Tourism industry

## Learner Profile

Digital Fluency – We use online platforms to complete and learn more Spanish

Resilience – Students learning a new language will take courage and resilience to keep going

Havora – Our food topic will support students to learn Spanish culture

Communication – Learning a new language to communicate with others



Paella

Year 10 Spanish trip

We get to go and eat Spanish food

Why Spanish?

## Fun facts

Most romantic language

2nd most spoken language in the world

Weather, Describing people, Family, Food, Likes and Dislikes, Grammar

# Yr 10 Lea Fakatonga

## COURSE OUTLINE

This course caters to beginner-level students who have a keen interest in learning about the Tongan culture and language. Emphasis is placed on the ability to speak clearly, read, write and understand the Tongan language both formal and informal. Communication is the main goal, written assessments and work will show skills covered orally with regular assessments on conversations, presentations and writing. A number of new resources will be used to familiarise you with Tongan culture through readings, discussions, research and visitations.

## Why learn Tongan?

Tongan is a unique language and culture. The Tongan community is one of the largest Pacific nations in New Zealand and one of the most spoken Pacific languages in New Zealand. There is no doubt that the Tongan people stand out in Auckland especially during times of celebration particularly Rugby and Rugby league games. Learning a second language will be beneficial in your learning and the Tongan language course is an approved University subject.



## Opportunities:

- Participation in the Tongan Language Week & all Tongan community related activities for the year.
- Opportunity to compete in the Tongan Speech competition at the Polyfest
- Tonga Trips
- Opportunity to study Tongan language at university level
- Use of a second language for flight attendant roles
- Opportunity to undertake Tongan language scholarships.

## Assesments:

- Listen and Respond Sivi #1  
Demonstrate understanding of a variety of spoken Tongan texts on familiar matters.
- Presentation Sivi #2  
Give a clear spoken presentation in Samoan that communicates a critical response to Koloa fakatonga.
- Oral Task Sivi #3  
Explore the world of Tongan oratory by learning and performing Hiva kakala, Hiva usu & Lakalaka

# Music

## ARE YOU INTERESTED IN?

- MAKING & PERFORMING MUSIC
- WRITING YOUR OWN SONGS
- THE POSSIBILITY TO RECORD IN AOTEAROA'S TOP STUDIOS
- ENTERING NATIONAL COMPETITIONS
- SELF EXPRESSION
- SHARING A STORY
- SKILLS TO WORK IN THE MUSIC INDUSTRY
- DEVELOPING SKILLS IN SELF CONFIDENCE
- PROBLEM SOLVING
- COLLABORATION & COMMUNICATION
- WORKING AS A MEMBER OF A TEAM
- MAKING MEANINGFUL CONNECTIONS

## FUTURE PATHWAYS

MUSIC PRODUCER | RECORDING ENGINEER | SESSION MUSICIAN  
STAGE & SCREEN ACTOR | PERFORMING ARTIST | MUSIC TEACHER | COMPOSER

ANY FIELD THAT REQUIRES TEAM WORK, CREATIVITY, PROBLEM SOLVING & FINE MOTOR SKILLS, SUCH AS:

HEALTH PROFESSIONALS (DOCTOR, NURSE, PARAMEDIC, PHYSIO, CHIROPRACTOR)  
LAWYER | BUSINESS OWNER | RESEARCHER | SCIENTIST | BROADCASTING & MEDIA

## COURSES THAT WORK WITH THIS TO ACHIEVE YOUR GOALS

DRAMA | DANCE | VISUAL ART | MATHEMATICS | ENGLISH | MEDIA STUDIES | SCIENCE | BUSINESS  
COMMERCE | GEOGRAPHY | HISTORY | ADVERTISING | ANY OTHER SUBJECT THAT YOU ENJOY IN OUR KURA

# IS MUSIC UNIVERSITY APPROVED YES!!!

- IT IS ESSENTIAL THAT STUDENTS FEEL ABLE TO PERFORM IN FRONT OF AN AUDIENCE.
- THIS IS NOT A COURSE WHERE STUDENTS WILL START TO LEARN AN INSTRUMENT.
- REGULAR ATTENDANCE AT INSTRUMENTAL LESSONS IS ESSENTIAL ALONG WITH COMMITMENT TO SCHOOL

CO-CURRICULAR ENSEMBLES AS APPROPRIATE. I.E. STUDENTS BEING ASSESSED ON VOCALS SHOULD ATTEND CHOIR ETC.

# YEAR 10 MUSIC

## 10MUO

*This is our Band Academy.  
This for students who play  
a Band Instrument ie.  
Flute, Clarinet, Saxophone,  
Trumpet or Trombone etc.*

## 10MUSK

*This is for students who  
play (or want to learn)  
Keyboard or Piano.*

## 10MUSG

*This for students who play  
(or want to learn) Guitar.*

## 10MUSS

*This is for students  
who Sing.*

## LEARNER PROFILE

### ARONUI

SERVANT LEADER  
KAITIAKI  
CULTURAL ROLE MODEL  
CRITICAL THINKER SOCIAL  
ACTIVIST  
QUALIFIED

### TUAURI

RESILIENCE  
HAUORA  
COMMUNICATION  
CURIOSITY  
ENTERPRISE  
CREATIVITY  
PROBLEM SOLVING  
COLLABORATION

### TUATEA

TE REO ME ONA TIKANGA  
NUMERACY  
DIGITAL FLUENCY  
LITERACY  
CULTURAL INTELLIGENCE  
FINANCIAL LITERACY



YEAR 11 STUDENT PRAISE AT  
PARACHUTE RECORDING STUDIOS



2024  
**10TCE**

**TECHNOLOGY  
CONSTRUCTION  
ENGINEERING**

**PROJECTS**



## What is 10TCE?

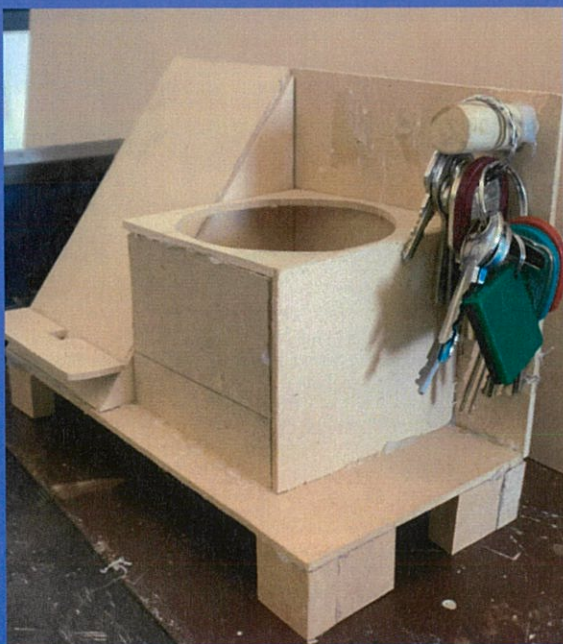
In 10TCE we learn how to be a Technologist. A Technologists' job is to design technology that makes it easier for people to do things that need to be done.

### What do we learn?

Through project-based learning, we learn how to develop new products.

### Where does it take you?

10TCE can lead to design based professions as well as practical jobs.



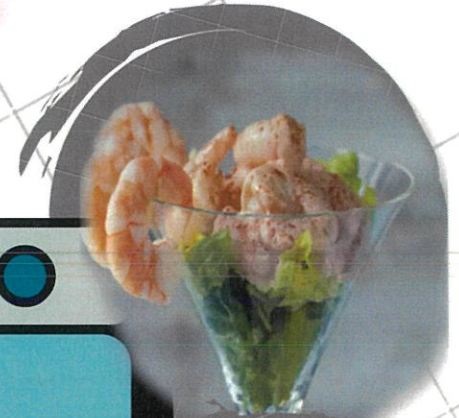
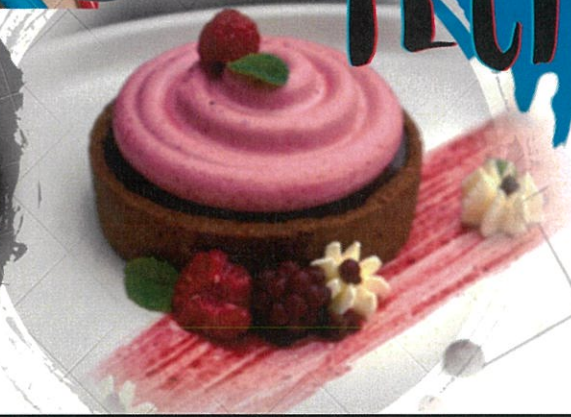
## KEY INFO:

At the end of Year 10 students should be achieving a Level 5 of the NZC in the areas of Technological Practice & Technological Knowledge.

2024

# FOOD TECHNOLOGY

## IOTEF



WHAT IS COOKING IN  
**IOTEF?**

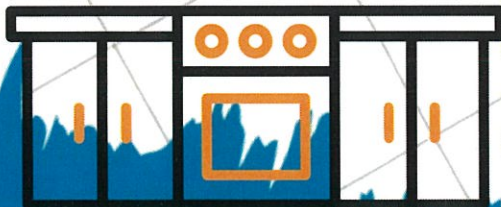


Develop your 'creative' ability and your cooking skills.

Design new, innovative products.

The course requires a basic level of creativity, innovation, independence and problem solving.

You will develop your skills through researching, manipulating and modifying basic recipes/dishes.



### PIE CRUST

(For a 9-inch lower crust. Double recipe for two crusts)  
1 1/4 cupfuls Igeheart's brand Down Cake Flour  
1/4 teaspoonful baking powder  
1/4 cupful cold water (about)

Double recipe for two crusts:  
1/4 teaspoonful salt  
5 (level) tablespoonfuls shortening

Sift together the flour, baking powder, and salt; cut in the shortening; then add water, a little at a time and mix with a knife to a paste of a consistency to clean the mixing bowl of all flour or paste.

### PIE FILLINGS

#### PRUNE PIE

Take half the plain paste, turn on a board lightly dredged with flour, to coat the surface with flour; then pat and roll to fit the plate or tin. Roll the rest of the paste into a thin sheet; make slits through the center. Put the prunes in place; add sugar, flour, salt, and butter, the juice, also lemon and prune juice. Brush the edge of the pastry with cold water. Set the second piece of pastry above, cut it even with the paste below, press the edges together and brush with cold water. Bake about 30 minutes.

#### FILLING

1/4 pound cooked and stoned prunes  
1/2 cupful sugar  
1 tablespoonful S. D. Cake Flour

1 teaspoonful butter  
1/4 teaspoonful salt  
Juice 1/2 lemon  
Prune juice

"Nau te rourou, naku te rourou, ka ora te manuhiri.

WITH YOUR FOOD BASKET AND MY FOOD BASKET,  
THE PEOPLE WILL THRIVE.

# YEAR TEN ART!

## 10A1D

Year 10 Art with Illustration and Design allows students to develop and extend the drawing and design skills learnt in Year 9. Students will look at a series of units throughout the year covering different elements of illustration and design. These include character design, illustration, automata design and laser cutting, and a collaborative illustrated book / graphic novel project that we will look to do as a whole class. Students will have the opportunity to gain four credits towards Level 1 NCEA. This course is suited for those students who wish to pursue design, illustration, and digital arts.



## 10A2T

Year 10 Art allows students to develop and extend skills learnt in Year 9. Students will learn practical skills in drawing, printmaking, painting and mixed media whilst also investigating famous modern artists. Students will be given the opportunity to work towards gaining Level 1 NCEA credits in a mixed media Art project, as well as learning key skills to prepare them for Level 1 Visual Art.

